




Impacts of farming practices on water resources sustainability for arid lands: the case of Abu Dhabi

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ABSTRACT

The agricultural expansion in Abu Dhabi Emirate has increased the pressure on the emirate's groundwater reserves, with projections that they will be completely depleted within a few decades. This study quantitatively examines the impacts of current farming practices on the sustainability of groundwater resources. Participants from 344 farms were surveyed. The study found that 76% of the farms rely on groundwater as their main source of water, with significant occurrence of low water productivity. The findings highlight the need to develop and implement effective strategies to maintain the sustainability of groundwater and agricultural development.

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Introduction

Since the 1950s, global agricultural production has tripled. A doubling of irrigated areas accounts for 40% of this growth, which in turn has increased the dependency on surface and groundwater resources (De Fraiture & Wichelns, 2010; FAO, 2011; Zingaro, Portoghesi, & Giannoccaro, 2017). This increase in productivity was facilitated by technological improvements in drilling, pumping and irrigation (Giordano & Villholth, 2007; Shah, 2014). The agricultural expansion and farmers' management practices and cropping patterns have led to a continuous increase in the use of groundwater (Zingaro et al., 2017), which was estimated in 2010 as 43% of total irrigation water use (De Fraiture & Wichelns, 2010; Siebert et al., 2010). 20 25

In arid and semi-arid regions, there is increasing pressure from food security and environmental sustainability concerns to reduce the current depletion rate of groundwater while coping with the increase in food demand (Ouda, 2014; Patil et al., 2015). One of the key ways to respond to this pressure is to optimize water use in agriculture. Two main approaches to optimizing water use in agriculture have been assessed in the literature: improving irrigation efficiency (Al-Said, Ashfaq, Al-Barhi, Hanjra, & Khan, 2012; Playán & Mateos, 2006) and introducing cropping patterns that are based on water use (Al Said et al., 2007; Molden et al., 2010; Ommani, Chizari, Salmanzadeh, & Hosaini, 2009; Patil et al., 2015; Sakthivadivel, De Fraiture, Molden, Perry, & Kloezen, 1999; Wichelns, 2014). Therefore, understanding farming practices, including cropping 30 35

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patterns and their respective water use at the farm level, is essential in the decision and policy-making processes intended to optimize agricultural water use (Al-Azwai & Ward, 2017; Jafary & Bradley, 2018).

Abu Dhabi Emirate (ADE), at 67,340 km², is the largest of the seven emirates in the United Arab Emirates (UAE), the country with the highest water scarcity (ESCWA, 2009) and the lowest percentage of arable land in the world (Antonelli & Tamea, 2015). Agricultural expansion and government policies concerning domestic agricultural production in ADE have exacerbated the situation (Arthur & Qaydi, 2010; EAD, 2012; Woertz, 2013). Originally, agriculture was developed for cultural reasons as a way to encourage settlement among the historically semi-nomadic tribes and enable social and economic development (Woertz, 2013). This was followed by a notable policy push for food self-sufficiency. However, these policies increase demand for groundwater, which, if current water consumption patterns continue, threatens ADE's resources with complete depletion by 2050 (EAD, 2015; Pitman, McDonnell, & Dawoud, 2009). Hence, there is an urgent need to develop and implement effective policies to regulate farming practices and irrigation water use in ADE, to improve the water productivity of the cultivated crops and manage the available water resources.

One notable obstacle in this effort is the absence of accurate data about current farming practices and their associated water consumption. This creates ambiguity and lack of clarity on what the present challenges of agricultural production are and how to sustainably mitigate them. To address it, this study has two objectives: to quantitatively examine the current farming practices and associated water consumption, and their impacts on groundwater in ADE; and to identify the most important areas that should be regulated to improve farming practices and the water productivity of crops.

Groundwater use and management practices review

The global groundwater use for agriculture is estimated as 43% of the total freshwater withdrawal (Siebert et al., 2010). In the last five decades, the area of irrigated land has more than doubled, most of which has taken place in arid and semi-arid countries (FAO, 2011). This increase was supported by innovative and improved technologies in drilling and irrigation systems (Giordano & Villholth, 2007; Shah, 2014). Worldwide, average groundwater use has increased to about 40% of total irrigated water (Shah, 2014), while it has reached 88% in the Arabian Peninsula and 90% in the Gulf Cooperation Council (GCC) countries: Saudi Arabia, UAE, Kuwait, Oman, Qatar and Bahrain (FAO, 2011). Moreover, climate change, rising average global surface temperatures and changing precipitation patterns are expected to increase the pressure on water resources and limit agricultural productivity (IPCC, 2007). Groundwater recharge may decrease by up to 70% in several areas, including arid and semi-arid regions (IPCC, 2008; UN-Water, 2012). Recent studies project that climate change will have significant impacts on GCC countries, including the UAE, jeopardizing the country's economic, environmental and social development (AGEDI, 2015b; MOCCA, 2017).

