

## Accuracy of portable devices in measuring peak cough flow

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Abstract:	<p>Peak cough flow (PCF) measurements can be used as indicators of cough effectiveness. Portable peak flow meters and spirometers have been used to measure PCF, but little is known about their accuracy compared to laboratory based pneumotachograph systems. We compared the accuracy of four portable devices (Mini-Wright and Assess peak flow meters, SpiroUSB and Microlab spirometers) in measuring PCF with a calibrated laboratory based pneumotachograph system. Twenty healthy volunteers (mean (SD) age 45 (16)) coughed through a pneumotachograph connected in series with each portable device in turn, and the difference in PCF readings was analysed. In addition, mechanically generated flow waves of constant peak flow were delivered through each device both independently and when connected in series with the pneumotachograph. Agreement between PCF readings obtained with the pneumotachograph and the portable devices was poor. Peak flow readings were lower when measured using the portable devices, for both volitional coughs and mechanically generated flow waves; 95% limits of agreement spanned approximately 150 L/min. Of the four portable devices examined none were sufficiently accurate for the measurement of PCF. Depending on the measurement method used, absolute values of PCF reported in the literature may not be directly comparable.</p>

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3 Title (57 characters with spaces):

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37 Peak cough flow (PCF) measurements can be used as indicators of cough effectiveness. Portable peak  
38 flow meters and spirometers have been used to measure PCF, but little is known about their accuracy  
39 compared to laboratory based pneumotachograph systems. We compared the accuracy of four  
40 portable devices (Mini-Wright and Assess peak flow meters, SpiroUSB and Microlab spirometers) in  
41 measuring PCF with a calibrated laboratory based pneumotachograph system. Twenty healthy  
42 volunteers (mean (SD) age 45 (16)) coughed through a pneumotachograph connected in series with  
43 each portable device in turn, and the difference in PCF readings was analysed. In addition,  
44 mechanically generated flow waves of constant peak flow were delivered through each device both  
45 independently and when connected in series with the pneumotachograph. Agreement between PCF  
46 readings obtained with the pneumotachograph and the portable devices was poor. Peak flow readings  
47 were lower when measured using the portable devices, for both volitional coughs and mechanically  
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5 portable devices examined none were sufficiently accurate for the measurement of PCF. Depending  
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9 directly comparable.  
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3 Main text (2,738 words)  
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## 7 **1. Introduction**

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9 Cough flow testing is useful as an outcome measure in research and a monitoring or diagnostic tool in  
10 clinical practice. Peak cough flow (PCF) is commonly used as an indicator of the strength or  
11 effectiveness of cough, particularly in clinical populations with neuromuscular impairment (Jones *et*  
12 *al* 2012). Cough can be accurately quantified using laboratory pneumotachograph based systems as  
13 described by Singh *et al* (1994), but these can often consist of several components, can be expensive,  
14 not easily transportable, and require significant knowledge by the user for correct operation. Practical  
15 devices, which can conveniently be applied in clinical settings, patients' homes or other community  
16 locations, may be of use to clinicians and researchers. In several clinical studies, standard peak flow  
17 meters and hand-held spirometers have been used to measure PCF (Table 1) (LoMauro *et al* 2014,  
18 Silverman *et al* 2014, Cleary *et al* 2013, Kimura *et al* 2013, Lee *et al* 2013, Cardoso *et al* 2012,  
19 Freitas *et al* 2010, Brito *et al* 2009, Fiore *et al* 2008, Daftary *et al* 2007, Sancho *et al* 2007, Bach *et al*  
20 2006, Dohna-Schwake *et al* 2006, Kang *et al* 2006, Gauld and Boynton 2005, Sancho *et al* 2004,  
21 Suarez *et al* 2002, Bach *et al* 1997, Bach and Saporito 1996, Bach 1995, Leiner *et al* 1966, Wright  
22 and McKerrow 1959). These devices are designed to measure peak flow during a forced expiratory  
23 manoeuvre, and their accuracy in measuring peak flow during cough is uncertain.  
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41 In the present study we examined the accuracy of two commonly used peak flow meters and two  
42 hand-held spirometers when measuring PCF compared with a laboratory pneumotachograph based  
43 measurement system.  
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## 49 **2. Materials and Methods**

### 50 *2.1. Study subjects*

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53 Healthy volunteers with no medical history of respiratory disease or conditions affecting the anatomy  
54 and function of the upper airway who were comfortable coughing repeatedly over a short period of  
55 time were recruited. The study had ethical approval from the Psychiatry, Nursing and Midwifery  
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3 Research Ethics Committee at King's College London, United Kingdom (study reference  
4 PNM/12/13-143). All participants gave written informed consent.  
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## 8 9 *2.2. Study design*

