



Review

Nature-based solutions as enablers of circularity in water systems: A review on assessment methodologies, tools and indicators

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ABSTRACT

Water has been pushed into a linear model, which is increasingly acknowledged of causing cumulative emissions of pollutants, waste stocks, and impacting on the irreversible deterioration of water and other resources. Moving towards a circular model in the water sector, the configuration of future water infrastructure changes through the integration of grey and green infrastructure, forming Nature-based Solutions (NBS) as an integral component that connects human-managed to nature-managed water systems. In this study, a thorough appraisal of the latest literature is conducted, providing an overview of the existing tools, methodologies and indicators that have been used to assess NBS for water management, as well as complete water systems considering the need of assessing both anthropogenic and natural elements. Furthermore, facilitators and barriers with respect to existing policies and regulations on NBS and circularity have been identified. The study concludes that the co-benefits of NBS for water management are not adequately assessed. A holistic methodology assessing complete water systems from a circularity perspective is still needed integrating existing tools (i.e. hydro-biogeochemical models), methods (i.e. MFA-based and LCA) and incorporating existing and/or newly-developed indicators.

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| Abbreviations | | | |
|---------------|--------------------------------------|-------|--------------------------------------|
| BCR | Benefit Cost Ratio | MCA | Multi-criteria Analysis |
| BOD | Biochemical Oxygen Demand | MCI | Material Circularity Indicator |
| CBA | Cost-Benefit Analysis | MFA | Material Flow Analysis |
| CE | Circular Economy | MFCA | Material Flow Cost Accounting |
| CEA | Cost-Effectiveness Analysis | MSA | Multi-Sectoral Systems Analysis |
| CEIP | Circular Economy Indicator Prototype | NBS | Nature-based Solutions |
| CET | Circular Economy Toolkit | NPV | Net Present Value |
| DWTP | Drinking Water Treatment Plant | PP | Payback Period |
| EbA | Ecosystem-based Adaptation | RSA | Regionalized Sensitivity Analysis |
| ESS | Ecosystem Services | SFA | Substance Flow Analysis |
| GHG | Greenhouse Gas | SS | Suspended Solids |
| GI | Green Infrastructure | SuDS | Sustainable Drainage Systems |
| GIS | Geographic Information System | SWB | Soil Water Balance |
| H2HA | Harvest to Harvest Approach | TM | Territorial Metabolism |
| IAS | Individual Appropriate Systems | UHA | Urban Harvest Approach |
| LCA | Life Cycle Assessment | UWM | Urban Water Metabolism |
| LCC | Life Cycle Costing | UWWTD | Urban Wastewater Treatment Directive |
| LCCA | Life Cycle Cost Analysis | WSUD | Water Sensitive Urban Design |
| | | WTP | Willingness to Pay |
| | | WWTP | Wastewater Treatment Plant |

1. Introduction

Water plays a critical role in human well-being, socio-economic development, as well as in sustainable ecosystem services (UNEP, 2009). Water is itself the most valuable and universal resource and at the same time, water contains nutrients and water is viewed as a carrier of energy thus, water systems intersect with all sections of society, industry and the natural environment (IWA, 2016; Arup et al., 2018). Over the past years, the increased stress on limited water resources has reached a critical level, in terms of both reduced water availability and jeopardized water quality (Sgroi et al., 2018). The ecosystems could not function without sufficient water supplies of appropriate quality, making water scarcity a key stressor in many ecosystems (Voulvoulis, 2018). On top, global demand for water is expected to exceed viable resources by 40% by 2030, if we continue business as usual (Wintgens et al., 2016). Therefore, the challenge is to meet or manage the competing demand for water, to minimize the damage to the environment and to regenerate the natural ecosystems (WWAP, 2018).

Water in nature represents one big cycle maintained by natural processes (e.g. precipitation, infiltration, evapotranspiration, condensation, etc.), which is interrupted by urbanization and by man-made water systems. Therefore, water has been pushed into the linear model of “take-make-consume and dispose”, which is economically unsustainable and causes a successive degradation of water quality as water travels through the system (Stuchtey, 2015). In response to the linear pattern of growth, the adoption of the circular economy (CE) model is proposed that decouples economic growth and development from the consumption of finite sources (Murray et al., 2017; Babbitt et al., 2018; Hofmann, 2019). In order to deploy and enhance circularity, a number of studies have focused on identifying priority areas of action (Hislop and Hill, 2011; EC, 2015a; EMF, 2017; EMF and WEF, 2017; EMF, 2018; EMF and Arup, 2019). Water was identified as one of the key priority resources by Hislop and Hill (2011). The rest of the working groups mainly focus on the consumer goods sector mentioning the preservation of water, but the importance of closing the water loops is not well addressed. Single indicators assessing the circularity of

products – either qualitative or quantitative – have been developed in various academic studies. The portfolio includes the Circular Economy Toolkit (CET) (Evans and Bocken, 2013); the Material Circularity Indicator (MCI) (EMF and Granta Design, 2015); the Circular Economy Indicator Prototype (CEIP) (Griffiths and Cayzer, 2016); the Longevity Indicator (Franklin-Johnson et al., 2016); and an economic value-based circularity metric (Linder et al., 2017). These indicators focus on the technical cycles, while disregarding the biological cycles, which are of major importance in the water sector. They target at materials preservation with strategies, such as recycling, which is only one aspect of circularity and even misleading in the water sector. Water cannot be “manufactured” by recycled materials as water is a raw material itself. Thus, preservation of materials can only be applied in the drinking water treatment plants (DWTPs) and wastewater treatment plants (WWTPs) in order to recover nutrients, salts and metals that can be used in other interconnected systems, such as agriculture and industry. These strategies are good for preserving raw materials stocks but the preservation of water stocks is poorly addressed. On the other hand, Pauliuk (2018) proposed a dashboard of new and established indicators – based on material flow analysis (MFA), material flow cost accounting (MFCA) and life cycle assessment (LCA) – to assess five main characteristics, i.e. restore, regenerate, maintain utility, maintain financial value, and maintain nonfinancial value, as well as four complementary characteristics, i.e. resource efficiency, climate, energy, and sufficiency.

In the water sector, three reports have been published up to date (i.e. Stuchtey, 2015; IWA, 2016; Arup et al., 2018), conceptually describing what should be considered in order to create circular water systems. They highlight the importance of establishing different water functionalities (e.g. consumptive and non-consumptive water, water as a durable) that would enable the balance between water withdrawals and return flows; the consideration of water, materials and energy pathways in order to create synergies within and outside the water sector. The need for an integrated urban resource management is also highlighted, looking at the water cycle “from catchment to consumer and back to catchment”, following a systems approach that reveals

interconnections between the human-managed and nature-managed systems. At the core of circular water systems lies the realization of the three principles identified by Arup et al. (2018), i.e. “Design out waste externalities”, “Keep resources in use” and “Regenerate natural capital”. However, to the best of our knowledge this approach has not yet been applied into practice for developing an assessment methodology for circular water systems.

The transition to circular water systems requires the redesign of the water infrastructure, the utilization of recent developments in technology and the integration of nature-based ecosystems to the grey infrastructure (i.e. hybrid infrastructure) (O’Hogain and McCarton, 2018). Existing concepts and approaches using and enhancing nature, such as ecosystem-based adaptation (EbA), green infrastructure (GI), ecosystem services (ESS) and nature-based solutions (NBS), have gained momentum as they tackle challenges (e.g. climate mitigation and adaptation, water management, degradation and loss of natural capital, disaster risk reduction, etc.) in a more sustainable way, compared to the conventional hard engineering. While all four concepts share the common principle of multifunctionality, NBS can be considered as an umbrella to the other concepts with a strong solution-oriented focus and biodiversity lying at its core (Pauleit et al., 2017). Up to date, several definitions have been applied to describe NBS, e.g. the definitions provided by EC, 2015b; Cohen-Shacham et al. (2016); Raymond et al. (2017); O’Hogain and McCarton (2018); Langergraber et al. (2019a). According to them, NBS should be cost-effective, resource efficient and locally adapted. NBS are systemic interventions that bring more, and more diverse, nature and natural features and processes. They address either a specific problem (i.e. societal challenge) or multiple challenges and simultaneously provide environmental, social and economic benefits, such as biodiversity, climate change mitigation and adaptation, resilience, human well-being etc. While CE seeks to reduce environmental stress of socio-economic activities, NBS have the potential to enhance environmental and ecological status and to address human demand for natural resources. NBS can restore the crucial natural processes – by changing the fluxes of water, sediment, nutrients and pollutants – that drive the water cycle and thus, return the circularity to the water systems. NBS are also capable of resources’ recovery from water, like nutrients, which fits in the natural water and nutrients cycles facilitating the transition from open to closed-loops. Therefore, the synergies fostered between the two concepts bring NBS to the forefront of enabling the realization of circular water systems.

This study is conducted in order to shed light on the assessment of circular water systems and the integration of NBS as enablers to water circularity, by addressing two main questions. What are the main parameters that should be considered in circular water systems (i.e. Section 2)? And what methods could be deployed in order to holistically assess the circularity of water systems? Considering that NBS can be used as means to integrate nature to human-managed systems, a thorough investigation on the current state of NBS is carried out. This is followed by a literature review on the assessment methodologies that have been applied to evaluate their performance, including indicators that have been used/developed as metrics of performance (i.e. Section 3). Current regulations and policies that act as barriers or facilitators for implementing NBS are also reviewed (i.e. Section 4). The third part (i.e. Section 5), reviews existing tools, methods and indicators for assessing the performance of water systems and elaborates on their suitability to evaluate key circularity aspects. The last part (i.e. Section 6) concludes on what methods and indicators can be used and what is still missing in order to holistically assess the circularity of water systems.