Despite the GCC countries' limited water resources and arable land, which constrain agricultural capacity (ESCWA, 2009), their agricultural development grew rapidly during the last few decades (Arthur & Qaydi, 2010; EAD, 2012; Woertz, 2013). Subsidies were instituted to incentivize agricultural development. These subsidies included unregulated and free groundwater, and free provision of drilling and excavation services, seeds, fertilizers

and fuels, as well as guaranteed price off-take support, which distorted the real cost of agricultural production (Bazza, 2005; Woertz, 2011). Inevitably, these policies led to groundwater abstraction that exceeded the annual renewable recharge, and in turn caused the depletion and deterioration of the groundwater aquifers (Woertz, 2011). In the last few years, many GCC countries have realized the negative impact of inefficient groundwater use on their groundwater reserves. For example, the Saudi government has recently decided to end wheat production and rely on imports (Mousa, 2016). Other examples include ADE's decision to phase out the cultivation of fodder crops (Rhodes grass) because of its high water use (McDonnell & Fragaszy, 2016), and its recent initiatives to restrict groundwater abstraction at the farm level (EAD, 2017). However, these initiatives have not fully addressed the issues, and achieving the desired level of regulatory compliance is still a concerning issue. 85

Recent research on agricultural development has shifted its focus from increasing agricultural production by expanding agricultural lands to increasing water and land productivity (De Pascale, Dalla Costa, Vallone, Barbieri, & Maggio, 2011; Molden et al., 2010; Platonov et al., 2008). Water productivity is the benefit that can be derived from a unit of water applied. It depends on several factors, such as plant genetic material, water management and farming practices, e.g. fertilizers, soil tillage and irrigation scheduling (Molden et al., 2010). Molden et al. (2010) argue that the benefit derived from a unit of water can be expressed in terms of physical mass production or value in revenue per water unit (kg/m^3 , $\$/\text{m}^3$). These measures have been used globally in recent studies and are suggested as indicators to assess the productive use of water per crop, especially in water-scarce environments (Ali & Klein, 2014; Al-Said et al., 2012; Kijne, Barker, & Molden, 2003; Platonov et al., 2008). 95

Most of studies on crop yield, water use and water productivity in the GCC region have been conducted in small-scale fields, at specific conditions and seasons, for limited number of crops, such as palm trees (e.g. Al Said et al., 2007; Bhat et al., 2012; Haj-Amor, Ritzema, Hashemi, & Bouri, 2018), fodder crops (Al-Gaadi, Madugundu, & Tola, 2017; Mazahrih, Al-Wahaibi, Al-Farsi, & Ouled Belgacem, 2016; MOEW, 2010) or vegetable crops (Algharibi et al., 2013; Al-Said et al., 2012; Aly, Al-Omran, & Khasha, 2015). They have found wide variation across the studied farms, due to divergent farming practices and conditions. In ADE and the UAE, the only field studies that actually measured water use were on palm trees (Green et al., 2014) and to assess the water productivity of cucumbers and tomatoes (ADFCA, 2016). The others were based on estimates, such as water use estimates for palm trees (FAO, 2007) and Rhodes grass (MOEW, 2010; Pitman et al., 2009). 100

Our study targets a large number of farms and their entire portfolio of crops to examine the current farming practices and their water consumption in ADE but also the farmers' perceptions and challenges. We hope it will help the related government entities better appraise the current situation and develop targeted policies to manage it effectively. The next section specifies the area of study and the data collection and analysis methods. 105

Research methodology

This study covers the Emirate of Abu Dhabi. ADE is located in a semi-arid climate zone within the Arabian Peninsula, and it is characterized by low rainfall, high temperatures 120

(reaching 50 °C in the summer) and high humidity. The average annual rainfall in the UAE varies from less than 60 mm to 160 mm, while the evaporation rate can exceed 2000 mm/y, leading to an estimated 75% loss of precipitation (AGEDI, 2015a; Murad, 2010). The scant precipitation, high temperature and rapid evaporation prevent surface water body formation (Brook, Al Houqani, Darawsha, & Achary, 2006; McDonnell, 2013) and render groundwater effectively a non-renewable resource (McDonnell, 2013; Rizk, 2008). The water abstraction rate is currently over 20 times the estimated recharge rate of 130 Mm³/y (EAD, 2015; ERWDA, 2002), causing a decline of the water table and salinization (EAD, 2017).

As a result of the support policies discussed in the previous section, the total number of farms (and farm size) increased from 634 farms (22,377 ha) in 1971 to 24,018 farms (74,987 ha) in 2016 (SCAD, 2017). Despite the heavy subsidies and high water use, agriculture still contributes only a small fraction (around 10%) of the local food demand, with the rest dependent on food imports (AGEDI, 2015b).

Survey design

To acquire the quantitative data associated with the study objectives, a quantitative face-to-face survey was conducted with a representative proportion of the total farm population across ADE's three main regions: Abu Dhabi (AD), Al Ain (AA) and the Western Region (WR). The face-to-face survey method enabled us to get answers to the survey questions from the interviewees and to verify the acquired data through observation and further discussion with them. The survey data were gathered over the course of six months (September 2015 to March 2016) and were classified into five data groups. Table 1 shows the survey data groups and the data items included in each group. Detail of the survey questionnaire is provided in Appendix A in the online supplemental data at <https://doi.org/10.1080/07900627.2019.1654440>.

Stratified random sampling was used to select farms. This approach enables statistical analysis to be performed on the collected data and facilitates generalization of the output (Cochran, 1977; Israel, 2016). The sampled population consists of 24,018 farms (SCAD, 2017), and their geographical distribution is non-uniform over the three regions, so the sample size calculation was applied to each region (stratum) separately. The sample size was calculated as (Al-Subaihi, 2003; Israel, 1992):

Table 1. Survey data groups and their data items.