10 Four hand-held devices were compared to a laboratory pneumotachograph based flow measurement  
11 system: the Mini-Wright Standard peak flow meter (European Union (EU) Scale, range 60-800 L/min,  
12 accuracy  $\pm 10\%$  or 10 L/min according to manufacturer, Clement Clarke International, Harlow,  
13 England); Assess peak flow meter (range 60-880 L/min, accuracy  $\pm 10\%$  or 20 L/min according to  
14 manufacturer, Philips Respironics, Pittsburgh, Pennsylvania); SpiroUSB turbine spirometer, (range  
15 12-900 L/min, accuracy  $\pm 3\%$  according to manufacturer, CareFusion, San Diego, California); and the  
16 Microlab turbine spirometer, (range 12-900 L/min, accuracy  $\pm 3\%$  according to manufacturer,  
17 CareFusion, San Diego, California). These four devices were selected as they are produced by leading  
18 manufacturers and frequently used in clinical practice.  
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31 The devices under test were attached individually to a Fleisch-type pneumotachograph (ID 4.4 cm,  
32 length 6.0 cm, PK Morgan Ltd, Rainham, England). Differential pressure was measured using a  
33 Validyne differential pressure transducer (MP45, range  $\pm 2$  cmH<sub>2</sub>O, Validyne Engineering,  
34 Northridge, California) and the signal amplified (CD15, Validyne Engineering, Northridge,  
35 California) and acquired on a laptop running LabChart software (LabChart Pro, version 7.2.2,  
36 ADInstruments Ltd, Oxford, England) with analog-to-digital sampling of 2 kHz (PowerLab/16SP,  
37 ADInstruments Ltd, Oxford, England). The pneumotachograph system was linear in the flow range 0-  
38 700 L/min ( $R^2 = 0.999845$ ) and had a frequency response of 50 Hz. A two-point calibration was  
39 performed at the beginning of each testing session, using a rotameter (InFlux OF1'S, 60-600 L/min  
40 flow, Techniquip Ltd, Taunton, England).  
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## 52 53 *2.3. Methods*

54 A bacterial filter (Spiroguard Standard, Air Safety Medical, Morecambe, England), the  
55 pneumotachograph and one portable device were connected in series. Participants were instructed to  
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3 cough through the filter so that the peak flow of each cough was measured by the pneumotachograph  
4 system and the portable device. The portable devices were tested in a random order and were always  
5 connected downstream from the pneumotachograph. The calibration of the SpiroUSB and the  
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7 Microlab turbine spirometers was verified with a 3 litre calibration syringe at the beginning of each  
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9 testing session as per manufacturer's recommendation. For each device, volunteers were instructed to  
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11 produce five strong coughs (from total lung capacity), five weak coughs (from residual volume) and  
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13 five coughs of subjectively moderate strength (between strong and weak cough efforts). Participants  
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15 were seated during testing. Altogether, 300 coughs were measured per portable device.  
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19 Volunteers also performed spirometric forced expiratory manoeuvres through the pneumotachograph  
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21 with each portable device connected in series in random order. One hundred maximal and 100  
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23 subjectively submaximal forced expiratory manoeuvres were measured per portable device, giving a  
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25 range of expiratory flows during forced expiration without glottic closure.  
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28 In order to control for any systematic effect on cough flow measurements caused by the in-series  
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30 connection of pneumotachograph and alternative device, flow waves of consistent peak flow were  
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32 mechanically generated using a 50 L pressure vessel (Medical Engineering Department, Royal  
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34 Brompton Hospital, London, England) connected to a balloon occlusion valve (Medical Engineering  
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36 Department, Royal Brompton Hospital, London, England). The barrel was pressurised with  
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38 compressed air to a predetermined pressure, monitored with a digital manometer (C9553 Pressure  
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40 Meter, Comark, Norwich, England), at which point the occlusion valve was opened and a burst of  
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42 short duration airflow released. The consistency of peak flow for these flow bursts was confirmed  
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44 with five consecutive measurements with the pneumotachograph system. Vessel pressures of 5, 10,  
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46 15, 20, 30 and 40 cmH<sub>2</sub>O were used, resulting in bursts of airflow with mean (SD) peak flows of 138  
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48 (0.4), 250 (1.3), 343 (0.8), 422 (0.8), 559 (1.6) and 684 (2.9) L/min, respectively. Using the  
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50 mechanically produced airflows, the agreement of peak flow measurements between systems was  
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52 determined with the pneumotachograph and alternative devices connected in series (identical setup  
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54 as used for volunteers, including bacterial filter); and with pneumotachograph and alternative devices  
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56 connected in isolation (including bacterial filter). Five measurements were made at each flow level for  
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58 each portable device connected in series and in isolation.  
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#### 2.4. Analysis

Data were analysed using statistical software (Stata version 12.1, StataCorp LP, College Station, Texas). Bland-Altman analysis was used to compare peak flow measurements obtained from the pneumotachograph and each device for both measurements of volitional PCF, peak flow obtained from forced expiratory manoeuvres and the mechanically generated flow waves with devices used in series and in isolation.

### 3. Results

Twenty volunteers, mean (SD) age 45 (16), were studied, with at least one female and one male participant per age decade. The mean differences and 95% limits of agreement for volunteers' PCF obtained with the pneumotachograph system and the four portable devices are summarised in Table 2. Bland-Altman analysis indicated that measurements of PCF were lower with the devices tested compared with the pneumotachograph system (Figure 1). Measurements of PCF were markedly lower using the Mini-Wright peak flow meter (mean (95% limits of agreement) bias 56 L/min (-26 to 138 L/min)) (Figure 1a), with the difference increasing with increasing PCF (Spearman's rank correlation coefficient  $r_s = 0.38$ ,  $p < 0.0001$ ). Despite a small overall mean (95% limits of agreement) bias of 3 L/min (-76 to 82 L/min) across the range (Figure 1b), PCFs measured using the Assess device were lower than the pneumotachograph system at low PCF and higher at high PCF ( $r_s = -0.46$ ,  $p < 0.0001$ ). Both the SpiroUSB (mean (95% limits of agreement) bias 50 L/min (-26 to 125 L/min)) (Figure 1c) and the Microlab spirometers (mean (95% limits of agreement) bias 55 L/min (-23 to 132 L/min)) (Figure 1d) returned PCF readings that were consistently lower than those measured using the pneumotachograph system.

