

1 **Temporal order of clinical and biomarker changes in familial** 2 **frontotemporal dementia**

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156 **Abstract (150/150 words)**

157 Unlike familial Alzheimer's disease, we have been unable to accurately predict symptom
158 onset in presymptomatic familial frontotemporal dementia (f-FTD) mutation carriers,
159 which is a major hurdle to designing disease prevention trials. We developed
160 multimodal models for f-FTD disease progression and estimated clinical trial sample
161 sizes in *C9orf72*, *GRN*, and *MAPT* mutation carriers. Models included longitudinal
162 clinical and neuropsychological scores, regional brain volumes, and plasma
163 neurofilament light chain (NfL) in 796 carriers and 412 non-carrier controls. We found
164 that the temporal ordering of clinical and biomarker progression differed by genotype. In
165 prevention-trial simulations employing model-based patient selection, atrophy and NfL
166 were the best endpoints, whereas clinical measures were potential endpoints in early
167 symptomatic trials. F-FTD prevention trials are feasible but will likely require global
168 recruitment efforts. These disease progression models will facilitate the planning of f-
169 FTD clinical trials, including the selection of optimal endpoints and enrollment criteria to
170 maximize power to detect treatment effects.

171

172 **Key words:** Frontotemporal lobar degeneration, *C9orf72*, *GRN*, *MAPT*, disease
173 progression, neurofilament light chain, neuroimaging, neuropsychology, clinical trials

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178 Frontotemporal dementia (FTD), marked by impairments in behavior, language, and
179 sometimes motor function, is a common form of early-onset dementia.¹ Approximately
180 20-30% of FTD is caused by autosomal dominant mutations (familial, or f-FTD), usually
181 in one of three genes: chromosome 9 open reading frame 72 (*C9orf72*), progranulin
182 (*GRN*), or microtubule-associated protein tau (*MAPT*).² FTD is uniformly fatal, and there
183 are no approved therapies; however, a growing number of new treatments targeting
184 *C9orf72*, *GRN*, and *MAPT* are moving into clinical trials.^{3,4} Experience from Alzheimer's
185 disease (AD), spinal muscular atrophy (SMA),⁵ and amyotrophic lateral sclerosis (ALS)⁶
186 suggests treating FTD will be most successful if treatment is initiated early in the
187 disease course, ideally prior to the onset of symptoms. Such a disease prevention
188 approach has been implemented in the Dominantly Inherited Alzheimer's Network Trials
189 Unit (DIAN-TU; <https://dian.wustl.edu/our-research/clinical-trial/>) platform clinical trial for
190 dominantly inherited AD (DIAD) by including presymptomatic mutation carriers.⁷
191 Prevention trials in DIAD have also been facilitated by fluid and molecular PET imaging
192 biomarkers that allow for the measurement of treatment-related changes in AD
193 pathologies and neurodegeneration.⁸

194
195 There are many challenges to performing f-FTD clinical trials.⁹ Although the clinical
196 manifestations of the f-FTD mutations are similar, the biology and neuropathology
197 associated with *C9orf72*, *GRN*, and *MAPT* mutations are vastly different.² Unlike AD,¹⁰
198 little is known about the ontogeny of biomarker and clinical changes in f-FTD that could
199 be used to determine enrollment criteria or identify the best clinical trial endpoints at
200 different disease stages. Also, the age at which symptoms present is variable even

201 within a family (e.g., onset in the thirties vs. seventies in one family),¹¹ making it difficult
202 to identify the individuals in late presymptomatic stages most likely to benefit from
203 therapies. For example, in *GRN*, familial age of onset only explains 14% of the
204 variability in individual age at symptom onset.¹²

205
206 F-FTD is rare, with only hundreds of mutation carriers known to exist worldwide.¹²
207 Therefore, to prepare for f-FTD trials, the FTD Prevention Initiative (FPI,
208 www.thefpi.org), an international collaboration focused on organizing f-FTD prevention
209 trials, combined data from the two largest f-FTD natural history studies worldwide:
210 ALLFTD in North America (www.allftd.org), and GENFI in Europe and Canada
211 (www.genfi.org).¹³ In rare neurogenetic diseases such as f-FTD, the FDA has promoted
212 the use of innovative approaches such as disease progression models (DPM) for
213 selecting clinical trial endpoints, determining enrollment criteria, and analyzing the
214 effects of novel interventions that might lead to deviations from expected disease
215 progression,¹⁴ and such models have been employed successfully in DIAN-TU.⁷ We
216 developed Bayesian DPMs that jointly model the best known measures of f-FTD global
217 clinical status, neuropsychological performance, brain volume, and active
218 neurodegeneration (plasma neurofilament light chain [NfL]) to model latent “Disease
219 Age (DA),” which forecasts presymptomatic mutation carriers’ proximity to symptom
220 onset and enables comprehensive quantification of disease progression. We then
221 conducted simulations of prevention and early symptomatic treatment trials, exploring
222 the use of DA, plasma NfL, and clinical measures as inclusion criteria to prioritize the

223 recruitment of presymptomatic participants towards those most likely to exhibit
224 measurable disease progression during a trial.