Data Group	Data Items
1. Farm descriptive data	Farm location, farm size, type of ownership, farm owner gender and age, farm manager
2. Farm purpose	Farm purpose (commercial or personal)
3. Water resources	Water resource types (farm well(s), government supply, small-scale groundwater desalination)
4. Farm production	Crops, cultivated area, quantity produced per season, number of harvesting cycles per year, pumping capacity, duration of irrigation per day, total water consumption per hectare per day, type of farming (open field or greenhouse), irrigation method (drip, flood or sprinkler)
5. Farmers' perceptions	Farmers' views on the drinking water tariff, water issues, knowledge of groundwater depletion and deterioration, views on government control of groundwater abstraction, views on reducing or stopping subsidies

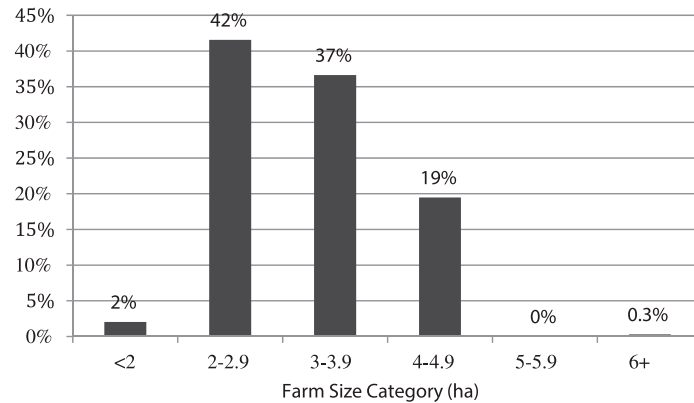


Figure 1. Percentage of farms surveyed across various farm size categories.

$$n = \frac{Z^2 p(1-p)}{e^2} / 1 + \frac{Z^2 p(1-p)}{e^2 N} \quad (1)$$

where n is the desired sample size, N the population size, p the expected value of attribute/variability in the population, e the margin of error (level of precision) and Z the standard deviation (1.96 proportion away from the mean, for a 95% confidence level). The desired minimum sample size was 285 (94, 95 and 95 farms in AD, AA and WR, respectively), but the actual data collection covered a sample size of 344 farms (115, 149 and 80 farms in AD, AA and WR, respectively). **Figure 1** shows the percentage of farms surveyed across various farm size categories.

Water consumption calculation

Descriptive data analysis was used on the data collected from the farmers to determine the main characteristics of the farms' water consumption. Since the farmers did not keep records of water consumption per crop per hectare, it was not possible to obtain this information from them directly. Instead, relevant information such as pump capacities, irrigation type(s) and irrigation duration per hectare per day was gathered and used to calculate the water consumption rate in terms of the estimated water flow rate. The water flow rate (in imperial gallons per minute) was calculated as from water horsepower (Fipps, 1995) as:

$$\text{Water flow rate (igpm)} = \text{Water horsepower (hp)} \times \frac{\mu \times 3286.8}{H(\text{ft}) \times F} \quad (2)$$

where horsepower is the irrigation pump power, pump efficiency (μ) is 0.85 (Chávez, Reich, Loftis, & Miles, 2011; Fipps, 1995), H is the irrigation head in feet, and friction loss (F) was estimated at 2.26 based on the average of four representative farms, using measurements of actual flow rates and calibrating with the recorded values in Equation (2). Table B1 (Appendix B in the online supplemental data) shows the characteristics of the four farms used to calculate the average irrigation flow rate. Different irrigation systems have different average irrigation heads: 40 ft for flood, 80 ft for drip and 105 ft for sprinkler systems (Apex, 2014; Fipps, 1995).

The estimates were based on the assumption that pumps are used at high capacity for several hours per day (see the Farms' Water Sources section). This was confirmed by observations during the survey; farmers focus on pumping as much water as possible, without carefully monitoring or controlling flow rates. The flow rate for each crop per farm was determined by Eq. (2). To determine the water consumption (m^3 per day) per crop for each farm, the calculated flow rate was then multiplied by the reported irrigation duration (min/ha). The total annual water consumption per crop per farm was calculated by multiplying the water consumption per day by the crop growth duration (number of cycles and the duration of each cycle).

The growth duration for palm trees, fodder crops and turf grass is one year, but it varies in the cultivation of vegetables. Vegetables cultivated in open fields need a seven-month cultivation period from September to March. But vegetables in greenhouses (such as cucumbers) need only three to four months per cycle and can be cultivated year round (ADFSC, 2013).

Data analysis and results

The Statistical Package for the Social Sciences (SPSS) and Microsoft Excel were used to analyze the data collected from the survey and present the research findings. Descriptive data analysis presentation tools such as frequency, percentage, mean, boxplots and cross-tabulation were used to present the main characteristics of the farming practices and water consumption patterns. Statistical methods such as the chi-squared test were employed to examine the significance of the relation between the observed and expected values of the variables.

Farm demographics

Most of the farms (89.5%) have single owners (84.4% are male, and 15.6% female), with about 8.2% owned by inheritors and 2.3% by joint ownership (e.g. with spouses). Farm owners' age ranges from 30 to 70 years, with most (85%) being in their fifties or sixties. Some farms are directly managed by their owners, but most (82.5%) are managed by the farm's labourers or representatives. The rest are leased and managed by a tenant.

To understand the primary objective behind establishing a farm, the survey asked whether it was for personal use, i.e. most of the farmland is used for family leisure and consumption, or commercial, i.e. the farmland and facilities are used to generate profit. Some 81% of the farms are operated for personal purposes, and only 19% for commercial use. But when the farmers were asked whether their farms generate a profit, about 66% answered yes, much more than the proportion of commercial farms. This indicates that even though the primary purpose of most of these farms is not purely commercial, they still generate some profit through selling a portion of their produce in the market.