Some coughs with low peak flows were not registered by the portable devices and were excluded from the Bland Altman analysis. The Mini-Wright and Assess peak flow meters did not register 15 coughs with PCF between 60 L/min (lowest mark on the devices' scale) and 118 L/min, as measured by the pneumotachograph. Thirty-four coughs with PCF from 89 to 207 L/min were not registered by

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3 the SpiroUSB spirometer. Twenty-five coughs with PCF from 58 to 237 L/min were not registered by  
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5 the Microlab spirometer.  
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9 The results for the mechanically generated flow waves are presented in Tables 3 and 4 and in Figure  
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11 2. Example traces of mechanically generated flow waves in comparison with human cough flow  
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13 waves are given in Figure 3. All portable devices recorded lower peak flow compared to the  
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15 pneumotachograph system regardless of whether measurements were made when connected in series  
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17 (Table 3) or in isolation (Table 4). The differences in measured peak flow between the  
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19 pneumotachograph and alternative devices were smaller when the instruments were connected in  
20  
21 series; and larger when the instruments were used in isolation. When instruments were connected in  
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23 series, the pneumotachograph and portable devices all gave lower peak flow readings compared to  
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25 when instruments were used in isolation; whereby measurements were always reduced to a greater  
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27 extent for the pneumotachograph (mean (SD) difference 79 (38) L/min) than for the portable devices  
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29 (mean (SD) difference 9 (6) L/min).  
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31 Correlation analysis to examine the relationship between cough rise time (time from initiation of  
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33 positive flow to peak flow) and the degree of inaccuracy indicated statistically significant weak  
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35 inverse correlations for the Mini-Wright ( $r_s = -0.29$ ,  $p < 0.0001$ ) and the Assess peak flow meter ( $r_s = -$   
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37  $0.28$ ,  $p < 0.0001$ ); and statistically significant moderate inverse correlations for the SpiroUSB ( $r_s = -$   
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39  $0.68$ ,  $p < 0.0001$ ) and the Microlab spirometer ( $r_s = -0.55$ ,  $p < 0.0001$ ) (Figure 4).  
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43 Bland-Altman analysis of peak flow measurements during spirometric forced expiratory manoeuvres  
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45 performed with each device connected in series with the pneumotachograph demonstrated a smaller  
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47 bias and narrower limits of agreement compared to those for PCF (Table 5, Figure 5). Similar weak  
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49 and moderate correlations between time to peak flow and the degree of inaccuracy were observed:  $r_s =$   
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51  $-0.34$  ( $p < 0.0001$ ) Mini-Wright peak flow meter,  $r_s = 0.16$  ( $p = 0.021$ ) Assess peak flow meter,  $r_s = -0.56$   
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53 ( $p < 0.0001$ ) SpiroUSB spirometer,  $r_s = -0.66$  ( $p < 0.0001$ ) Microlab spirometer (Figure 6).  
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#### 57 58 **4. Discussion** 59 60