2. Circularity in water systems – what needs to be measured?

In view of the lack of a water circularity definition, the white papers of Stuchtey (2015), IWA (2016) and Arup et al. (2018) are considered in this study, to understand what needs to be measured for assessing circularity in water systems. The three principles of “Regenerate natural capital”, “Keep resources in use” and “Design out waste externalities” should be assessed, following the water, energy and materials/nutrients pathways. The three principles indicate the requirement of a systems approach as well as the consideration of the interactions between natural and human-managed systems. Water-related human-managed systems encompass various socio-economic sectors, i.e. urban water sector, agricultural/food sector, energy sector, and industrial sector, with agriculture and industries accounting for the highest global water withdrawals (FAO, 2016). Therefore, water circularity needs to consider all water users and not being managed at a sectoral level. To this extent, water circularity can only be achieved in a multi-sectoral system, including both human-managed and nature-managed systems. Natural and anthropogenic water cycles should be closed and symbiotic management of resources be promoted, avoiding burden shifting both from one sector to the other, but also from the anthroposphere to the environment. To achieve and assess water circularity, the goals of the different CE principles are explained:

The goal of the “Regenerate natural capital” principle is to ensure functional environmental flows and stocks, by reducing the anthropogenic water uses, preserving and enhancing ecosystems, and ensuring minimum disruptions from human interactions and use. In order to assess this principle, selected assets of ecological integrity and of regulating, provisioning and cultural ecosystem services are proposed to be considered. Ecological integrity targets at reducing water and nutrient loss, and storage capacity of nutrients and water (i.e. soil nutrient retention, soil organic matter, soil water storage). Regulating ecosystem services are targeted at climate regulation (i.e. sources and sinks of GHGs), groundwater recharge and nutrient regulation. Provisioning ecosystem services target at crops, livestock and fodder, while cultural ecosystem services focus on recreation and aesthetic values.

The goal of “Keep resources in use” principle is actually to close the water and water-related materials and energy loops within the system. It can be achieved by optimizing resource yields, optimizing energy and resource extraction, and by maximizing recycling and reuse. Recirculation of resources to close the loops requires sufficient quantity of the reused resources and suitable quality to meet the internal demands, which would result in a reduction of the amount of resources that are abstracted from the nature and the amount of returning flows.

The “Design out waste externalities” principle focuses on both the reduction of waste and the economic efficiency of the system, i.e. the costs of reducing waste by one unit is equal to the economic and environmental benefits of having one less unit of waste. The reduction is achieved by taking actions to achieve the “keep resources in use” principle, while the remaining waste (i.e. gaseous, liquid and solid) has impacts on the environmental system, affecting the “regeneration of natural capital” principle. Therefore, the environmental impacts, the avoided negative environmental impacts and the economic benefits and costs need to be considered in the assessment.

All three CE principles can be achieved by modifying current systems and grey infrastructure. While classical grey infrastructure can be designed to enhance water reuse and resources recovery, it differs significantly from the concept and paradigm of NBS. NBS are using natural processes, i.e. they work with nature, while grey

systems (infrastructure) use additional energy to achieve circularity. Introducing NBS to urban water management naturally enhances circularity of the urban water system, hence shifts the urban water management into CE. Water in the CE should be placed without unnecessary additional energy use, which for the modification of the existing grey water infrastructure would be inevitable. In particular, the implementation of NBS can lead not only to modifications, but rather to new (hybrid) systems, more sufficiently applying the three principles. For example, constructed wetlands treating road runoff will prevent pollution of water bodies, recharge groundwater and increase biodiversity. Wetland roofs will collect and treat rainwater to be used for non-potable domestic purposes, while simultaneously acting as a natural “air conditioning” that is cost-effective and resource efficient. Therefore, NBS by exploiting their multifunctionality can facilitate the transition to circular water systems. The implementation of a single NBS may simultaneously obtain multiple co-benefits related to circularity and achieve the same result with traditional grey infrastructure, where multiple mono-functional engineering solutions are required. Additionally, the fact that NBS interconnect nature-managed to human-managed systems leads to their consideration as a key element to identifying methods to holistically assess circularity of water systems.

Any water circularity assessment can be undertaken at three different scales, i.e. micro (single components), meso (inter-connected components forming a system) and macro (catchment, city, region, or national). Assessment methodologies at any scale need to take into consideration the other scales of assessment as well, in order to add significant value and become applicable. Therefore, the interlinkages that the analyzed system has with other systems and scales needs to be considered as well, by providing the information required for the assessment at higher scales. Fig. 1, which illustrates how the information obtained from the assessment at a small scale provides feedback to the next assessment scale until the puzzle of water circularity of a basin is completed.

The puzzle diagram is followed in the present review of the currently available methodologies assessing NBS (at different scales) and water systems, in order to identify the “required information” that would shed light on how to assess water circularity.

3. NBS enabling circularity in water systems – systematic literature review

A systematic literature review was conducted to identify the current state of NBS to enhance circularity of water systems, targeting at publications from scientific journals identified from the databases of Scopus and Science Direct. The key words that were selected – i.e. “nature-based solution”, “water”, “water system”, “circular economy”, “circularity”, and “assessment” – were used in multiple combinations (as presented in Fig. 2) and the search (conducted throughout the whole text) was expanded to all article types. Among the identified papers, 323 studies were categorized based on the main societal challenge to be tackled and their numerical proportions are illustrated in the pie diagram of Fig. 2.

The connection of NBS to the concept of circularity, especially in water systems, is not well addressed by the researchers (bar chart results). Additionally, the pie diagram of Fig. 2 illustrates that only 7% and 3% of the research focuses on water security and water quality, respectively.

The studies dealing with water security and water quality were analyzed to understand the extent to which they address water-related issues. The water-related studies assessing different aspects of NBS performance are summarized based on their context in Table 1.

The study of Castonguay et al. (2018) is the only one identified dealing with social aspects. This study focuses on the evaluation of different strategies for technology adoption to help decision-making by simulating the interactions of regulatory bodies and households within an agent-based model, integrating economic and environmental factors. Their results indicate that using economic instruments alone may have been insufficient to promote

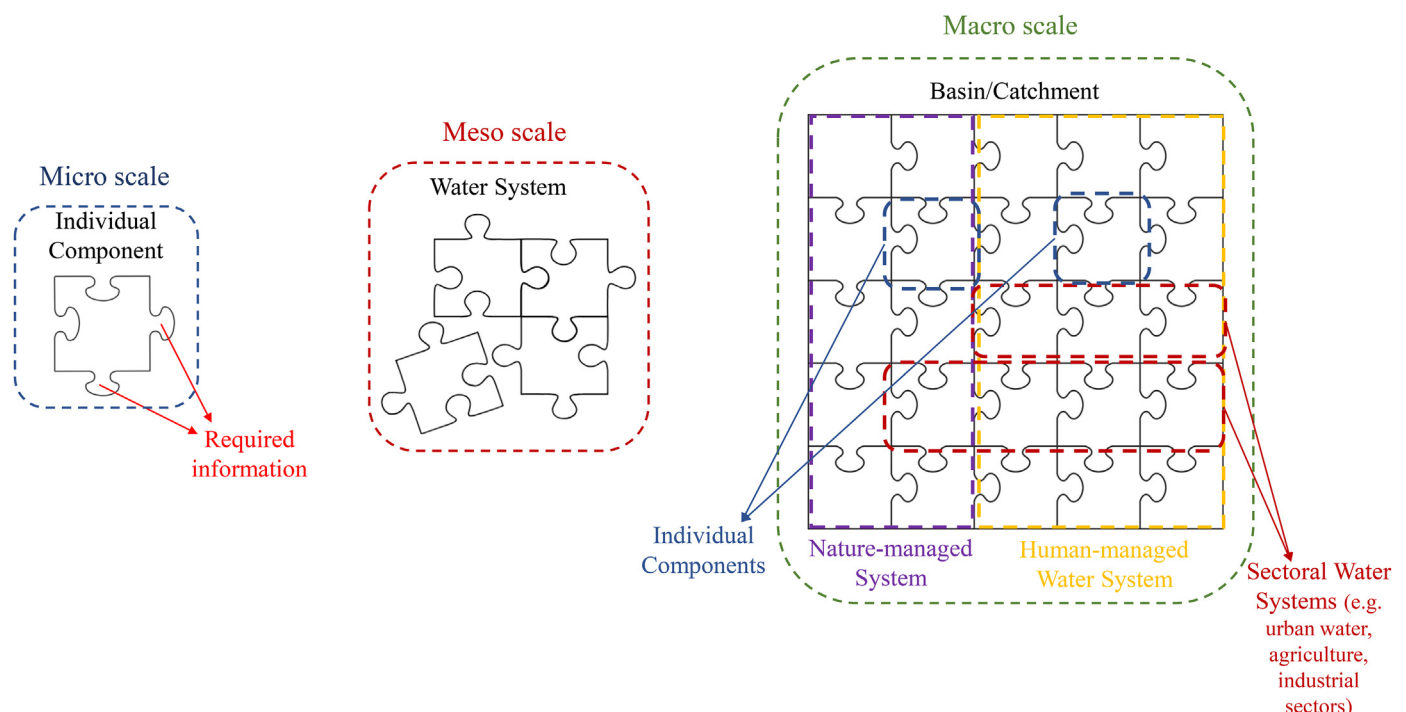


Fig. 1. Puzzle diagram of different assessment scales.

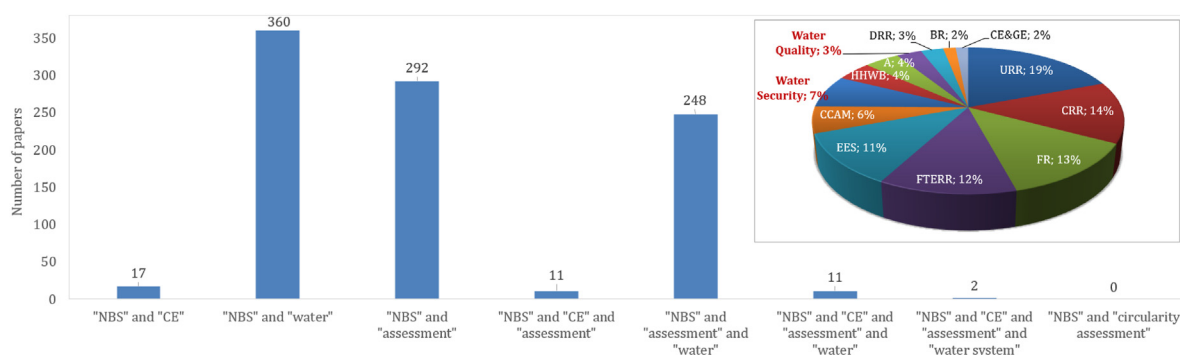


Fig. 2. The focus of the research in the area of CE, NBS, assessment and water; and distribution of the main societal challenges among the reviewed studies (pie diagram). Acronyms: URR – Urban Regeneration and Resilience, CRR – Coastal Resilience and Restoration, FR – Flood Risk, FTERR – Freshwater and Terrestrial Ecosystem restoration and Resilience, EES – Enhancement of Ecosystem Services, CCAM – Climate Change Adaptation and Mitigation, HHWB – Human Health and Well-being, A – Agriculture, DRR – Disaster Risk Reduction, BR – Bioremediation, CE&GE – Circular and Green Economy.