Farms' water sources

The survey found that 55% of the farms operate two wells, 10% operate three wells, 11% have a single well, and 24% (mostly in AD) have no wells and rely on piped water for

irrigation. Most wells are between 120 and 1000 ft in depth and are operated from 2 to 24 hours per day and on average 9 hours per day. Pump capacity can be up to 25 hp in some cases. The salinity of the groundwater on the sampled farms varies from 2000 to 27,000 ppm. 220

Small-scale brackish desalination plants were owned by 37 farms, more than 50% of which are commercial farms. The plants range in capacity from 45 to 273 m³ per day and are operated from 10 to 22 hours per day. Most of the respondents stated that plant brines are discharged into a decommissioned well; only a few indicated that they reuse the water for fish farming or forestry irrigation. 225

Farm produce and water consumption

The main crops are palm trees, seasonal vegetables and fodder crops. Palm trees are cultivated by 98% of the farms on 72.5% of the total cultivated area. Vegetables are cultivated by 69% of the farms on 14% of the cultivated area. Fodder crops are cultivated by 42% of the farms on 13.5% of the total cultivated area; these are Rhodes grass (10%), alfalfa (2.7%) and panicum (0.5%). 230

Despite the disproportionate land area dedicated to dates, most of the produce by weight, about 43% of total agricultural production, is vegetables. Dates follow at 30% and fodder crops at 27%. Cucumbers represent two-thirds of total vegetables and a quarter of total agricultural production. Table B2 (Appendix B in the online supplemental data) shows a summary of cultivated crops in the surveyed farms. 235

To estimate agricultural farm production and annual crop productivity per hectare, the reported crop yield per hectare per cycle is multiplied by the number of cycles and the total cultivated area. The crop yield rate (kg/ha) for cucumbers is by far the highest among all the cultivated crops. Palm trees have the lowest rate; fodder crops yield more than palm trees, but still much less than cucumbers. Other vegetables cultivated by open-field farming, such as marrows, eggplants, tomatoes, cabbages, sweet melons, corn, onions, peas and beans, show intermediate yields. 240 245

The analysis of average annual water consumption per hectare identified four categories. Most of the seasonal vegetables, such as onions, sweet melons, mixed vegetables (a mixture of leafy vegetables), beans, tomatoes and cabbages, fall within the highest water use ranges, 25,000–30,000 m³/ha (Category 1) and 20,000–24,000 m³/ha (Category 2). For the remaining vegetables such as eggplants, marrows and corn, water use ranges from 12,000 to 19,000 m³/ha (Category 3), whereas cucumbers and peas are in the lowest water use category, from 8,000 to 10,500 m³/ha (Category 4). 250

Fodder crops such as Rhodes and alfalfa and palm trees are in the second-highest category. Panicum, however, shows the lowest water use of the fodder crops (9,325 m³/ha). This may be because demand for panicum is lower than Rhodes and alfalfa, and therefore farmers pay less attention to it. 255

Figure 2 is a box plot of the minimum, maximum and median of the average water consumption rate (m³/ha) for each of the cultivated crops. The range between minimum and maximum is large for most of the crops, with the median skewed to the lower quartile. This indicates that there is a significant variation in water use across the farms. The interquartile range (representing 50% of the farms) is also large and varies from 3,806–12,686 m³/ha in cucumbers to 14,800–44,399 m³/ha in mixed vegetables. These 260

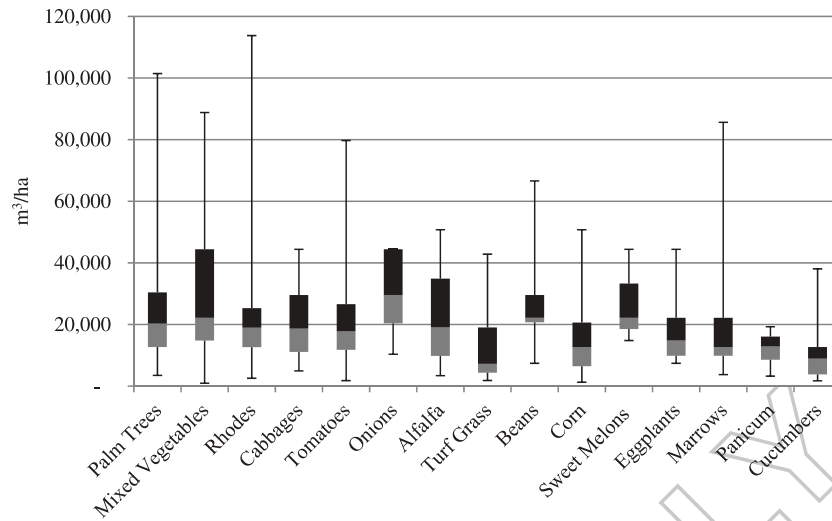


Figure 2. Box plot of average annual water consumption per cultivated crop.

variations are larger among some crops: palm trees, mixed vegetables, cabbages, tomatoes, onions and alfalfa.

The analysis of water productivity shows that the cultivation of cucumbers has by far the highest performance among all cultivated crops reported by the surveyed farms, while palm trees have one of the lowest (Figure 3). Water productivity for the same crops shows almost the same pattern in the three ADE regions (AD, AA and WE), which suggests consistent and reliable survey results. However, there is a slight increase in AD in cucumbers, and an increase in AA in tomatoes and alfalfa, whereas WR is either matching or lower than AA.