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3 The results of this study indicate that when compared to a laboratory pneumotachograph based  
4 measurement system, four portable clinical flow measurement devices were inaccurate when  
5 measuring cough peak flows and returned lower PCF readings. These differences are clinically  
6 relevant when compared with the magnitude of PCF measurements in clinical populations. In  
7 addition, some low flow coughs were not registered by these devices, which impacts on their utility in  
8 very weak or severely obstructed patient populations.  
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17 The advantage of a compact, portable and practical clinical flow measurement device over a complex  
18 pneumotachograph system for the purpose of clinical practice and research is self-evident. This is  
19 particularly true for clinical populations with neuromuscular conditions, where mobility and  
20 transportation can be problematic. However, it should not be assumed that portable peak flow meters  
21 and hand-held spirometers are accurate when used for PCF measurement, as these devices are  
22 designed to measure peak flow during a forced expiratory manoeuvre. In our measurements of  
23 mechanically generated flow waves, the portable devices under test showed good instrument  
24 repeatability, with small standard deviations at each level of flow. It could be argued that good  
25 instrument repeatability justifies the use of these devices in studies with repeated measures designs.  
26 However, the accuracy of PCF measurements becomes particularly problematic when patients are  
27 assessed against absolute thresholds. Clinical guidelines cite PCF thresholds of 160 L/min and 270  
28 L/min to direct clinical care of patients with neuromuscular conditions (Bott *et al* 2009, American  
29 Thoracic Society 2004). A scenario can be envisaged whereby the PCF measured for a patient could  
30 lie on either side of these threshold values, depending on the measurement device used. Our data  
31 highlights the importance of considering which measurement device was used to measure PCF when  
32 interpreting values.  
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51 The Mini-Wright and Assess peak flow meters have been used previously for PCF measurement in  
52 clinical studies (Table 1). The Assess peak flow meter (formerly Access Model 710, Health Scan  
53 Products Inc, Cedar Grove, New Jersey) was used in the frequently cited clinical studies by Bach and  
54 collaborators (Bach *et al* 1997, Bach and Saporito 1996, Bach 1995). To our knowledge, the  
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3 SpiroUSB and Microlab spirometers have not previously been used for PCF measurement in clinical  
4 studies, but a similar turbine-based hand-held spirometer (Spirobank, Medical International Research,  
5 Rome, Italy) was used in the study by Fiore *et al* (2008).  
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11 Sancho *et al* (2004) and Silverman *et al* (2014) have both previously examined the accuracy of  
12 different portable devices for cough flow testing using repeated maximal cough efforts. This method,  
13 however, presumes that repeated coughs are sufficiently consistent for intra-subject variability to be  
14 ignored. Although intra-subject variability may be accounted for by randomising the order of devices,  
15 and by obtaining repeated measurements within a certain range, for example three maximal coughs  
16 within 5% PCF as in the study by Sancho *et al*, intra-subject variability due to fatigue, discomfort,  
17 motivation, or practice effect remains a limitation of this method, especially with increasing number  
18 of repetitions. Also, measurements across the mid and lower range of potential values may not be  
19 assessed conveniently using maximal efforts. The method applied in our study, connecting two  
20 devices in series, eliminated the problem of intra-subject variability, and allowed the direct  
21 comparison of coughs across a range of PCF values.  
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35 Using mechanically generated flow waves, simulating human expiratory flow waves with consistent  
36 peak flows, has been used previously to test spirometers and peak flow meters (Miller *et al* 2005,  
37 2003). Such an approach allows comparison of measurement devices without the influence of intra-  
38 subject variability or bias due to in-series connection of instruments. The mechanical testing system  
39 employed in the current study produced flow waves with peak flows and rise times within the range  
40 observed in human coughs (Sivasothy *et al* 2001) and indicated greater inaccuracy of PCF  
41 measurements when using the four devices in isolation. The smaller differences in PCF observed with  
42 the in series setup is most likely the result of increased air flow resistance causing greater relative  
43 reductions in pneumotachograph PCF measurements. It is likely, therefore, that the differences in PCF  
44 measurements between the pneumotachograph and portable devices during coughs in the healthy  
45 human subjects were also underestimated.  
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3 In cough, the time to peak flow (rise time) is shorter than during a forced expiratory manoeuvre  
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5 (Miller *et al* 2002, Sivasothy *et al* 2001). We theorized that this short rise time may be the critical  
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7 characteristic causing inaccuracies in measurement, as peak flow meters and hand-held spirometers  
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9 may not respond adequately to such a rapid change in signal. Thus, increasing inaccuracy could be  
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11 expected with shorter cough rise time. Our data partly supports this theory. There was a correlation of  
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13 weak to moderate strength between cough rise time and the inaccuracy in PCF in our human  
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15 volunteers. Similarly, more consistent agreement could be expected for peak flow measurements  
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17 during forced expiratory manoeuvres than during cough, since the portable devices were designed for  
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19 peak flow measurements during forced expiratory manoeuvres. Better agreement was demonstrated  
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21 for peak flow measurements during forced expiratory manoeuvres, more so for the two spirometers  
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23 and the Assess peak flow meter than for the Mini-Wright peak flow meter. The 95% limits of  
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25 agreement were also narrower than for PCF measurements, but still spanned approximately 90 L/min  
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27 for all four portable devices. Of note, the accuracy of hand-held peak flow meters in measuring peak  
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29 flow during forced expiratory manoeuvres has been investigated by others, with devices performing  
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31 variably (Miller *et al* 2003, Folgering *et al* 1998). We suggest that rise time is one factor influencing  
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33 accuracy of peak flow measurements, but that further interactions between characteristics of human  
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35 cough and properties of measurement devices impact on the performance of instruments. This  
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37 identifies an interesting area for further investigation.  
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42 In order to advance cough flow measurement in clinical research, recommendations based on a  
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44 consensus statement would be of benefit, similar to those produced for the measurement of cough  
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46 frequency and reflex cough sensitivity (Morice *et al* 2007). Clearly, there is a demand for technology  
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48 that enables scientifically accurate, but also practical and convenient measurement of cough flow.  
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50 Developers of measurement devices should consider the research and clinical conditions such devices  
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52 are likely to be applied in.  
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## 55 56 **5. Conclusions** 57 58 59 60

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3 In conclusion, the four portable flow measurement devices examined in our study did not accurately  
4 measure PCF. It is important to recognise that, depending on the measurement instrument, absolute  
5 values of PCF reported in the literature may not be directly comparable. Similarly, peak flow meters  
6 and hand-held spirometers should be used with caution when measuring PCF in clinical practice,  
7 particularly in respect to directing patient management.  
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**Table 1.** Portable peak flow meters and spirometers used for the measurement of peak cough flow in clinical research.

Device	Study	Study population
Peak flow meters		
AsmaPLAN (Vitalograph, Ennis, Ireland)	LoMauro <i>et al</i> , 2014	Duchenne muscular dystrophy
	Sancho <i>et al</i> , 2004	Neuromuscular disease, healthy subjects
Assess (Philips Respironics, Pittsburgh, Pennsylvania) <sup>a</sup>	Cleary <i>et al</i> , 2013	Amyotrophic lateral sclerosis
	Bach <i>et al</i> , 2006	Restrictive pulmonary syndrome due to neuromuscular disease
	Kang <i>et al</i> , 2006	Cervical spinal cord injury
	Bach <i>et al</i> 1997	Duchenne muscular dystrophy
	Bach and Saporito 1996	Spinal cord injury, progressive neuromuscular disease
Astech (Astech, New York, New York)	Bach 1995	Amyotrophic lateral sclerosis
	Daftary <i>et al</i> , 2007	Duchenne muscular dystrophy
MicroPeak (Micro Medical Ltd, Rochester, England)	Lee <i>et al</i> , 2013	Traumatic brain injury, healthy subjects
	Silverman <i>et al</i> , 2014	Healthy subjects, Parkinson's disease
Mini-Wright (Clement Clarke International, Harlow, England)	Cardoso <i>et al</i> , 2012	Healthy subjects
	Freitas <i>et al</i> , 2010	Healthy elderly subjects
	Brito <i>et al</i> , 2009	Duchenne muscular dystrophy
Mini-Wright DIGITAL	Silver man <i>et al</i> ,	Healthy subjects, Parkinson's disease

(www.miniwrightpeakflowmeter.com)	2014	
Wright (Wright and McKerrow 1959)	Gauld and Boynton, 2005	Duchenne muscular dystrophy
	Leiner <i>et al</i> , 1966	Obstructive and/or restrictive pulmonary disease, healthy subjects
Personal Best (Philips Respirationics, Pittsburgh, Pennsylvania)	Suarez <i>et al</i> , 2002	Duchenne muscular dystrophy, amyotrophic lateral sclerosis
Pocketpeak (Ferraris Medical Ltd, Enfield, England)	Dohna-Schwake <i>et al</i> , 2006	Muscular dystrophies