Table 1
Categorization of the identified water-related studies based on their context.

| | Water Security | Water Quality/*Water Quality+ | Water Quality & Flood Risk/*+ | Water Quality & Reuse/*+ | Water Quantity & Quality | Water Supply Regulation |
|------------------------------|----------------------|--|--|-----------------------------|--------------------------|-------------------------|
| Social aspects | | Castonguay et al. (2018) | | | | |
| Economic aspects | | | Reynaud et al. (2017) | | Reddy et al. (2015) | Vogl et al. (2017) |
| Scenario analysis | Boelee et al. (2017) | | Zhang et al. (2019) | | | |
| Environmental sustainability | | Garfi et al. (2017) | | | | |
| Effectiveness | | *Hernández-Crespo et al. (2017); Geronimo et al. (2019); Haddis et al., 2020; *Krzeminski et al. (2019) | *Chow et al. (2014); *Liquete et al. (2016); *Li et al. (2017a); Jurczak et al. (2018); *Masseroni et al. (2018); *Radinja et al. (2019) | *Licciardello et al. (2018) | | |
| Optimization | | Andrés-Doménech et al. (2018); Cáceres et al. (2018) | Moezzibadi et al. (2019) | | | |
| Groundwater accounting | | | | | Bricker et al. (2017) | |

*+ indicates the papers that use multiple criteria in their analysis.

the adoption of rainwater tanks, and that water restrictions have had a major impact on the uptake. Additionally, the study of Reynaud et al. (2017) used a contingent valuation approach to estimate the willingness to pay (WTP) of households to different multipurpose infrastructures (conventional or green) for managing flood and water pollution. They concluded that there is an excessive willingness to pay for green infrastructure in comparison to conventional systems. The WTP in this study was influenced by people’s income and their visits from Gorla Maggiore Water Park.

The optimization of certain parameters of stormwater and wastewater treatment systems (including NBS) to improve their design has been performed in three studies. Andres-Domenech et al. (2018) considered runoff characterization and volume and rainfall depth to improve the design of source control systems. Cáceres et al. (2018) developed a statistical tool to select the most adequate withdrawal depth for optimizing the wastewater treatment processes. Moezzibadi et al. (2019) evaluated the filtering performance – related to suspended solids loads – of constructed wetlands to improve their design.

The technical evaluation of the NBS has been performed in the studies of Hernandez-Crespo et al. (2017), Geronimo et al. (2019), Haddis et al., 2020, Krzeminski et al. (2019), Jurczak et al. (2018), Masseroni et al. (2018), and Licciardello et al. (2018). These studies consider water quality parameters and/or water retention capacity as the main aspects of their evaluation, including in some cases

costs (Licciardello et al., 2018; Masseroni et al., 2018; Krzeminski et al., 2019) and biodiversity (Hernández-Crespo et al., 2017, Hernandez-Crespo et al., 2017). However, the scope of these studies is narrow – focusing on the technical performance or the design optimization – and they do not assess holistically the proposed solutions (e.g. potential co-benefits are excluded from the evaluation).

The studies of Chow et al. (2014), Liquete et al. (2016), Boelee et al. (2017), Bricker et al. (2017), Garfi et al. (2017), Li et al. (2017), Radinja et al. (2019) and Zhang et al. (2019) were identified as more relevant for the purpose of this work. They either deploy a more holistic assessment or consider aspects relevant to assess water circularity (sub-section 3.1). The studies considering economic aspects of NBS are analyzed in sub-section 3.2.

3.1. Methodologies and indicators assessing NBS for water circularity

The eight studies identified in the previous section are categorized based on the methods that they deploy for assessment – i.e. water balance, LCA, modeling and combination of different tools. The indicators developed/used in the reviewed studies are presented in Table 2 and they are compared to the different water management aspects identified in EKLIPSE framework (Table 2) developed by Raymond et al. (2017). The sufficiency of the different

Table 2
List of indicators used in the reviewed studies and their comparison to the water management criteria identified in the EKLIPSE framework.

| Study | Applied indicators | Water management criteria identified in the EKLIPSE framework | | | | | | | | | | | | | | | |
|----------------------|---|---|----------------------|---|---|---|---|-----------------------|------------------------|--------------------------------------|--|-----------------------------|--|---------------------------------------|--|-----------------------|----------------------------------|
| | | Runoff reduction | Flood peak reduction | Reduction of load from runoff into sewerage systems | Reduction of risk of flooding from flush-floods | Reduction of costs related to loads into sewerage systems | Reduction of risk of flooding from rivers | Infiltration increase | Water storage increase | Water retention capacity enhancement | Risk reduction of damages from drought | Evapotranspiration increase | Risk reduction from urban heat island effect | Human health & well-being improvement | Water quality improvement and pollutants reduction | Biodiversity increase | Carbon storage capacity increase |
| Bricker et al., 2017 | – | | | | | | | ✓ | ✓ | | | | | | | | |
| Garfi et al., 2017 | Metal depletion | | | | | | | | | | | | | | | | |
| | Climate change | | | | | | | | | | | | | | | | |
| | Terrestrial acidification | | | | | | | | | | | | | | | | |
| | Marine eutrophication | | | | | | | | | | | | | | | | |
| | Fossil depletion | | | | | | | | | | | | | | | | |
| | Ozone depletion | | | | | | | | | | | | | | | | |
| Boelee et al., 2017 | Mean species abundance | | | | | | | ✓ | ✓ | | | | | | ✓ | ✓ | |
| Zhang et al., 2019 | Flow reduction | | ✓ | | | | | | | | | | | | | | |
| | TSS, TP & TN load reduction | | | | | | | | | | | | | | ✓ | | |
| Liquete et al., 2016 | Peak flow reduction | | ✓ | | | | | | | | | | | | | | |
| | Reduction of flooding downstream | | | | | | ✓ | | | | | | | | | | |
| | No. of visitors/users | | | | | | | | | | | | | ✓ | | | |
| | Frequency of visits | | | | | | | | | | | | ✓ | | | | |
| | Load reduction of dissolved organic carbon | | | | | | | | | | | | | | ✓ | | |
| | Load reduction of nitrogen | | | | | | | | | | | | | | ✓ | | |
| | Biodiversity | | | | | | | | | | | | | | | ✓ | |
| | Landscape diversity (Shannon's diversity index) | | | | | | | | | | | | | | | ✓ | |
| | Value of wood | | | | | | | | | | | | | | | | |
| | Total construction costs | | | | | | | | | | | | | | | | |
| | Total maintenance costs | | | | | | | | | | | | | | | | |

aspects considered in the studies to holistically assess NBS for water management and their potential contribution to circularity of water systems are investigated.

A water balance method is used in the study of [Bricker et al. \(2017\)](#) that presents a vision exercise to study the impacts of different interventions on groundwater balance at city level. Water balance can be used to assess the increase in infiltration and water storage, which is one of the main considerations when assessing NBS for water management according to EKLIPSE framework ([Table 2](#)). However, this study does not apply a holistic assessment methodology as only one aspect (i.e. groundwater storage) is evaluated. The study of [Bricker et al. \(2017\)](#) is the only one identified – among the studies analyzed in this section – that deploys a semi-quantitative water balance approach to investigate how specific interventions impact water systems, considering both anthropogenic and natural water flows. The consideration of mass balances from a circularity perspective (i.e. to close the water loops) are of major importance and similar studies are reviewed in [Section 5](#).

LCA is used by [Garfi et al. \(2017\)](#) to assess the environmental impacts of a conventional infrastructure and two NBS technologies as alternatives for wastewater treatment in small communities. The indicators used for the assessment are presented in [Table 2](#). One of the strongest advantages of LCA is the fact that it is a standardized and well-established method for the evaluation of the environmental impacts for the entire life cycle of a product, process, or service ([ISO, 1997](#); [Hertwich, 2005](#)) and it is widely used to compare the environmental sustainability of different water technologies (e.g. [Pan et al., 2011](#); [Manso et al., 2018](#); [Guertin et al., 2019](#); [Pan et al., 2019](#); [Oquendo-Di Cosola et al., 2020](#)). However, when it comes to the assessment of NBS following the EKLIPSE framework ([Table 2](#)), none of the highlighted considerations can be addressed using LCA. There are three main constraints. Firstly, the high level of abstraction associated with the LCA results leads to potential rather than actual impacts, thus there is a generalization of the LCA impacts that do not refer to specific cases ([Pizzol et al., 2015](#); [Bai et al., 2018](#)). NBS on the other hand should be “locally