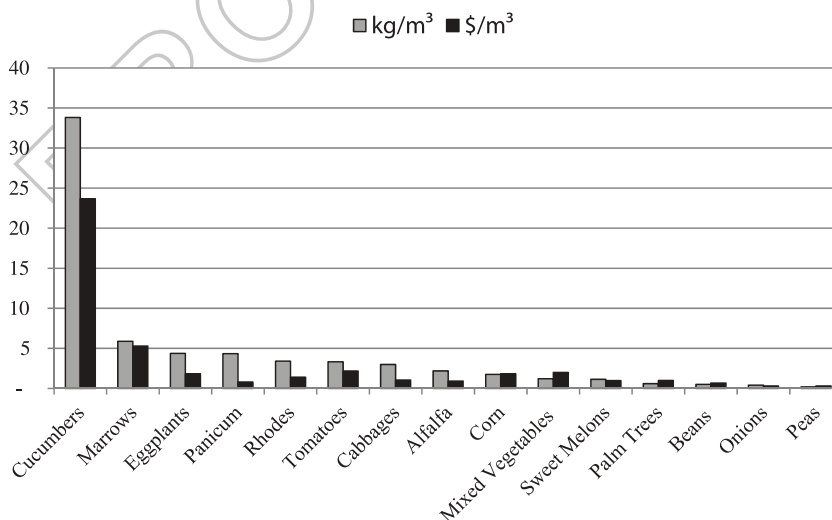


Figure 3. Physical water productivity (kg/m³) and economic water productivity (\$/m³) per cultivated crop.

Farmers' perceptions

As discussed in the Groundwater Use section, the future development of the agricultural sector requires active policy measures to avoid negative impacts on water sustainability and the environment. For this reason, it was important to address the farmers' awareness of water-related issues in ADE in the survey. 275

The farmers who stated that they receive a drinking water supply (municipal water supply for drinking and household needs) were asked for their views on the drinking water tariff that had been introduced for the first time in January 2015 (Srouji, 2017). Out of 18, 8 said they agree with the introduction of this new tariff, 7 were against it, and 3 had no knowledge of it. The same group of farmers also shared their views, among four options, on the reason for the introduction of the drinking water tariff. Most (56%) selected reducing water consumption, 21.5% selected 'I don't know', 16.5% selected reducing water cost to the government, and 6% selected both reducing water consumption and sharing the cost with the government. 280 285

The farmers were also asked for their views on the government's taking action to control groundwater pumping. Most (70%) of the participants disagreed with this policy, 23% stated that they do not have productive wells, and only 7% agreed with it. Historically, farmers were free in their use of groundwater, with limited oversight that meant there was practically no restriction on the number of wells, their depth or the quantity extracted. Based on the above answers, the government needs to consider involving farmers in the development of groundwater policies, while eventually introducing proper enforcement mechanisms to regulate and control groundwater abstraction. 290

The farmers were also asked about their knowledge of groundwater depletion and whether they have noticed a deterioration of the quality of the groundwater. The responses to these two questions were in the form of percentages of no, yes, 'only in some wells', and 'I don't know'. About 50% of the farmers know of the groundwater depletion, and 60% perceived a deterioration in quality. When asked about their alternatives should groundwater become unsuitable for agricultural production, almost all (93%) stated that they would prefer to switch to desalination. 295 300

To assess potential influences on the farmers' answers, we checked for statistical correlation (using a chi-squared test) between farmers' responses and farm attributes, including location, size, ownership type, farm manager and whether the farm generates profit. We found a positive and significant correlation of those responses with most of the selected categories. This suggests that farmers' knowledge of groundwater issues is generally influenced by their experience. Tables B3 and B4 (Appendix B in the online supplemental data) provide more detail on these results. 305

Discussion

This study provides comprehensive empirical findings with respect to the area it covered (ADE). Most of the farms are used as a prestigious leisure facility for the owners and their families, rather than a primary source of income. Leisure use affects water consumption, as it implies swimming pools, family houses and non-productive landscaping on the farms. Most of the farms are heavily dependent on groundwater as the main source of supply, with a significant occurrence of high water use and low water productivity for most of the cultivated 310

crops. This result is in line with other reports (EAD, 2017; McDonnell & Fragaszy, 2016; MOEW, 2010). As the groundwater deteriorates, almost all of the farmers (93%) would prefer to switch to small-scale brackish desalination plants. Although the occurrence of desalination plants in the surveyed farms is small (11%), the current brine discharge methods (such as discharge to the aquifer or evaporation ponds) and the absence of suitable regulatory constraints could lead to groundwater and soil contamination (McDonnell & Fragaszy, 2016) and therefore requires appropriate regulatory limits and effective oversight.

As mentioned in the Groundwater Use section, there is limited research that focuses on farming practices and their impacts on groundwater resources in ADE. Meanwhile, there is wide variation in the results of the few existing studies on ADE and on other areas of the GCC region. For these reasons, this section compares our findings to previous studies and discusses the key policy implementations.

Farms' cultivated area and production

The surveyed farms have 47% of their total area in agricultural production, consistent across the three regions (50% for AD, 43% for AA and 48% for WR) and in accordance with the 51% ratio given in the ADE 2016 report (SCAD, 2017). The percentage of crop-cultivated area out of total cultivated area is also similar to the figures in the ADE report, as shown in Figure 4, except for seasonal vegetables, which in the ADE report show a lower percentage. This is probably due to the difference in the timing of data collection between our survey and the SCAD study, which usually collects data at the end of the season.

The percentages of total dates and seasonal vegetables we obtained (30% and 43%, respectively) also confirm the corresponding percentages in the ADE 2016 report. However, the total fodder crops are 10% more than reported in the ADE report. This difference could be due to the farmers' reluctance to declare their actual production with the government so as not to endanger their subsidies, which are contingent on their not cultivating Rhodes grass on more than 10% of their land (McDonnell & Fragaszy, 2016). When this stipulation was introduced, in 2010, it drastically reduced Rhodes grass cultivation, but this started to rebound from 2012 to 2016 (SCAD, 2012, 2017) and is apparently underreported, which indicates that policy implementation and enforcement could be enhanced.