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#### Spirometers

Autospiro AS-505 (Minato Medical Science, Osaka, Japan)	Kimura <i>et al</i> , 2013	Stroke
Micro-S 2000 (C. Schatzman, Madrid, Spain)	Sancho <i>et al</i> , 2007	Amyotrophic lateral sclerosis
Spirobank (Medical International Research, Rome, Italy)	Fiore <i>et al</i> , 2008	Cardiac surgery

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<sup>a</sup> Formerly manufactured as Access Model 710 peak flow meter (Health Scan Products Inc, Cedar Grove, New Jersey, USA)

**Table 2.** Coughs from healthy volunteers: Agreement between peak cough flow measurements (Bland-Altman method of analysis) comparing four clinical flow measurement devices with the pneumotachograph measurement system.

Measurement device	n <sup>a</sup>	Mean difference from pneumotachograph (bias) <sup>b</sup> L/min	95% limits of agreement L/min
Mini-Wright peak flow meter	291	56	-26 to 138
Assess peak flow meter	284	3	-76 to 82
SpiroUSB spirometer	266	50	-26 to 125
Microlab spirometer	275	55	-23 to 132

<sup>a</sup> Number of measurements contributing to analysis, which excludes measurements where the alternative device did not return a reading (see text)

<sup>b</sup> Differences are calculated as pneumotachograph measurements minus alternative device measurements

**Table 3.** Mechanically generated flow waves: Agreement between peak flow measurements (Bland-Altman method of analysis) with four portable devices connected in series with the pneumotachograph measurement system.

Measurement device	n <sup>a</sup>	Mean difference from pneumotachograph (bias) <sup>b</sup> L/min	95% limits of agreement L/min
Mini-Wright peak flow meter	30	80	0 to 160
Assess peak flow meter	30	25	4 to 46
SpiroUSB spirometer	30	58	-2 to 118
Microlab spirometer	30	54	-5 to 113

<sup>a</sup> Number of measurements contributing to analysis

<sup>b</sup> Differences are calculated as pneumotachograph measurements minus alternative device measurements

**Table 4.** Mechanically generated flow waves: Agreement between peak flow measurements (Bland-Altman method of analysis) recorded from four portable devices and the pneumotachograph measurement system in isolation (not connected in series).

Measurement device	n <sup>a</sup>	Mean difference from pneumotachograph (bias) <sup>b</sup> L/min	95% limits of agreement L/min
Mini-Wright peak flow meter	30	175	54 to 296
Assess peak flow meter	30	95	37 to 152
SpiroUSB spirometer	30	115	-8 to 239
Microlab spirometer	30	112	-8 to 233

<sup>a</sup> Number of measurements contributing to analysis

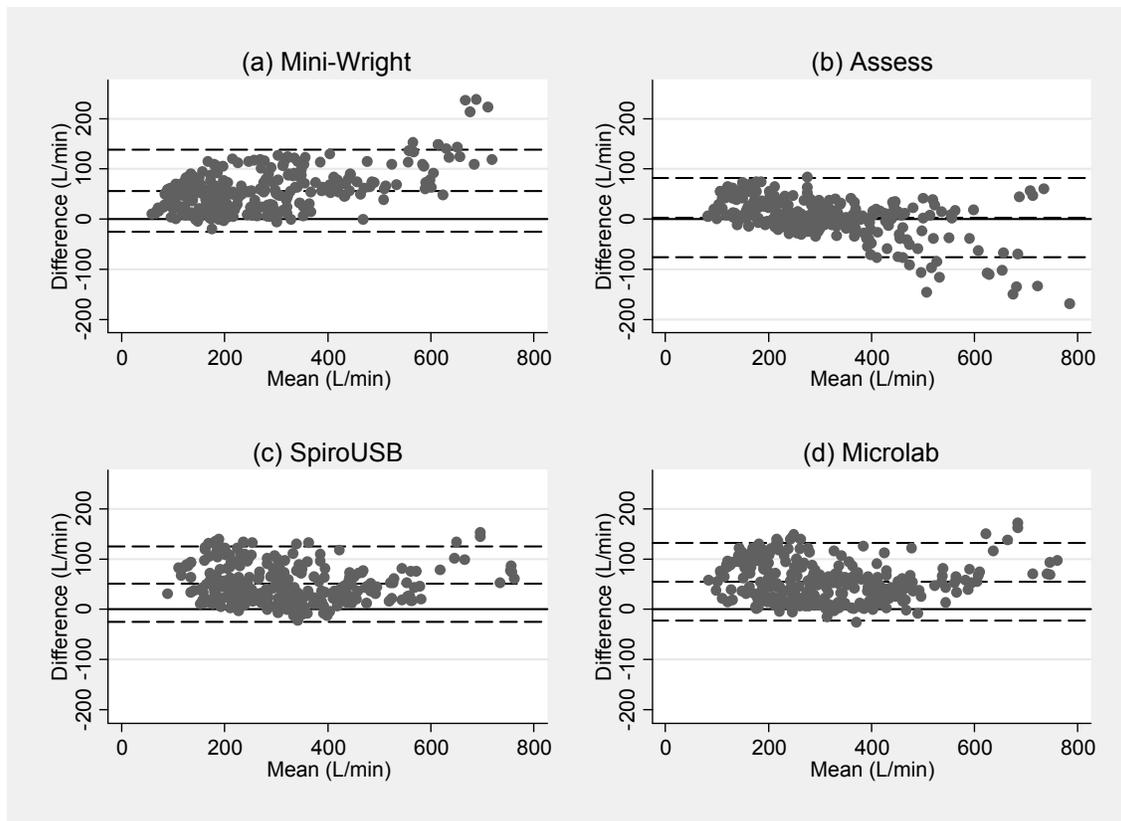
<sup>b</sup> Differences are calculated as pneumotachograph measurements minus alternative device measurements

**Table 5.** Forced expiratory manoeuvres from healthy volunteers: Agreement between peak flow measurements (Bland-Altman method of analysis) comparing four clinical flow measurement devices with the pneumotachograph measurement system.