| | | | | | | | | | | | | | | | | | | | |
|-------------------------------|---|---|---|--|---|--|--|---|---|---|--|--|--|--|--|--|---|---|---|
| | Load reduction of dissolved organic carbon | | | | | | | | | | | | | | | | ✓ | | |
| | Load reduction of nitrogen | | | | | | | | | | | | | | | | ✓ | | |
| | Biodiversity | | | | | | | | | | | | | | | | | ✓ | |
| | Landscape diversity (Shannon's diversity index) | | | | | | | | | | | | | | | | | ✓ | |
| | Value of wood | | | | | | | | | | | | | | | | | | |
| | Total construction costs | | | | | | | | | | | | | | | | | | |
| | Total maintenance costs | | | | | | | | | | | | | | | | | | |
| Chow et al., 2014 | Increased water reuse | | | | | | | | ✓ | ✓ | | | | | | | | | |
| | Reduced floodplain | | | | | | | ✓ | | | | | | | | | | | |
| | Reduced runoff volume | ✓ | | | | | | | | | | | | | | | | | |
| | Improved water quality | | | | | | | | | | | | | | | | | ✓ | |
| | Reduced energy use | | | | | | | | | | | | | | | | | | |
| | Reduced carbon | | | | | | | | | | | | | | | | ✓ | | |
| | Improved air quality | | | | | | | | | | | | | | | | ✓ | | |
| | Creation of new habitats | | | | | | | | | | | | | | | | | | ✓ |
| | Capital expenditure | | | | | | | | | | | | | | | | | | |
| | Operational expenditure | | | | | | | | | | | | | | | | | | |
| | Land-take costs | | | | | | | | | | | | | | | | | | |
| | Reduced water bills | | | | | | | | | | | | | | | | | | |
| | Increased house price | | | | | | | | | | | | | | | | | | |
| | Reduced treatment cost | | | | | | | | | | | | | | | | | | |
| | Electricity savings | | | | | | | | | | | | | | | | | | |
| | Natural gas savings | | | | | | | | | | | | | | | | | | |
| | Avoided cost of CO ₂ | | | | | | | | | | | | | | | | | | |
| Avoided cost of Amenity value | | | | | | | | ✓ | | | | | | | | | | ✓ | |
| | Runoff volume reduction | ✓ | | | | | | | | | | | | | | | | | |
| | Peak discharge reduction | | | | | | | | | | | | | | | | | | ✓ |
| Li et al., 2017a | Flood peak retardation | | ✓ | | | | | | | | | | | | | | | | |
| | Pollution reduction (SS, COD, TN, TP) | | | | | | | | | | | | | | | | | ✓ | |
| | Civil construction costs | | | | | | | | | | | | | | | | | | |
| | Maintenance charge | | | | | | | | | | | | | | | | | | |
| | Utilization of rainwater | | | | | | | | | | | | | | | | | ✓ | |
| | Landscape value | | | | | | | | | | | | | | | | | ✓ | |
| Radinja et al., 2019 | Ecological function | | | | | | | | | | | | | | | | ✓ | | ✓ |
| | Reduction of combined sewer overflow (CSO) | | | | ✓ | | | | | | | | | | | | | | |
| | Amenity | | | | | | | | | | | | | | | | | ✓ | |
| | Biodiversity | | | | | | | | | | | | | | | | | | ✓ |
| | Feasibility | | | | | | | | | | | | | | | | | | |

✓: directly addressed; ✓: indirectly addressed

adapted”, mandating environmental evaluations to be tailored to local environments. Secondly, LCA focuses more on the environmental costs (e.g. biodiversity loss) rather than the environmental gains (e.g. carbon sequestration) (Rugani et al., 2019). Thirdly, the consideration of feedback loops between processes across the anthropogenic and the natural environment are generally neglected in LCA (Weidema et al., 2018). This means that the effects on ecosystems driven by changes occurred in the anthropogenic systems are not considered, which further neglects the consideration of the effects of those changes back to the anthropogenic systems, underestimating the actual load of the life cycle impacts. Therefore, LCA is very useful for comparing alternative solutions but not for assessing actual environmental impacts and the interconnections between natural and human-managed systems.

Modeling projected scenarios are deployed in the studies of Boelee et al. (2017) and Zhang et al. (2019) to assess the

performance of NBS under future climatic conditions. Boelee et al. (2017) developed a model to evaluate the performance of alternative scenarios to address simultaneously water management challenges (i.e. water shortages, pollution, deterioration of aquatic ecosystems) and biodiversity loss, under future projections in terms of urbanization, climate change and increasing demands for food production and hydropower. Zhang et al. (2019) used a model to examine the implications of climate change on future rainfall and evaluate the reliability of Water Sensitive Urban Design (WSUD) stormwater infrastructure in pollution reduction, flow frequency mitigation and reliability as an alternative water supply. Both studies are able to address some of the key points identified in the EKLIPSE framework (Table 2), under dynamic time- and spatial variations of the system. However, scenario analysis modeling is more relevant for investigating options for the future rather than the actual state of the system. Therefore, process understanding

modeling is considered more appropriate for water circularity assessment and relevant studies are reviewed in Section 5.

More holistic approaches – resulted from combination of different tools and methods – were adopted in the studies of [Liquete et al. \(2016\)](#), [Chow et al. \(2014\)](#), [Li et al. \(2017a\)](#) and [Radinja et al. \(2019\)](#). [Liquete et al. \(2016\)](#) deployed a runoff model, water quality measurements, biological samplings, surveys, satellite images, ArcGIS and Fragstat software to assess multiple environmental, economic and social benefits of a set of CWs surrounded by a park to treat the excess flow of mixed sewage and rainwater during heavy rain events. [Chow et al. \(2014\)](#) developed a systemic multi-criteria decision support framework to evaluate the design of grey/green drainage infrastructure based on quantitative measures (i.e. indicators) covering energy, environment, water quantity and quality criteria, and monetary costs and benefits. [Li et al. \(2017\)](#) developed a benefit evaluation system for low-impact development of urban stormwater management measures, based on Analytic Hierarchy Process and urban stormwater model, including environmental (i.e. water quantity and quality), economic (i.e. civil construction and maintenance costs), and social (i.e. rainwater reuse, landscape value, and ecological function) benefits. [Radinja et al. \(2019\)](#) used a framework based on hydrology-hydraulic modeling and Multi-criteria Analysis (MCA) to evaluate co-benefits (i.e. combined sewer overflow reduction, CAPEX, OPEX, amenity, biodiversity, and ownership) of Sustainable Drainage Systems (SuDS), resulting in favorable scenarios for stormwater control measures. Although these studies consider several water management criteria for their evaluations (see [Table 2](#)), water quantity – which is important to investigate the extent of closing the water loops and the enhancement of the natural water cycle – is not well addressed.

Although there is a variety of developed/used indicators among the different studies, they are not able to cover all the different aspects of water management, i.e. the water management criteria identified in the EKLIPSE framework as shown in [Table 2](#). Most of the studies focus on the main societal challenge to be addressed by NBS (i.e. water quality issues and flood risk), underestimating the enhancement of the natural environment (e.g. the natural water cycle is not considered) and many co-benefits (e.g. carbon storage capacity is not evaluated by any of the reviewed studies). Another issue is the scale of assessment. NBS are assessed as individual components (i.e. detached from the complete water system), neglecting the whole supply chain (i.e. upstream and downstream processes and flows), the systems thinking, the interconnections between these processes and feedbacks and therefore, the impacts to the natural and urban water system. A fragmented approach of understanding isolated parts of the water system increases the risk of implementing solutions that may be inefficient due to overlooking many dynamic and aggregated effects that emerge at larger scales (i.e. due to the complex interactions of the different components with their surroundings) ([Thorslund et al., 2017](#)). This may result in overestimation of the effectiveness of NBS (if assessed at small scales) but also insufficiency to assess circularity of water systems.

3.2. Methodologies and indicators economically assessing NBS

While NBS appear to be capable of addressing water management challenges and enhancing ecosystem services, the debate on how to value nature, its attributes and services in monetary terms is still open, as they are not goods directly traded in the markets ([Bockarjova and Botzen, 2017](#)). This section focuses on commonly used methods for economic evaluation of NBS – i.e. Life Cycle Cost Analysis (LCCA), Cost-Benefit Analysis (CBA), Cost Effectiveness Analysis (CEA) and Natural Capital Accounting.

LCCA is an economic assessment that accounts for all the relevant costs throughout the entire life cycle of a product, service or process, enabling the comparison between different alternatives ([Bhoye et al., 2016](#)). Life Cycle Costing (LCC) considers investment, implementation, operation, maintenance and end-of life (e.g. disposal and residual value) costs, benefits cash flows. According to the [Directive/24/EU, 2014](#) Directive 2014/24/EU (2014) it can also include costs related to environmental externalities (e.g. greenhouse gas emissions). The results of LCCA are expressed using an economic measure, e.g. net present value (NPV), benefit cost ratio (BCR), payback period (PP) and (annual) LCC. Economic assessment based on LCCA has been performed by many researchers to evaluate the economic impacts, e.g. of rainwater harvesting systems (e.g. [Roebuck et al., 2011](#); [Amos et al., 2018a](#)), green roofs (e.g. [Ziougou et al., 2018](#) – including the monetization of the avoided environmental deterioration), waste management alternatives ([Lee et al., 2020](#)), urban vegetation ([Sicard et al., 2018](#)). One of the main limitations of LCCA is that environmental and economic benefits that are not easy to be monetized (e.g. reduction in urban flooding, biodiversity increase, increased property value due to aesthetic improvement, etc.) tend to get lost, potentially prejudicing the decisions ([Amos et al., 2018b](#); [Ziougou et al., 2018](#)).

The same limitation stands for CBA, as it calculates the total costs related to a project, monetizes the obtained (environmental and social) benefits and compares the results to identify the most efficient alternative ([Hansson, 2007](#)). However, CBA is considered as one of “the most widely applied tools for economic analysis” ([Balanay and Halog, 2019](#)) and it is used to economically evaluate NBS. For example, [Feng and Hewage \(2018\)](#) used CBA to assess the payback period of green roofs in different markets, considering life cycle costs, public and individual benefits. CBA considering public and private costs and benefits was also deployed by [Reddy et al. \(2015\)](#) to assess water shortages risk of alternative scenarios (including NBS).

CEA is proposed by [Boerema et al. \(2018\)](#) as an alternative economic evaluation method for environmental management, in order to overcome the limitation of CBA of expressing benefits into explicit monetary terms. Therefore, CEA identifies the most cost-effective strategy by comparing the investment costs to achieve a specific goal (or measure of effectiveness, expressed in any unit), e.g. biodiversity conservation ([Helm and Hepburn, 2012](#)), greenhouse gas emission reduction ([MacLeod et al., 2010](#)), water provision improvement ([Yang, 2011](#)). However, in CEA each measure of effectiveness is treated separately (due to the different units), thus their integration for assessing whether the total benefits exceed the total costs is not always possible.