225

226 **Results**

227 **Subject Characteristics**

228 Demographic and clinical data are presented in Tables 1 and S1. Of the 796 mutation
229 carriers, *C9orf72* was the most common mutation (43.6%), followed by *GRN* (35.3%)
230 and *MAPT* (21.1%). Across all three genetic groups, most participants were
231 presymptomatic (CDR®+NACC-FTLD-Global=0, 54.4%). Most symptomatic participants
232 presented with behavioral variant FTD (bvFTD, 68.6%), followed by primary progressive
233 aphasia (PPA, 12.7%), which was driven largely by *GRN* (33.8% of symptomatic *GRN*).
234 The average number of visits per mutation carrier was 2.1 (SD=1.1). The models
235 incorporated 412 non-carrier family controls. A subset of participants had available NfL
236 (n=981, 1,948 observations) and MRI data (n=882, 1,896 observations).

237

238 **Disease Progression Models**

239 *Overview*

240 When ALLFTD and GENFI participants were modeled separately, rates of progression
241 were very similar between consortia on all measures (Figures 1, S1); subsequent
242 models combined all participants. To understand the temporal ordering of biomarker
243 and clinical changes, disease progression curves were graphed in relation to predicted
244 DA (Figure 2).

245

246 *MR imaging and plasma NfL*

247 In *C9orf72*, MRI was the first biomarker to change (Figures 2, 3, & Extended Data
248 Figure 1; Tables 2, S2-S5), with visual inspection of the DPM curves suggesting that
249 brain volumes deviate from controls up to 40 years before expected onset. Thalamic
250 volume in *C9orf72* was significantly lower than controls in the -40 to -10 epoch, with the
251 largest effect size of all regions of interest (ROIs) (Extended Data Figure 1 & Table S5).
252 Voxelwise quantification also underscored the early thalamic involvement (Extended
253 Data Figure 2, Figure S2). In addition to the thalamus, most ROIs were smaller than
254 controls (Extended data figure 2, Tables S5) and other mutation carriers (Table S6) in
255 the -40 to -10 epoch. In the -10 to 0 epoch, the temporal lobe showed the largest effect
256 size (Extended Data Figure 1), and it was the first ROI to deviate from controls (Table
257 S4; deviated at $DA = -6.1$, $95\%CI: -9.4, -3.2$) by one standard deviation (SD), followed
258 closely by parietal ($DA = -6.1$, $95\%CI: -9.2, -3.2$) and frontal ($DA = -4.9$, $95\%CI: -7.5, -2.7$)
259 lobes. The largely overlapping credible intervals indicate these differences in temporal
260 ordering are not statistically significant. The longitudinal rate of volume loss was
261 relatively stable across the across epochs in *C9orf72* compared to the other genetic
262 groups (Table S4). Visual inspection of the DPM curves suggested mean NfL values in
263 *C9orf72* begin to deviate from controls approximately 30 years before estimated onset.
264 NfL levels in *C9orf72* were significantly higher than controls in all DA epochs and
265 became elevated one SD above controls three years before estimated onset ($95\%CI: -$
266 $0.7, -5.8$).

267

268 In *GRN*, visual inspection suggested NfL begins to deviate from controls about 15 years
269 prior to symptom onset, followed by MRI 5-10 years prior to onset (Figures 2, S1).
270 Baseline plasma NfL concentrations in *GRN* were significantly elevated relative to
271 controls in all DA epochs (Figure 3, Table S5) and elevated compared to all other
272 genetic groups in the symptomatic phase (Table S6). NfL concentrations become
273 elevated by one SD compared to controls 4.9 years prior to onset (95%CI:-3.4,-7). *GRN*
274 also displayed the most rapid rates of NfL increase in the symptomatic epoch (Figures
275 1&2, Table S4). The frontal and temporal lobes were the first brain regions to differ from
276 controls by one SD in the DPM (-1.1 and -1.2 years before estimated onset,
277 respectively). The insula was significantly atrophied compared to controls in the -40 to -
278 10 epoch (Extended Data Figure 1, Table S5), and all ROIs had smaller mean volumes
279 than controls in the -10 to 0 epoch, except the striatum ($p=0.057$). In the symptomatic
280 stage, volume loss in all ROIs was more rapid than the other genetic groups, with the
281 frontal, temporal, medial temporal, insular, and striatal ROIs losing volume most rapidly
282 (Figure S3, Table S4).