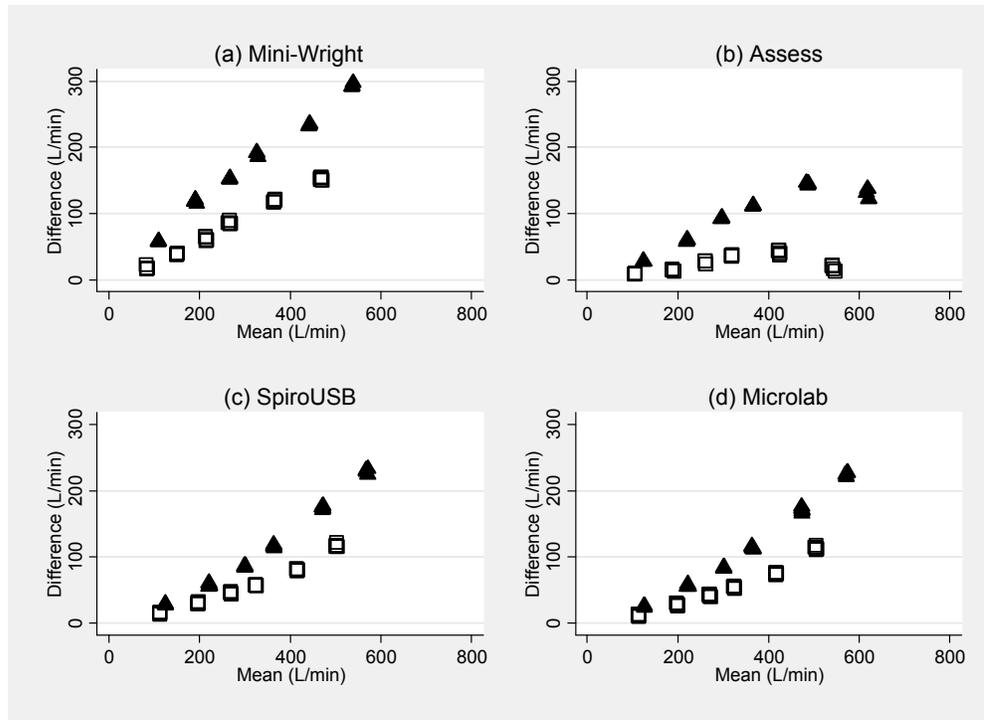
Measurement device	n <sup>a</sup>	Mean difference from pneumotachograph (bias) <sup>b</sup> L/min	95% limits of agreement L/min
Mini-Wright peak flow meter	200	41	-6 to 89
Assess peak flow meter	200	24	-22 to 70
SpiroUSB spirometer	200	14	-29 to 58
Microlab spirometer	200	12	-44 to 69

<sup>a</sup> Number of measurements contributing to analysis

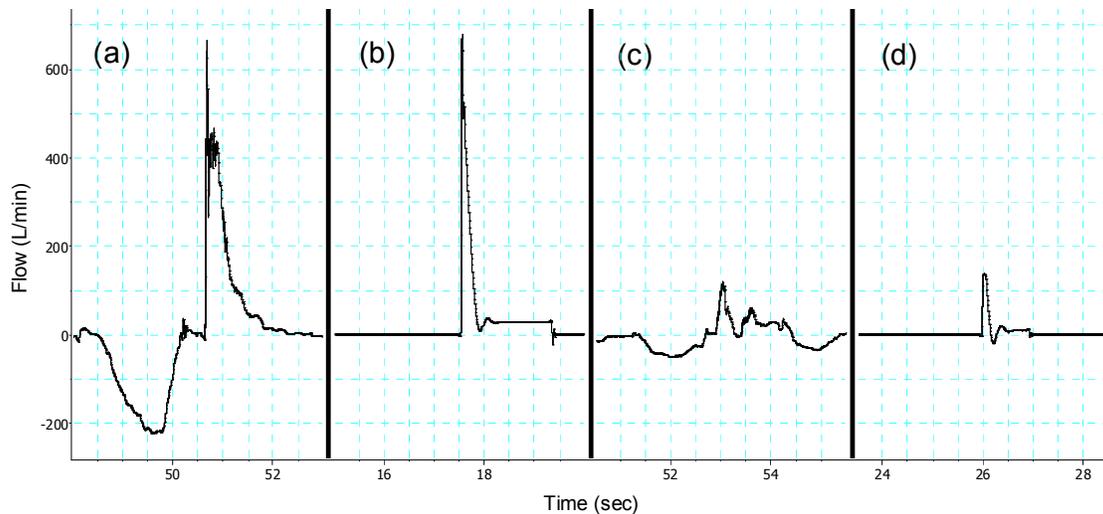
<sup>b</sup> Differences are calculated as pneumotachograph measurements minus alternative device measurements