Natural Capital Accounting is defined by [Philips \(2017\)](#) as “a series of interconnected physical and monetary accounts that provide a structured set of information related to the stocks of natural capital and flows of services supplied by them”. Monetary accounts are referred to annual monetization of selected services, resulting in an “overall valuation of the natural asset’s ability to generate future flows of services”. For example, [Vogl et al. \(2017\)](#) discussed the importance of watersheds’ natural capital valuation increase (i.e. the cost of maintaining the natural capital in healthy watersheds that contributes to public good and private values) of the uptake and impact of investments in watershed services. Although non-market goods – such as many ecosystem services – do not have direct exchange values (i.e. the supply value equals the use value), Natural Capital Accounting is based on the concept of exchange value. Thus, the monetary valuation of non-market goods is based on estimations as “if a market existed” ([Philips, 2017](#)). Therefore, such estimated exchange values increase the uncertainty of this method.

Table 3 presents indicators that have been used in literature. While some established economic values (e.g. NPV, BCR, PP, CAPEX, OPEX) exist and are used in the studies, most indicators are case-specific. Even within the LCCA method, the LCC indicator is interpreted differently among the studies, e.g. Lee et al. (2020) consider the revenue from products, while Ziogou et al. (2018) consider the environmental cost of emissions. Especially for CBA and CAE, the costs and benefits/effectiveness measures strongly depend on the scope of each study and often the economic assessment is based on economic analysis (e.g. economic and environmental or ecologic balance) of the system rather than development of indicators.

4. NBS for water implementation barriers and potential risks

In recent years, the concepts of circular economy and NBS have been promoted and encouraged at EU level (EC, 2015a; EC, 2015b). However, in some cases current policies and regulations, designed for a linear economy paradigm, are likely to hinder, rather than encourage, their implementation. As evidenced in the study of Stewart et al. (2016), regulations can act as barriers that prevent the adoption of innovative sustainable approaches, e.g. giving unclear messages, being complex and rapidly changing, and lacking space of manoeuvre for innovation.

The European Commission put forward a proposal for a regulation setting EU standards for reclaimed water in May 2018. This proposal is based on a JRC report (Alcalde-Sanz and Gawlik, 2017) and is related to the 2015 circular economy Action Plan (EC, 2015a), the seventh environment action programme (Decision No. 1386/2013/EU, 2013), and, globally, to the UN's sustainable development goals. The aim is to reduce water stress by promoting the use of treated wastewater in agriculture and encourage the free circulation of products irrigated with reclaimed water (Alcalde-Sanz and Gawlik, 2017) proposing a regulation that sets minimum quality standards. At present, only few EU member states have set requirements for wastewater reuse. The proposed requirements include microbiological (*E. coli*, *Legionella* spp. and intestinal nematodes) and physico-chemical parameters (biochemical oxygen demand (BOD), suspended solids (SS) and turbidity), while micropollutants are not mentioned. The proposed legislation would consider irrigation as the only application, therefore disregarding possible utilizations in NBS. Quality standards would be set according to the fit-for purpose approach. Following the World Health Organization guidelines, a risk management plan based on the multiple-barrier approach and the hazard analysis and critical control points system, analogue to the Water Safety Plan, would also be established (Alcalde-Sanz and Gawlik, 2017). However, this proposal considers solely reclaimed wastewater, that is, water complying with the quality standards detailed in the Urban Waste Water Treatment Directive (UWWTD) (Council Directive 91/271/EEC, 1991) excluding other possible sources (e.g. harvested rainwater, greywater, etc). It should be noted that the forthcoming EU standards, focused only on reuse of treated wastewater, propose improved end-of-pipe solutions that represent only a mitigation, and not a solution, of the water stress problem. Advanced concepts that would tackle reuse at decentralized level and facilitate resource recovery by source separation and source control rather than treatment need to come into force. The UWWTD states that in case the investments to build a WWTP would not produce environmental benefit or would entail excessive costs, "individual systems or other appropriate systems (IAS) which achieve the same level of environmental protection shall be used". This creates a sort of a free zone and, as a result of this vagueness in legislation, a recent report highlights that IAS represent a significant source of pollution in EU, making the refit of the UWWTD an impellent need (EC, 2019). In this case, the concept of IAS could be an opportunity,

at EU level, for the implementation of NBS in the form of small-scale, decentralized, water treatment, proven that the systems comply with the required quality standards. An example of NBS that could be a suitable option for small-scale treatment is treatment wetlands. Although treatment wetlands cover larger surfaces compared with other technologies, they do not need external energy inputs to be operated if the location allows the avoidance of pumps (Dotro et al., 2017; Langergraber et al., 2019b). This results in energy savings and lower operation and maintenance costs, which may be proven crucial in areas with limited financial resources (Langergraber et al., 2019b).

When reviewing scientific literature on NBS, little or no relevant data on the risk posed by micropollutants were found. Micropollutants have been targeted at the Priority Substances Directive (Directive/39/EU, 2013, Directive, 2013/39/EU, 2013), which encompasses the Watch list system, introduced with a Commission Implementing Decision in a 2015 (EC, 2015c), then updated through Decision 2018/480 (EC, 2018). The Watch list is a list of micropollutants that may pose a significant risk to or via the aquatic environment but for which data are still insufficient to support their prioritization and must therefore be monitored Europe-wide by Member States (EC, 2018). Since the monitoring is to be carried out in freshwater only, there is a missing link between the occurrence of such pollutants in wastewater and the risk associated to their presence when reclaimed wastewater is reused. On the one hand, this legislative gap will delay the adoption of a common regulatory framework in the EU for water reuse/greywater/harvested rainwater or hinder its potential; in particular, this could prevent from implementing new technologies, practises and solutions – above all NBS. On the other hand, the lack of regulations on micropollutants might bring to underestimate the risk posed by such compounds.

Decentralized systems could provide an answer to this problem as they enable better source control and consequently bigger potential and safer resource recovery and reuse. Moreover, the adoption of certain NBS may even improve the removal of micropollutants compared to conventional WWTPs, as in the case of the treatment wetlands. In treatment wetlands the removal efficiencies of many compounds are reported higher than 90% thanks to the coexistence of anaerobic, anoxic and aerobic zones within surface flow, as well as the concurrence of different mechanisms, such as biodegradation, sorption, plant uptake and, in certain cases, photodegradation (Langergraber et al., 2019b; Li et al., 2014; Verlicchi and Zambello, 2014). In parallel to setting environmental quality standards, the legislation could also focus on preventing micropollutants from entering the water systems, for instance improving source control measures.

The situation outside the EU is different. In Switzerland, the Water Protection Ordinance established that WWTPs following certain criteria should be upgraded with advanced treatment by 2035 in order to ensure the removal of at least 80% of micropollutants loads, tracking WWTPs efficiency by means of periodical monitoring campaigns (Swiss Confederation, 2016). Other countries outside Europe, such as California (State of California, 2013), Australia (Australian Government, 2018) and Singapore (PUB, 2018) have implemented cutting edge policies on water reuse, including specific regulations on greywater and direct or non-direct potable reuse. In some cases, micropollutants are also monitored. The legislation of these countries might pave the way for implementation at EU level.

5. Methodologies and indicators assessing water systems

A lack of a holistic assessment methodology evaluating NBS as part of water systems and adequately addressing issues of water

Table 3
Economic indicators used in the reviewed studies (Chen et al., 2019).

| Indicator | Description | Study | Methodology | Categorization of monetized values | | | |
|--|---|----------------------|---------------|---|-----------------------------|---|---|
| | | | | Direct economic | Environmental externalities | Natural capital | |
| Net present value [NPV] | The sum of the annual net cash flows (i.e. the difference between cash outflow and inflow reduced by an appropriate discount rate) over the project's life time | Amos et al., 2018a | LCCA | ✓ | | | |
| Benefit-cost ratio [BCR] | The sum of discounted costs divided by the sum of discounted benefits (e.g. water savings) as they occur over the project's life time | | | ✓ | | | |
| Payback period [PP] | The time required to recover an investment or loan | | | ✓ | | | |
| Life Cycle Cost [LCC] | Changes in economic welfare due to the avoided environmental deterioration, i.e. consideration of construction and operational costs and environmental costs of the emissions | Ziogou et al., 2018 | | ✓ | | | |
| Life Cycle Cost [LCC] | Use of the present value method, including infrastructure, operation and maintenance, collection and transportation costs, tipping fee, and revenues from beneficial products (i.e., electricity, heat, and digestate or compost) | Lee et al., 2020 | | ✓ | | | |
| Annual life cycle cost per amount of air pollutant's removal | Includes installation, planting, operation and maintenance costs, normalized per kg of O ₃ removal | Sicard et al., 2018 | | ✓ | ✓ | | |
| Capital expenditure [CAPEX] | Money spent to acquire, upgrade, and maintain physical assets | Radinja et al., 2019 | - | ✓ | | | |
| Operating expenses [OPEX] | Ongoing costs for running a product, business, or system | | | ✓ | | | |
| Gross value added [GVA] | The value of goods minus the value of intermediate consumption required for the production; expressed as money per amount (e.g. euro/tonne) | Chen et al., 2019 | Input/ Output | ✓ | | | |
| Environmental flows | | | | | | ✓ | |
| Farm operations savings | Monetary estimates in 2012 US\$, present value (PV) | Reddy et al., 2015 | CBA | ✓ | | | |
| Soil conservation | | | | | | ✓ | |
| Avoided costs from reduced pesticide use and nutrient runoff | | | | ✓ | | | |
| Lower utility costs | | | | ✓ | | | |
| Decreased operating costs for treatment plants | | | | ✓ | | | |
| Lower water treatment costs | | | | ✓ | | | |
| Direct payments | | | | ✓ | | | |
| Cost | | | | The cost per hectare of implementing a measure, per | MacLeod et al., 2010 | CEA/ marginal abatement cost curve (MACC) | ✓ |
| Cost-effectiveness | The cost of reducing GHG emissions | ✓ | | | | | |
| Abatement potential (AP) | The total amount of GHG emissions that are reduced per year | | ✓ | | | | |
| Abatement rate (AR) | The rate at which a measure can reduce the GHG | | ✓ | | | | |

quantity, as well as the regeneration of natural capital was identified in Section 3. Therefore, in this section, the research is expanded on currently available methodologies that have been applied to assess the effects of complete water systems on the physical and environmental performance in order to investigate their potential of measuring water circularity.