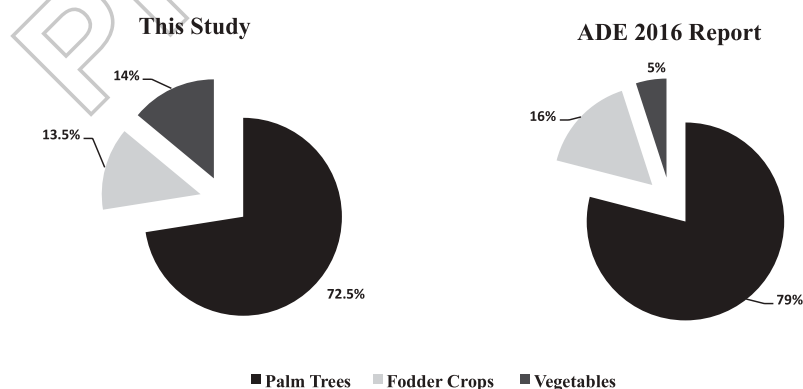


Figure 4. Comparison of percentage of crop cultivated area between this study and Abu Dhabi farm registry data in the ADE 2016 report (SCAD, 2017).

Crop yield

The average annual crop yield for palm trees in the surveyed farms is 9621 kg/ha. This rate falls within the range measured in Oman (8380–11,750 kg/ha; FAO, 2007). However, other studies show much lower rate, such as the 2700–4800 kg/ha range estimated in UAE (FAO, 2007), the 3000 kg/ha figure obtained from survey data in Oman (Al Said et al., 2007) and the 4272 kg/ha figure estimated in Oman (FAO, 2007). Rhodes grass yield inclines towards the highest productivity (50,971 kg/ha) compared to the other reviewed studies, ranging from 5000 kg/ha in Oman (Mazahrih et al., 2016) to 60,000 kg/ha in Saudi Arabia (Patil et al., 2015). Similarly, alfalfa yields, at 25,750 kg/ha, are on the higher end of the reported range from 3852 kg/ha (Al-Gaadi et al., 2017) to 35,100 kg/ha (Patil et al., 2015) in Saudi Arabia. Similarly, most of the surveyed vegetable yields fall within the range obtained from the literature (Table 2).

Water consumption

The average annual water use rate for most of the crops shows large variations across the farms, suggesting that farmers are not consistent in setting and assessing these rates. Palm trees' average water consumption in the surveyed farms is 22,745 m³/ha, in line with prior estimates in the UAE and Oman (FAO, 2007) and Kuwait (Bhat et al., 2012), which range from 15,000 to 29,700 m³/ha. The Food and Agriculture Organization of the United Nations (FAO) recommendation is 14,700 m³/ha for mature trees in the UAE, while its measurement in Oman shows a range from 9320 to 16,080 m³/ha (FAO, 2007). A somewhat lower rate was measured in Dubai (UAE), with water consumption varying seasonally from 3600 to 10,800 m³/ha between winter and summer (Green et al., 2014). For Rhodes, the water consumption rate obtained from different studies ranges from 13,000 m³/ha in the UAE (MOEW, 2010) to 163,294 m³/ha measured in Saudi Arabia (Hashim et al., 2012), while the rate surveyed here (23,850 m³/ha) is close to that estimated in another study in the UAE (20,000 m³/ha; Pitman et al., 2009). Alfalfa water consumption varies between 5520 m³/ha (Al-Gaadi et al., 2017) and 60,390 m³/ha (Patil et al., 2015) in Saudi Arabia, and in this study it falls within that range (22,775 m³/ha). Vegetable water consumption rates (m³/ha) showed some differences from other reviewed studies (Table 3).

Table 2. Vegetable crops yield rate (kg/ha).

Crop	This study	Other studies	Location and data-collection method of other studies
Corn	15,576	10,930–11,190	Saudi Arabia, measurement and modelling ¹
		4,000	Oman, survey ²
Tomatoes	44,390	4,048	Saudi Arabia, measurement ³
		80,100	Oman, measurement ⁴
		8,000–38,000	Oman, survey ²
Cucumbers	160,000	60,000–120,000	Oman, estimation ⁵
		54,900–66,500	Oman, estimation ⁵
		24,000–38,000	Oman, survey ²
Eggplants	45,238	70,000–99,000	Saudi Arabia, measurement ⁶
		91,000–150,000	Saudi Arabia, measurement ⁷
Cabbages	43,056	7,000	Oman, survey ²
		8,335	Saudi Arabia, measurement ³
Beans	9,778	49,300	Oman, measurement ⁴
		3,007	Saudi Arabia, measurement ³
Onions	10,125	3,000–18,000	Oman, survey ²
Sweet melons	24,667	23,800	Oman, measurement ⁴
		14,000	Oman, survey ²

¹Patil et al. (2015); ²Al Said et al. (2007); ³Hashim et al. (2012); ⁴Al-Said et al. (2012); ⁵Algharibi et al. (2013); ⁶Aly et al. (2015); ⁷Alomaran and Luki (2012)

Table 3. Vegetable crops' water consumption (m^3/ha).