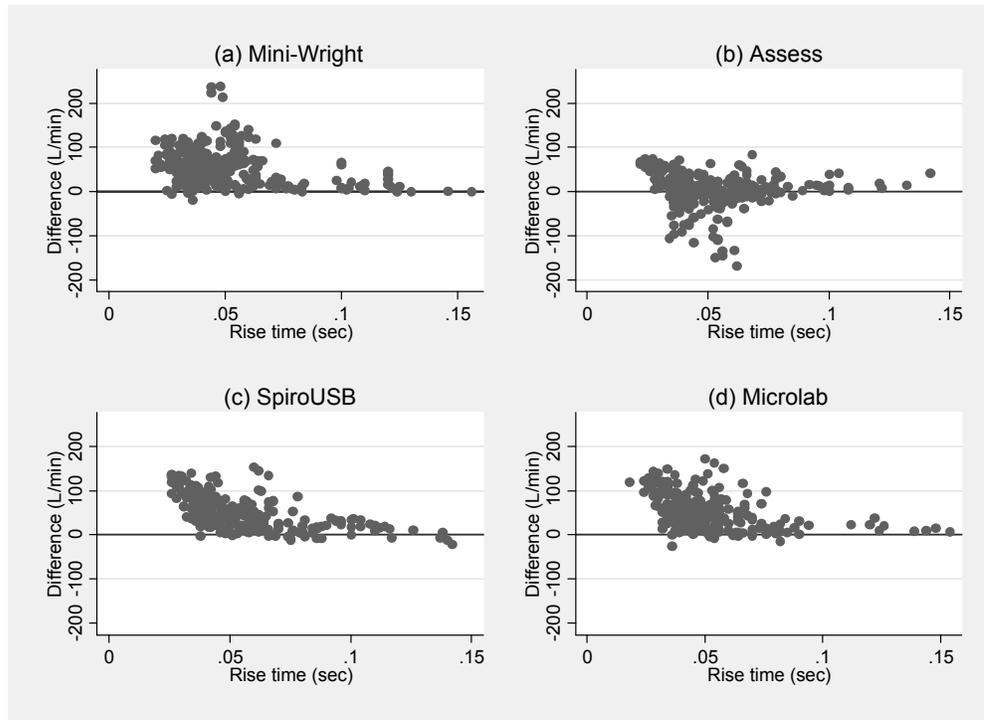
**Figure 1.** Coughs by healthy volunteers: Bland-Altman graphs of the agreement in measuring peak cough flow (L/min) between the pneumotachograph measurement system and (a) the Mini-Wright peak flow meter, (b) the Assess peak flow meter, (c) the SpiroUSB spirometer and (d) the Microlab spirometer. The difference between two measurements (pneumotachograph – alternative device) is plotted against the mean of two measurements. Solid lines indicate the lines of equality (no difference between measurements). Three dashed lines indicate the mean difference between measurements (bias) and the upper and lower 95% limits of agreement (bias  $\pm$  1.96SD).



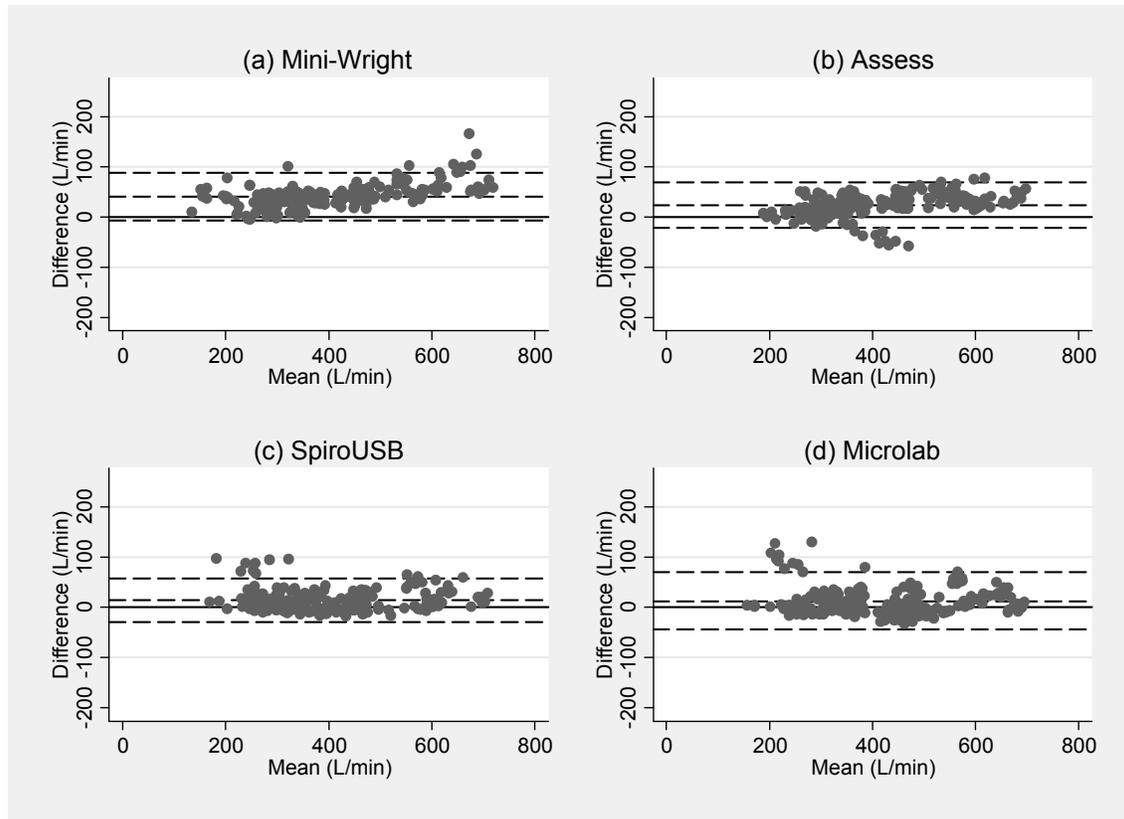
**Figure 2.** Mechanically generated flow waves: Agreement in measuring peak flow (L/min) between pneumotachograph and (a) Mini-Wright peak flow meter, (b) Assess peak flow meter, (c) SpiroUSB spirometer and (d) Microlab spirometer. The difference between two measurements (pneumotachograph – alternative device) is plotted against the mean of two measurements. Shown are the differences with pneumotachograph and alternative device connected in series (square markers); and measurements made with the instruments in isolation (triangular markers).