This section is organized in three sub-sections according to the type of approaches deployed in the reviewed studies – i.e. studies assessing water systems and environmental compartments using MFA-based approaches (Chapter 5.1), Consumption-based approaches (Chapter 5.2), and Modelling approaches (Chapter 5.3). The links between these methods, NBS and circularity of water systems are identified.

5.1. MFA-based approaches

MFA is one of the most widely used methods to evaluate circularity (Elia et al., 2017; Pauliuk, 2018; Moraga et al., 2019). It enables a systemic quantification of materials flows and stocks, helping towards the management of resource use and the development of closed-loop systems. Based on the principle of mass conservation in a well-defined system, MFA focuses on loadings (instead of concentrations) and provides an overview of the total system – enabling the integration of NBS to the complete water system – by linking and examining the relationship between the human-managed system and the natural environment (Hendriks et al., 2000). Focusing on water systems, many MFA-based assessment methodologies have been developed to evaluate the

metabolic and sustainability performance of a specific area or system, including the development of indicators used for the assessment (Table 4).

In 2011, Kenway and his colleagues developed the concept of Urban Water Metabolism (UWM) that provides a systematic mass-balance framework to quantify all anthropogenic and natural water flows into and out of the urban environment, resulting to quantitative performance indicators. Since then, UWM has been expanded to include energy and nutrient flows (Farooqui et al., 2016; Renouf et al., 2017, 2018). Therefore, UWM can be used to assess the transition from linear to more circular metabolism of complete water systems (including the integration of NBS) that create a self-regulating sustainable relationship with the biosphere.

Similarly, Verger et al. (2018) used Territorial Metabolism (TM) to analyse the metabolism of a peri-urban area through its nitrogen, phosphorus, carbon and water flows. The main contribution of this study is the inclusion of the occurring natural processes of nutrients as part of the analysis. From a circularity perspective, the integration of nutrients in the nature-managed system is important as it is one of the aspects indicating the achievement of regeneration of natural capital principle.

Agudelo-Vera et al. (2012) developed a methodology (i.e. Urban Harvest Approach – UHA) – based on the concept of urban metabolism – evaluating and quantifying the multiple potentials of different primary and secondary (already used) resources that can be utilized within a water system (from building to city scale) in order to become self-sufficient. In 2015, Leusbrock and his colleagues expand the application of UHA to consider energy flows. UHA is close to the concept of circularity as the three deployed strategies (i.e. minimizing demand, minimizing outputs, and multi-sourcing) are similar to the circularity concepts of reduce, reuse, recycle.

Wielemaker et al. (2018) – based on the UHA – developed the Harvest to Harvest Approach (H2HA) to assess the match between the supply by new sanitation systems and the demand from urban agriculture for nitrogen, phosphorus and organic matter, in terms of quantity and quality, to foster a circular metabolism and to optimize interconnecting systems.

Numerous indicators are resulted from MFA-based studies that are able to quantitative and qualitatively measure the metabolic performance and self-sufficiency of water systems. The developed water-, nutrient- and energy-related indicators cover both anthropogenic and natural flows, but extended natural nutrient flows are disregarded (i.e. the consideration of natural nutrient cycles). This way, the extent of closing the water-loops and the regeneration of natural capital in terms of water is achievable. However, emissions and natural nutrient processes and flows and other ecosystem services are disregarded in these indicators.

MFA-based assessment approaches can form the basis for a water circularity assessment methodology of water systems as they have the capability of including both the human-managed and the nature-managed system (i.e. particularly useful when NBS are part of the analyzed system), and simultaneously consider flows, stocks and loadings of the water, materials and energy pathways. However, other approaches need to be incorporated in order to consider additional environmental impacts, additional environmental benefits and ecosystem services, as well as economic aspects in order to fully assess the ability of regenerating the natural capital and designing out waste externalities.

5.2. Consumption-based approaches

Consumption-based approaches quantify the resources (including water) required to produce goods and services “consumed” by society and estimate the associated embodied life-

cycle environmental impacts, whether those impacts occur inside or outside the defined boundary of the system (Baynes and Wiedmann, 2012). LCA is one of the most representative methods of this category and one of the most widely-applied to assess the environmental impacts of water systems (see Section 3), as well as to assess systems from a CE perspective (Elia et al., 2017; Pauliuk, 2018; Baleta et al., 2019; Moraga et al., 2019). The indicators used in LCA are well-known and they are not presented in this study.

Different practices or technologies to recover raw materials (e.g. phosphorus) and energy, as well as to reuse water from wastewaters have been investigated, by assessing or evaluating technical (e.g. Zhou et al., 2017), environmental (e.g. Pintilie et al., 2016; Amann et al., 2018; Dominguez et al., 2018; Hao et al., 2019; Pradel and Aissani, 2019; Sylwan et al., 2019) and economic (e.g. Laitinen et al., 2017) aspects. Additionally, Buonocore et al. (2018) used LCA to compare the environmental impacts of linear, partially circular and circular scenarios of energy recovery and water reuse in WWTP. Leong et al. (2019) compared the environmental (LCA) and economic (LCC) impacts of centralized and decentralized options for non-potable water uses at a domestic and commercial building. Similarly, Zanni et al. (2019) compared the environmental impacts and other technical aspects (e.g. system’s complexity, tanks, pumping system etc.) of centralized and decentralized water systems at single dwelling and apartment buildings. Assessment of environmental impacts of the entire urban water system was investigated in the studies of Lemos et al. (2013) (considering environmental impacts), of Lane et al. (2015) (comparing conventional to diversified urban water infrastructure) and of Xue et al. (2019) (considering both environmental and monetary costs). However, the above-mentioned studies – trying to address circularity issues by focusing mainly on the environmental impacts – fall short of keeping water as the protagonist in terms of circularity (i.e. there is no proof of closing the water loops). Thus, they are not able to make an overall evaluation of the CE benefits (i.e. elimination of waste and regeneration of natural capital). It is also reported that the application of LCA in complex multifunctional circular water value chains with multiple outputs (i.e. water, energy, materials) and water uses is still challenging (Reap et al., 2008; Bobba et al., 2018). Therefore, although these studies have assessed aspects of circularity (i.e. environmental impacts, economic efficiency, etc.) of different components of water systems, they cannot holistically assess the circularity of water systems.

However, LCA if combined with other tools/methods can provide useful information in terms of environmental sustainability as part of a water circularity assessment. For example, the CE principle of design out waste externalities, can be assessed with LCA especially if combined with LCC or other economic assessments to incorporate the economic aspects of the system. Additionally, LCA has been integrated to metabolic approaches (in Goldstein et al., 2013; García-Guaita et al., 2018; Sohn et al., 2018) in order to assess the sustainability of cities’ metabolisms, considering the anthropogenic flows of different materials. However, to the best of our knowledge, such methodological integration has not been performed to water-related metabolisms.

5.3. Modelling approaches

MFA-based and Consumption-based approaches can be used to evaluate the circular metabolism (i.e. in terms of water in both human- and nature-managed systems, of energy and of nutrients mainly in human-managed systems) in a stationary (snap-shot) mode and the potential environmental impacts of the entire life cycle to the environment, respectively. However, the actual environmental impacts, the environmental benefits and in general the degradation or regeneration of the natural environment (e.g.

Table 4
Developed indicators in the MFA-based studies.

| Study | Indicator | Description/Equation | Components | | | | | | |
|------------------------------|--|---|----------------------|-----------|--------|-----------|----------------|-----------|----------|
| | | | Anthropogenic system | | | | Natural system | | |
| | | | Water | Nutrients | Energy | Emissions | Water | Nutrients | Other ES |
| Kenway et al., 2011 | Intensity of water use | $[\text{Total water use}]/[\text{Area}]$ | ✓ | | | | | | |
| | Overall balance of inputs and outputs | $[\text{Total inputs}]/[\text{Total outputs}]$ | ✓ | | | | ✓ | | |
| | Supply centralization | $[\text{Centralized supply}]/[\text{Total water use}]$ | ✓ | | | | | | |
| | Rainfall harvesting | $[\text{Decentralized sources}]/[\text{Rainfall}]$ | ✓ | | | | ✓ | | |
| | Centralized supply replaceability | $[\text{Rainwater or wastewater or stormwater}]/[\text{Centralised water supply}]$ | ✓ | | | | | | |
| | Total use replaceability | $[\text{Rainwater or wastewater or stormwater}]/[\text{Total water use}]$ | ✓ | | | | | | |
| | Replaceability of total use with wastewater and stormwater | $[\text{Wastewater} + \text{Stormwater flows}]/[\text{Total water use}]$ | ✓ | | | | | | |
| | Anthropogenic turnover rate | $[\text{Anthropogenic system inputs}]/[\text{Stored water}]$ | ✓ | | | | | ✓ | |
| | Rainfall turnover rate | $[\text{Natural system inputs}]/[\text{Stored water}]$ | | | | | | ✓ | |
| Total turnover rate | $[\text{Total inputs}]/[\text{Stored water}]$ | ✓ | | | | | ✓ | | |
| Farooqui et al., 2016 | Internal harvesting ratio | $[\text{Internally harvested freshwater volume}]/[\text{Total water volume supplied to meet demand}]$ | ✓ | | | | | | |
| | Internal recycling ratio | $[\text{Internally water recycled volume}]/[\text{Total water volume supplied to meet demand}]$ | ✓ | | | | | | |
| | Water extracted | $[\text{Extracted water volume from external sources}]/[\text{Population of the urban area}]$ | ✓ | | | | | ✓ | |
| | Energy used | $[\text{Total water-related energy use}]/[\text{Population of the urban area}]$ | | | ✓ | | | | |
| | Stormwater runoff ratio | $[\text{Post-development stormwater runoff}]/[\text{Pre-development stormwater runoff}]$ | ✓ | | | | | ✓ | |
| | Total stream discharge ratio | $[\text{Post-development discharge}]/[\text{Pre-development discharge}]$ | ✓ | | | | | ✓ | |
| Infiltration ratio | $[\text{Post-development groundwater infiltration}]/[\text{Pre-development groundwater infiltration}]$ | | | | | | ✓ | | |
| | Evapotranspiration ratio | $[\text{Post-development evapotranspiration}]/[\text{Pre-development evapotranspiration}]$ | | | | | | ✓ | |
| Renouf et al., 2017 | Urban water efficiency per person | Total use of 'environmental' water per person | ✓ | | | | | ✓ | |
| | Urban water efficiency per unit of functionality | Total use of 'environmental' water per unit of urban function | ✓ | | | | | ✓ | |
| | Water – related energy efficiency per person | Total energy use for the water system per person | | | ✓ | | | | |
| | Water – related energy efficiency per unit of functionality | Total energy use for the water system per unit of functionality | | | ✓ | | | | |
| | Nutrient recovery from urban water | Proportion of the nutrient load in wastewater that is beneficially utilized | | ✓ | | | | | |
| | Water supply internalization | Proportion of total water demand met by internally harvested/recycled water | ✓ | | | | | | |
| | Water use within safe operating space | Rate of surface and groundwater drawn from supplying catchments relative to the sustainable urban water allocation | | | | | | ✓ | |
| | Water pollutant load within safe operating space | Point-source and diffuse nutrient loads discharged to surface and groundwater relative to sustainable discharge rates | | | | | | | ✓ |
| | Hydrological performance | Post-urbanized hydrological flows/fluxes relative to pre-urbanized flows/fluxes | ✓ | | | | | ✓ | |
| Supporting diverse functions | Water needed to maintain desired functions relative to water allocated for the functions | ✓ | | | | | ✓ | | |
| Verger et al., 2018 | Efficiency for nitrogen, phosphorus and carbon flows | $[\text{Local consumption}]/[\text{Total production}]$ and $[\text{Local consumption}]/[\text{Total consumption}]$ | | ✓ | | | | | ✓ |
| | Self-sufficiency capacity for nitrogen, phosphorus and carbon | $[\text{Production}]/[\text{Consumption}]$ | | ✓ | | | | | ✓ |
| Agudelo-Vera et al., 2012 | Demand minimization index (DMI) | $[\text{Baseline demand} - \text{Minimized demand}]/[\text{Baseline demand}]$ | ✓ | | | | | | |
| | Waste output index (WOI) | $- [\text{Exported waste}]/[\text{Minimized demand}]$ | ✓ | | | | | | |
| | Self-sustainable index (SSI) | $[\text{Harvested resources} - \text{Exported resources}]/[\text{Minimized demand}]$ | ✓ | | | | | | |
| | Resource export index (REI) | $[\text{Exported resources}]/[\text{Minimized demand}]$ | ✓ | | | | | | |
| Leusbrock et al., 2015 | Energy recovery index (ERI) | $- [\text{Recovered and reused energy}]/[\text{Minimized demand}]$ | | | ✓ | | | | |
| | Self-sufficiency index (SSI) for thermal, electric and total energy | $[\text{Thermal/electric/total energy produced}]/[\text{Minimized thermal/electric/total energy demand}]$ | | | ✓ | | | | |
| | Resource export index (RXI) | $[\text{Exported energy}]/[\text{Minimized demand}]$ | | | ✓ | | | | |
| Wielemaker et al., 2018 | Self-sufficiency index (SSI) for nutrients | $[\text{Resource reused}]/[\text{Minimized demand}]$ | | ✓ | | | | | |