Crop	This study	Other studies	Location and data-collection method of other studies
Corn	16,527	9,892–21,580	Saudi Arabia, measurement and modelling ¹
		45,260	Saudi Arabia, measurement ²
Tomatoes	23,978	8,050	Oman, measurement ³
		2,740–6,820	Oman, Simulation ⁴
Cucumbers	10,096	1,090–3,550	Saudi Arabia, measurement ⁵
		1,470–3,550	Saudi Arabia, measurement ⁶
Eggplants	18,377	58,080	Saudi Arabia, measurement ²
Cabbages	20,422	14,400	Oman, measurement ³
Beans	26,146	30,300	Saudi Arabia, measurement ²
Sweet melons	12,333	4,970	Oman, measurement ³

¹Patil et al. (2015); ²Hashim et al. (2012); ³Al-Said et al. (2012); ⁴Algharibi et al. (2013); ⁵Aly et al. (2015); ⁶Alomaran and Luki (2012)

Water productivity

Our finding for palm trees' water productivity ($0.59 \text{ kg}/\text{m}^3$) is 50% higher than the upper range of FAO (2007) estimates for the UAE ($0.2\text{--}0.26 \text{ kg}/\text{m}^3$). Still, it is less than the minimum of FAO (2007) estimates for Oman ($0.71\text{--}0.89 \text{ kg}/\text{m}^3$), and within the range measured in Oman ($0.59\text{--}1.5 \text{ kg}/\text{m}^3$; Al-Mulla & Al-Gheilani, 2018). However, the economic water productivity rate obtained from this study ($0.99 \text{ \$/m}^3$) falls within the range of the figures estimated in Oman by the latter study ($0.6\text{--}1.64 \text{ \$/m}^3$).

The Rhodes grass water productivity range is from $0.44 \text{ kg}/\text{m}^3$ measured in Saudi Arabia (Patil et al., 2015) to $0.85 \text{ kg}/\text{m}^3$ measured in Oman (Mazahrih et al., 2016), but it is much higher in our survey ($3.40 \text{ kg}/\text{m}^3$). Consequently, the economic water productivity is much higher in this study ($1.4 \text{ \$/m}^3$) than that measured in Oman ($0.45 \text{ \$/m}^3$; Al-Said et al., 2012). Alfalfa water productivity varies from $0.38 \text{ kg}/\text{m}^3$ (Patil et al., 2015) to $0.84 \text{ kg}/\text{m}^3$ (Hashim et al., 2012) in Saudi Arabia, but it is also higher in this study ($2.2 \text{ kg}/\text{m}^3$). For panicum, the surveyed farm results are comparable to Saudi Arabia in water consumption and water productivity (kg/m^3), but higher in the yield (Hashim et al., 2012).

The water productivity (kg/m^3 and $\text{\$/m}^3$) for the cultivated vegetables in this study varies compared with other reviewed studies. Some crops are within, and some outside, the range reported in other studies (Tables 4 and 5).

Recommended areas for regulation

The water productivity results show that ADE is facing a challenge in creating a balance between increasing agricultural production to improve food security, maintaining social and cultural heritage, and at the same time preserving the emirate's groundwater. This calls for defining consistent strategic objectives and developing and implementing effective strategies, with their associated policies and governance processes, to improve the current farming practices and manage their water consumption.

Table 6 shows a set of proposed objectives with corresponding supporting strategies. These strategies are proposed for the government to apply in its endeavours to mitigate the negative impacts of the current farming practices on the sustainability of water resources in ADE. Policies and governance processes should be established for each of the recommended

Table 4. Vegetable crops' physical water productivity (kg/m³).

Crop	This study	Other studies	Location and data-collection method of other studies
Corn	1.8	0.51–1.11	Saudi Arabia, measurement and modelling ¹
Tomatoes	3	0.79	Saudi Arabia, measurement ²
		11.9	Oman, measurement ³
		1.3–3.5	Oman, estimation ⁴
Cucumbers	33.8	2.64	Oman, simulation ⁴
		14.4–48.3	Abu Dhabi, measurement ⁷
		27.9–64.2	Saudi Arabia, measurement ⁵
Eggplants	3.21	42.25–61.5	Saudi Arabia, measurement ⁶
		1.43	Saudi Arabia, measurement ²
Cabbages	2.98	7.8	Oman, measurement ³
Beans	0.51	1	Saudi Arabia, measurement ²
Sweet melons	1.14	5.7	Oman, measurement ³

¹Patil et al. (2015); ²Hashim et al. (2012); ³Al-Said et al. (2012); ⁴Algharibi et al. (2013); ⁵Aly et al. (2015); ⁶Alomaran and Luki (2012); ⁷ADFCA (2016)

Table 5. Vegetable crops' economic water productivity (\$/m³).

Crop	This study	Other studies	Location and data-collection method of other studies
Tomatoes	2	0.71	Oman, measurement ¹
Cabbages	1.044	0.81	Oman, measurement ¹
Sweet melons	0.98	0.67	Oman, measurement ¹

¹Al-Said et al. (2012)

Table 6. Proposed strategic objectives and their supporting strategies.

Proposed strategic objective	Supporting strategies
Regulate groundwater abstraction	<ul style="list-style-type: none"> • Restrict drilling of new wells. • Restrict groundwater use for personal and family farms. • Identify cultural heritage activities and their value, and set limits for water use in these activities. • Install meters in all wells. • Define volumetric limits for groundwater abstraction. • Apply tariffs for groundwater use. • Ban the operation of wells in areas where water table is deep. • Enforce well permit process and penalize non-compliance. • Regulate groundwater desalination and brine discharge methods.
Improve agricultural water use efficiency	<ul style="list-style-type: none"> • Ban cultivation of intensive-water-use crops such as Rhodes grass. • Identify list of allowed crops that have high tolerance and less water use to be cultivated in ADE. • Define water use baseline for various selected crops. • Adapt innovative agricultural farming techniques that facilitate efficient water use and high productivity (e.g. greenhouse). • Restrict open-field farming. • Improve irrigation efficiency.
Increase treated wastewater utilization	<ul style="list-style-type: none"> • Identify list of crops recommended by FAO for safe human use. • Define areas and regions that benefit this supply. • Build infrastructure to supply treated wastewater to selected farms.
Improve cultivation of palm trees	<ul style="list-style-type: none"> • Focus on high-quality palm trees with selective recommended yield to improve economic value and water productivity of crops. • Define best management practices (e.g. irrigation management, pest control, harvesting process).
Develop integrative approach for agricultural development	<ul style="list-style-type: none"> • Develop agricultural policies with direct link to water resources and food security policies, considering the effect of climate change on groundwater recharge rates. • Establish agricultural policy implementation governance framework that specifies decision rights and accountability of relevant stakeholders as well as the mechanisms for communication, monitoring and enforcement of developed policies. • Engage farm owners and farmers in the policy-making process. • Improve farm owners' and farmers' knowledge and awareness.