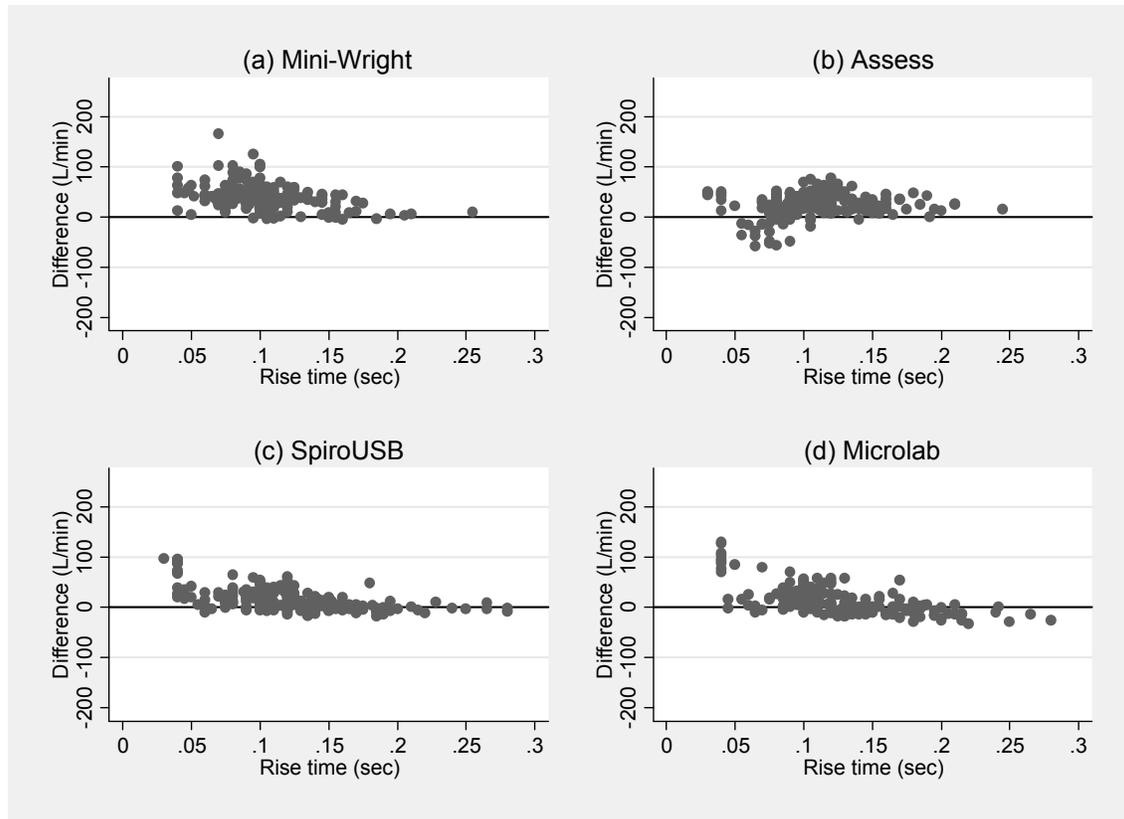
**Figure 3.** Examples of flow-time plots showing human coughs and mechanically generated flow waves of corresponding peak flow. (a) Maximally effortful voluntary cough from a healthy volunteer (peak cough flow = 666 L/min, rise time = 0.05 sec, volume expelled = 3.5 L). (b) Mechanically generated flow burst (peak flow = 680 L/min, rise time = 0.03 sec, volume expelled = 1.6 L). (c) Maximally effortful voluntary cough from a subject with severely weakened cough following stroke (peak flow = 120 L/min, rise time = 0.14 sec, volume expelled = 0.4 L). (d) Mechanically generated flow burst (peak flow = 138 L/min, rise time = 0.04 sec, volume expelled = 0.2 L).



**Figure 4.** Coughs by healthy volunteers: The difference (pneumotachograph – alternative device) in measured peak cough flow (L/min) between pneumotachograph and (a) Mini-Wright peak flow meter, (b) Assess peak flow meter, (c) SpiroUSB spirometer and (d) Microlab spirometer is plotted against cough rise time (sec). Solid lines indicate the lines of equality (no difference between measurements).



**Figure 5.** Forced expiratory manoeuvres by healthy volunteers: Bland-Altman graphs of the agreement in measuring peak flow (L/min) between the pneumotachograph measurement system and (a) the Mini-Wright peak flow meter, (b) the Assess peak flow meter, (c) the SpiroUSB spirometer and (d) the Microlab spirometer. The difference between two measurements (pneumotachograph – alternative device) is plotted against the mean of two measurements. Solid lines indicate the lines of equality (no difference between measurements). Three dashed lines indicate the mean difference between measurements (bias) and the upper and lower 95% limits of agreement (bias  $\pm$  1.96SD).



**Figure 6.** Forced expiratory manoeuvres by healthy volunteers: The difference (pneumotachograph – alternative device) in measured peak flow (L/min) between pneumotachograph and (a) Mini-Wright peak flow meter, (b) Assess peak flow meter, (c) SpiroUSB spirometer and (d) Microlab spirometer is plotted against rise time (sec). Solid lines indicate the lines of equality (no difference between measurements).