considering the nutrients natural cycles) is not well-addressed. Therefore, modelling approaches are reviewed in this sub-section in order to bridge this gap by studying different material cycles simultaneously, in addition to interpreting them individually, while gaining insight into the magnitude of the associated flows. The purpose is to present the state-of-the-art of existing models (as tools that can potentially be incorporated in assessment methodologies) and existing methodologies (deploying modelling approaches) that can be used towards a holistic water circularity assessment.

Process-based and conceptual hydrologic and biogeochemical models have been developed to simulate the water and nutrients (or solutes) transport, fate and cycling. Such models are based on a theoretical understanding of relevant ecological processes (i.e. using partial differential equations, kinetic laws, stoichiometry and balance equations) (Cuddington et al., 2013) that enables the consideration of multiple and complex interactions between climate, soil, geology, vegetation, hydrology and nutrient balances. In addition to this feature, computer models interpret dynamically the analyzed system due to the inclusion of temporal and spatial variation and resolution – in comparison to the stationary nature of the MFA- and Consumption-based approaches. However, the main drawback of such models is the required amount of data (field and experimental data and model results), which increases with increasing mechanization of the model, as well as the complexity of the model. Data-intensive complex models impede their wide implementation and use, thus more generic models are required that are simpler and easier to apply (Vadas et al., 2013).

The reviewed tools (i.e. models) are categorized according to their focus. Pure hydrological models focus on the quantification of the hydrological partitioning, i.e. partitioning of precipitation into streamflow, evapotranspiration and storage change. Agro-hydrological models simulate hydrology, agricultural water management and in some cases nutrient loads of agricultural areas. Hydro-biochemical models simulate the transport fate and cycling of nutrients on soils and land use, including agricultural areas.

Starting with the reviewed hydrological models, Bellot and Chirino (2013) developed an eco-hydrological modelling approach (i.e. HYDROBAL) for assessing the water balance with a daily resolution. More precisely, HYDROBAL investigates the temporal variability in soil–water content determined by vegetation water uptake as a function of climatic conditions (i.e. daily rainfall and micrometeorological variables) and the model outputs include actual evapotranspiration, runoff, and aquifer recharge (deep percolation). Zhang et al. (2020) developed a conceptual catchment water balance model based on the proportionality hypothesis (denoted PWBM) to model the hydrological partitioning across spatial and temporal scales. The PWBM model inputs require precipitation, potential evapotranspiration and leaf area index and the model outputs are streamflow, evapotranspiration and storage change. Westenbroek et al. (2010) developed a modified Thornthwaite–Mather Soil–Water–Balance (SWB) code – combining geographic information system (GIS) data layers and tabular climatological data – to calculate spatial and temporal variations in groundwater recharge. Li et al. (2017b) developed a model – integrating conceptual models in the vadose zone (considering various landscape units, e.g. farmland, grassland, surface water, bare soil, etc.) and the groundwater flow model FEFLOW under GIS – to simulate the hydrological processes under various scenarios of water-saving activities. The model was applied in the Heihe River Basin in Gansu Province of China and validated by comparing the simulated evapotranspiration, groundwater levels and the total water balance with remote sensing results, previous studies and monitored data.

One of the most extensively used agro-hydrological model at the field scale is the FAO-56 dual crop coefficient (FAO-2Kc, Allen et al., 1998) model that estimates the crop water requirements by means of the simulated evapotranspiration and its two components, i.e. evaporation and transpiration. Another agro-hydrological model that can be used to investigate irrigation, nutrient and salt management strategies is the research version of the SWB model (i.e. SWB-Sci) that is a mechanistic, real-time, generic crop growth, soil water, nutrient and salt balance model (Annandale et al., 1999, 2000; van der Laan et al., 2010, 2014), consisting of different sub-modules (e.g. water balance sub-module and the nitrogen sub-module). The Soil and Water Assessment Tool (SWAT) simulates water quality and quantity, the impact of land use, management practices and climate change (Arnold et al., 1998 & Arnold et al., 2012). Automatic irrigation algorithms in SWAT have been tested, improved and validated to correctly simulate the hydrological processes in agricultural catchments in response to climate change and water management scenarios (e.g. Dechmi et al., 2012; Githui et al., 2016; Wei et al., 2018; Uniyal and Dietrich, 2019).

Hydro-biogeochemical models simulate the transport, fate and cycling of nutrients on agricultural areas and soils, considering the interactions with the hydrological processes. DRAINMOD-P (Deal et al., 1986; Tian et al., 2012; Askar, 2019), HYPE (Lindström et al., 2010), INCA-P (Wade et al., 2002; Jackson-Blake et al., 2016), RZWQM2-P (Ma et al., 2012; Sadhukhan and Qi, 2018) and Simply-P (Jackson-Blake et al., 2017) are some of the existing models focusing on the phosphorus transport in soils, summarized in the review of Pferdmenges et al. (2020). The models presented here are the ones that are capable of simulating both surface (diffusion, desorption and erosion) and subsurface (infiltration and transport in soil) phosphorus processes, as well as phosphorus plant uptake. Additionally, all the presented models include all the hydrological compartments (i.e. surface water, infiltration, groundwater and streamflow), which are important if water cycle is included in the analysis. Their differences mainly lie on the different water flow and solute transport approaches that they use (e.g. storage routing representation or empirical or Darcy or Richards equations, and single/dual porosity and dual permeability etc.) and on the spatial scales (i.e. soil profile, plot/field and catchment). Additionally, the process-based CENTURY model (Parton et al., 1987) has been extensively used to dynamically estimate the soil organic carbon stocks. The CENTURY model is designed to simulate carbon, nitrogen, phosphorus and sulfur dynamics in natural or cultivated systems, using a monthly time step (Parton et al., 1988; Shaffer et al., 2001), allowing the simulation of the anthropogenic (land management) and natural (climate and soil) drivers, with the possibility to assess the effect of alternative scenarios. Other models developed to track and estimate the carbon sequestered or emitted from both plantations and managed native forests are the CO₂Fix (Mohren and Klein-Goldewijk, 1990), GORCAM (Schlamadinger et al., 2000) and FullCAM (Richards and Evans, 2004; Waterworth et al., 2007).

The review of hydrological, agro-hydrological and hydro-biogeochemical models revealed that there is a variety of available models, capable of simulating the environmental processes of water and nutrients. Hydrological and agro-hydrological models can provide more accurate quantification of the hydrological processes on different temporal scales (daily, monthly, seasonal, annual) that can be used as inputs to water balance equations, considering both anthropogenic and natural water flows, in order to holistically assess the circularity of water systems. Biogeochemical models can shed light on the underestimated nutrients cycling in nature and carbon sequestration, that would further improve the environmental and physical assessment of the system, as well as the evaluation of the environmental benefits. Therefore,

such models can effectively include NBS (as most of them use environmental processes to address societal challenges) and can be used within a water circularity assessment methodology integrating the ecosystem perspective, which is currently the missing element within the other reviewed approaches and methods. However, to the best of our knowledge, these models have not been incorporated to water assessment methodologies; thus, indicators targeting at the ecosystems cannot be identified in this case. The selection of the model to be incorporated in a water circularity assessment methodology is of major importance as models with high complexity would burden their wide use and adoption, while very simplistic models would not accurately describe the system, resulting in unrealistic conclusions. The model should also be able to sufficiently and simultaneously describe the environmental processes of water and all nutrients in order to avoid the need of incorporating different models for different purposes, which would result in high complexity and computational time. Attention should be given in case that such models are used in parallel with consumption-based approaches (such as LCA), as the actual environmental impacts resulting from the former and the potential impacts resulting from the latter may conflict with each other and be double counted.