strategies to ensure the effectiveness of its development and execution. However, the details of these policies and governance processes are beyond the scope of this work. These strategic objectives are discussed in more detail below. 405

The first strategic objective is the regulation of groundwater abstraction. This is required to preserve the non-renewable groundwater reserve. In this regard, there have been recent efforts in the Middle East, such as in Oman, which has shown success in groundwater pumping restrictions through stringent regulations involving well permits, banning unpermitted wells, penalizing contractors caught drilling illegally, installing well metering and developing a national inventory (Shah, 2014; van der Gun, 2007). Still, achieving this objective has been challenging in Jordan, Syria and Yemen because of weak political will and enforcement capacity, lack of public acceptance and strong opposition from farmers (Shah, 2014). However, such challenges can be overcome through applying the strategies associated with the fifth proposed strategic objective. 410 415

Second, agriculture water use efficiency should be improved by focusing on reducing water use and using high-value crops to improve physical and economic water productivity. A good example is Saudi Arabia's decision to phase out the cultivation of wheat and focus on lower-water-use and high-value crops to stop the exploitation of its groundwater (Bazza, 2005; Ouda, 2014). Another example is the ADE's decision (in 2010) to phase out the cultivation of Rhodes grass and encourage farmers to use water-saving techniques such as greenhouse farming and drip irrigation (McDonnell & Fragaszy, 2016). Although there has been a drastic reduction in the cultivation of Rhodes grass, it is still cultivated by 42% of farms. A complete ban on the cultivation of Rhodes grass and other fodder crops such as alfalfa and panicum, which have high water use and low water productivity, could be pursued. This may run counter to food security objectives, though, as animal fodder would then need to be fully sourced by imports; a specific assessment should be conducted of whether storing imported fodder addresses these concerns. 420 425

Third, increase treated wastewater use as an alternative water supply to reduce the pressure on groundwater use. Given the status of water resources in the GCC countries, there is an increasing demand for the use of treated wastewater. But less than 30% of the treated wastewater is used (with the rest discharged to the sea), mostly in landscape irrigation, and a negligible percentage (7%) used in agriculture (Bazza, 2005). ADE established a pilot for using treated wastewater in 143 farms, with the anticipation of using the findings (McDonnell & Fragaszy, 2016), and is now constructing a pipeline to transport this water for wider agriculture use. However, efforts are required to encourage and promote the use of treated wastewater among farmers to assuage their scepticism. 430 435

Fourth, improve the cultivation of palm trees to increase their production capacity and water productivity while maintaining their cultural heritage value. There is a cultural heritage link to palm tree cultivation not only in ADE but in the Arab region overall, including the GCC countries (Chao & Krueger, 2007; El-Juhany, 2010). Our finding that 98% of the farms cultivate palm trees using high water consumption, with low and sometimes no productivity, suggest that focusing on the high-quality trees and removing the low-quality trees, which is perhaps 50% of them (FAO, 2007), would be a prudent policy that will dramatically reduce irrigation needs. Other recent studies also note the poor management of palm trees in the region and similarly highlight the need for measures and guideline to improve their management (El-Juhany, 2010; FAO, 2015). 440 445

Finally, an integrative approach is needed in agricultural development to enable policy makers to recognize the trade-offs among the requirements of the different sectors (e.g. agriculture, water, food security and environment), creating a balance in how water is allocated to various users, with a focus on constantly measuring and improving water use efficiency and productivity (Benson, Gain, & Rouillard, 2015; Moore, 2004). In this context, it is worth noting that the alarming messages about climate change impacts on water resources and the projected depletion of groundwater have brought increasing attention to the need to shift the strategic planning and policy-making process from a sectoral to a cross-sectoral and integrated approach, especially in water-scarce countries (Benson et al., 2015; FAO, 2014; OECD, 2010), and therefore this aspect should be seriously considered when developing the policies associated with this strategic objective.

Conclusions

Agricultural expansion in ADE has put pressure on the Emirate's groundwater reserves, potentially leading to complete depletion within a few decades. To prevent this, it is necessary to regulate the current farming practices in the emirate. In this study we quantitatively examined the current farming practices in ADE and their impacts on groundwater resources through a face-to-face survey with participants (farmers and farm owners) from 344 farms across the three regions of ADE (AD, AA and WR). The survey gathered farmers' responses regarding the farms' demographics, produce, water sources, water consumption and water use, as well as water productivity per cultivated crop. It further explored farmers' knowledge of the existing and foreseen future issues regarding water sources, as well as their perceptions of the policies currently used by the government to mitigate these issues. The survey results were discussed and analyzed and, based on that, five strategic objectives, as well as the strategies that support them, were defined to mitigate the negative impact of current farming practices on groundwater sustainability. These strategic objectives are regulation of groundwater abstraction, improving water use efficiency, increasing treated wastewater utilization, improving palm tree cultivation and establishing an integrative approach for agricultural development to ensure coordination between the relevant stakeholders and engaging farmers in the agricultural policy-making process.

This study provides a critical input to agricultural and environmental sustainability policy development in the area of farming practices and water consumption. Future research may wish to further investigate and expand the analysis in comparison to other countries of the region and confirm the practicality of the strategic objectives proposed.

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