The previously reviewed models have been used as standalone tools by the researchers. Villarroel Walker (2010) developed a Multi-sectoral Systems Analysis (MSA) methodology for understanding and managing the metabolism of complex systems, supported by a set of socio-ecological indicators. The environmental model was coded in MATLAB, incorporating Substance Flow Analysis (SFA) and Regionalized Sensitivity Analysis (RSA), in order to track and account for the movement of water, energy, nitrogen, phosphorus, and

carbon into, around, and out of a regional-city system, considering multiple socio-economic sectors (i.e. water, energy, food, forestry, and waste management) and the interactions amongst them. However, the focus of this study is on the production system rather than the water system itself with the developed indicators (Table 5) covering aspects of circularity (i.e. the direct or indirect regeneration of natural capital and the design out waste externalities from its environmental dimension). The indicators are not able to evaluate the principle of keeping resources in use by measuring the extent of closing the water, energy and nutrients loops.

6. Compilation of findings

The current review paper addressed two main questions regarding circularity in water systems: What needs to be measured to assess water circularity? and How can water circularity be measured?

The answer to the first question was found in the white papers of Stuchtey (2015), IWA (2016) and Arup et al. (2018), and it is the realization of the three CE principles of natural capital regeneration, keeping resources in use and designing out waste externalities. The water, nutrients and other materials, as well as the energy pathways need to be followed within both human- and nature-managed systems (Arup et al., 2018). This analysis would enable the consideration of physical (natural and anthropogenic water, nutrients, materials and energy flows), environmental (actual impacts, e.g. increase or loss of biodiversity, and potential impacts, e.g. global warming potential) and economic (e.g. eco-efficiency) aspects. Most of these aspects can be measured using already developed indicators (Table 6).

Table 5
Developed indicators in Villarroel Walker and Beck, 2012).

| Study | Indicator | Description | CE principles | | | | | | | |
|--------------------------------|--|--|---------------------------------|----------|-----------------------|-----------|--------|--------------------------------|----------|--|
| | | | Regeneration of natural capital | | Keep resources in use | | | Design out waste externalities | | |
| | | | Direct | Indirect | Water | Nutrients | Energy | Environmental | Economic | |
| Villarroel Walker et al., 2012 | Productivity indicator (PRI) | Measure of useful products generated within the system per unit of resources consumed | | ✓ | | | | | | |
| | Resources usage indicator (RWI) | Measure of resources consumed per unit of waste requiring disposal | | ✓ | | | | | ✓ | |
| | Eco-efficiency indicator with respect to wastes (PWI) | Measure of the amount of products per unit of disposed waste | | | | | | | ✓ | |
| | Eco-efficiency indicator with respect to emissions (EEI) | Measure of the amount of products per unit of emission to the environment, either to the atmosphere or to water bodies | ✓ | | | | | | ✓ | |
| | Health of air emissions (HAE) | Measure of the ratio between the actual amount of emissions to the atmosphere and a healthy emission level | ✓ | | | | | | | |
| | Health of water emissions (HWE) | Measure of the ratio between the actual amount of emissions to water bodies and a healthy emission level | ✓ | | | | | | | |
| | Waste equals food (WEF) | Compares the amount of products versus the quantity that the system would generate if no flows are classified as waste and all emissions correspond to healthy emissions | | ✓ | | | | | ✓ | |
| | Eco-effective indicator (E2I) | Encloses together the concepts of waste equals food and healthy emissions, describing thus the overall eco-effectiveness of the system | | | | | | | ✓ | |

✓ : directly addressed; ✓ : indirectly addressed

Table 6
Methodologies, tools and indicative indicators measuring different aspects of circularity.

| | Evaluation of: | | | | | | | | | | | Integrated system | Additional aspects | |
|---|---------------------------------|---------|---------------------------|--------------|----------------------------------|-----------------------|-----------|--------|--------------------------------|-----------------------|------------------|-------------------|--------------------|---|
| | Regeneration of natural capital | | | | | Keep resources in use | | | Design out waste externalities | | | | | |
| | Water cycle | | Nutrients (N, C, P) cycle | Biodiversity | Demand minimization of resources | Water | Nutrients | Energy | Waste reduction | Environmental impacts | Economic impacts | | | |
| | Quantity | Quality | | | | | | | | | | | | |
| Tools | | | | | | | | | | | | | | |
| Hydrology-hydraulic models | ✓ | | | | | | | | | | | | | ✓ |
| Water quality measurements | | ✓ | | | | | | | | | | | | ✓ |
| Biological samplings | | | | ✓ | | | | | | | | | | |
| Surveys | | | | | | | | | | | | | | ✓ |
| Satellite images | | | | | | | | | | | | | | ✓ |
| ArcGIS | | | | | | | | | | | | | | |
| Fragstat | | | | | | | | | | | | | | |
| Hydrological models | ✓ | | | | | | | | | ✓ | | | | |
| Agro-hydrological models | ✓ | ✓ | ✓ | | | | | | | ✓ | | | | |
| Hydro-biogeochemical models | ✓ | ✓ | ✓ | | | | | | | ✓ | | | | |
| Methods | | | | | | | | | | | | | | |
| UWM | ✓ | ✓ | | | | ✓ | ✓ | ✓ | | | | | ✓ | |
| TM | | | | | | ✓ | ✓ | ✓ | | | | | | |
| UHA | | | | | ✓ | ✓ | ✓ | ✓ | | | | | | |
| H2HA | | | | | ✓ | ✓ | ✓ | ✓ | | | | | | |
| LCA | | | | | ✓ | | | | | ✓ | | | | |
| MSA | | | | | ✓ | | | | | ✓ | | | ✓ | |
| LCC | | | | | | | | | | ✓ | | | | |
| Indicative indicators | | | | | | | | | | | | | | |
| e.g. Hydrological performance (Renouf et al., 2017) | | | | | | | | | | | | | | |
| e.g. Water pollutant load within safe operating space (Renouf et al., 2017) | | | | | | | | | | | | | | |
| - | | | | | | | | | | | | | | |
| e.g. Mean species abundance (Boelee et al., 2017) | | | | | | | | | | | | | | |
| e.g. DMI (Agudelo Vera et al., 2012) | | | | | | | | | | | | | | |
| e.g. Internal harvesting & recycling ratio (Farooqui et al., 2016) | | | | | | | | | | | | | | |
| e.g. SSI (Wielemaker et al., 2018) | | | | | | | | | | | | | | |
| e.g. ERI (Leusbroek et al., 2015) | | | | | | | | | | | | | | |
| e.g. WEF (Villarroel Walker et al., 2012) | | | | | | | | | | | | | | |
| Actual: e.g. HWE (Villarroel Walker et al., 2012) | | | | | | | | | | | | | | |
| Potential: e.g. Global warming potential (GWP) (from LCA) | | | | | | | | | | | | | | |
| e.g. Avoided cost of pollutants (Chow et al., 2014) | | | | | | | | | | | | | | |
| e.g. PRI (Villarroel Walker et al., 2012) | | | | | | | | | | | | | | |
| e.g. Landscape value (Li et al., 2017) | | | | | | | | | | | | | | |

✓ : directly addressed; ✓ : potentially addressed

Regarding the second question, a variety of existing methodologies and tools were identified that have been presently used to assess NBS for water management, water systems, and water-related environmental compartments. These methodologies are capable to measure the different aspects of water circularity, as illustrated in Table 6.

The information given in Table 6 can be used to get better insights on what is still missing to holistically assess the circularity of water systems. The lack of a holistic water circularity

assessment methodology is apparent, as well as a water circularity assessment framework to rigidly frame the assessment methodologies. However, there is a variety of existing methods and tools that if incorporated are able to cover all the different aspects of circularity assessment in water systems. Additionally, although a wide set of indicators exists in the literature covering most of the aspects of circularity, indicators measuring the environmental performance of water systems in terms of natural nutrients cycles are still missing. The existence of numerous indicators does not

necessarily mean that they are capable of adequately and holistically measure circularity in water systems. The development of a water circularity assessment methodology would prove their adequateness and a potential requirement for the use of new indicators.

7. Conclusions

The concept of water circularity is not well addressed within the research community and there is an apparent lack of a water circularity assessment framework. Currently available circularity methodologies – focusing mainly on the consumer goods sector – are not easily transferable to the water sector. A failure to adequately evaluate water circularity by considering both human-managed and nature-managed systems, would result in scattered and fragmented actions, insufficient to deal with the degradation of our most essential and valuable resource and of our natural capital in turn. Therefore, the present study identifies the positioning of water within the CE concept and how NBS can enable the transition to CE, by shedding light on what needs to be measured and how to measure water circularity.

NBS – as human interventions to address societal challenges by enhancing natural processes – can play a key role in re-connecting nature-to human-managed water systems. However, researchers mainly focus on the technical performance of NBS and the evaluation of some of their co-benefits. The connection of NBS to the wider water system and environment, water quantity issues, as well as a holistic assessment methodology still remain gaps.

Concerning the assessment methodologies of water systems, MFA-based approaches are capable of mapping all the natural and anthropogenic water and water-related flows in a well-defined system and provide a wide set of indicators. However, the natural cycles of nutrients are not holistically considered. LCA -based approaches include well-established indicators focusing on the potential environmental impacts of anthropogenic water systems, but fall short both of showing the actual impacts and of incorporating natural elements in the assessment. To bridge those gaps, hydro-biogeochemical models can be incorporated enabling the consideration of the natural environment in the assessment. The selection of the appropriate model should be based both on its capability to consider different aspects and on its simplicity that would enable its wider use and application.

A question however remains on how to incorporate different methods and models within a holistic water systems circularity assessment. Therefore, future research in the topic should address current challenges, requirements, limitations and barriers leading in the development of a water circularity assessment framework and enabling researchers and practitioners to work towards this direction.

Declaration of competing interest

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

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