283

284 Medial temporal atrophy was the first observed biomarker change in *MAPT*, diverging
285 from controls ~10 years before symptoms based on visual inspection (Figure 2), and
286 reaching one SD below controls 1.8 years before onset (95%CI:-3.2,-0.5). The medial
287 temporal lobe was the only region with significant volume loss compared to controls in
288 the presymptomatic phase (Extended Data Figure 1, Table S5). The remaining temporal
289 regions and insula were the next regions to become atrophied by one SD compared to
290 controls (Table S4), with overlapping credible intervals. In the symptomatic stage,

291 frontal, temporal and medial temporal, insular, and striatal regions showed the greatest
292 degree of cross-sectional atrophy (Extended Data Figure 1, Figure S4, Table S5).
293 Longitudinally, the medial temporal lobe (MTL), followed by the remainder of the
294 temporal lobe, striatum, and insular regions were the regions to lose volume most
295 rapidly in the symptomatic phase (Table S4). NfL levels began to diverge from controls
296 closer to symptom onset in *MAPT* than *C9orf72* or *GRN*, with mean values showing
297 significant elevations during the symptomatic but not presymptomatic epochs (Extended
298 Data Figure 1, Tables S5-6), and average values did not reach one SD above controls
299 until 4.6 years *after* estimated symptom onset (95%CI:7.1,2.4).

300

301 We conducted a voxelwise sensitivity analysis in each DA epoch to complement the
302 coarse-grained ROIs used in the DPMs and to illustrate the findings were not dependent
303 on the DPMs. Results of this sensitivity analysis (Extended Data Figure 2, Figures S2-
304 S4) supported the patterns observed using ROIs.

305

306 *Global Ratings and Clinical Measures*

307 Visual inspection of the curves revealed a rapid CDR®+NACC-FTLD-SB increase after
308 symptom onset, and all genetic groups had cross-sectional elevations in CDR®+NACC-
309 FTLD-SB prior to symptom onset (Figure 3, Table S5); note that statistical comparisons
310 of this measure should be interpreted with caution given that controls were defined as
311 having a baseline CDR®+NACC-FTLD=0 (as is typical in most clinical dementia
312 research studies) and thus have no variance due to this selection process. Similar to the
313 MRI results, *GRN* exhibited the most rapid CDR®+NACC-FTLD-SB changes following

314 symptom onset (Figure 2, Table S4). Visual inspections of the curves indicated that
315 neuropsychological and Revised Self-Monitoring Scale (RSMS) impairments relative to
316 controls were generally observed only after symptom onset for all genetic groups
317 (Figure 2 & Table S5), and no measure reached one SD worse than controls until after
318 symptom onset (Table S4). In direct statistical comparison, *C9orf72* expansion carriers
319 performed worse than controls on Trails A and B at all DA epochs (Table S5). *GRN*
320 performed worse than controls on Trails A at all epochs, and worse than controls on
321 Trails B in the -10 to 0 epoch. *MAPT* mutation carriers exhibited impairments in the
322 Figure Copy in the -10 to 0 epoch, with a trend towards impairment on the Multilingual
323 Naming Test (MINT) in this epoch. Longitudinally, the most rapid change in the
324 symptomatic stage relative to controls was observed for Trails A & B in *C9orf72*, Trails
325 A, MINT, and Benson Copy in *GRN*, and the MINT and Trails B in *MAPT* (Table S4).

326

327 Raw values were modeled. The same pattern of findings was observed (Figure S5) in a
328 sensitivity analysis adjusting for nuisance covariates (details in online methods).

329

330 *Patient-level Estimates*

331 DA estimates at baseline ranged from -40 to 21. The precision of individual DA
332 estimates depends on the proximity to symptom onset and follow-up duration. In
333 mutation carriers with at least one post-baseline visit who were >10 years from
334 expected onset, the average uncertainty of the DA estimate (95%CI) was +/-14.6 years.
335 For those -10 to 0 years from onset, this uncertainty decreased to +/-5.5 years, and
336 after onset, the average uncertainty of the estimate was +/-0.9 years. To better

337 understand the impact of level of impairment, rate of progression, and model priors (i.e.,
338 years since onset) on estimated DA, individual patient-level data were examined
339 (Extended Data Figure 3). With increasing DA, performance is increasingly impaired
340 across multiple measures, and there is a greater tendency for progressive impairment
341 from baseline to final observations. In those furthest from onset, when most scores tend
342 to be within normal limits, prior information about their age has a large influence on
343 estimated DA. Examining cases that the model estimated to be presymptomatic ($DA < 0$)
344 despite a $CDR^{\text{®}} + \text{NACC-FTLD-SB} > 0$, these participants tend to perform in the average
345 range across other measures and stay stable or show improvements over time.

346

347 **Application to Clinical Trials**

348 The DPM curves suggest that clinical trial endpoint selection might differ by genetic
349 group and disease stage (Figure 2). To explore this further, simulation studies based on
350 the natural history data were conducted to estimate the sample sizes required to
351 measure a 50% reduction in various potential endpoints for two- and four-year
352 presymptomatic prevention trials and 1.5 and two-year early symptomatic treatment
353 trials (Table 3; 1:1 randomized parallel design; details in online methods). Prevention
354 trial designs included only participants with a $CDR^{\text{®}} + \text{NACC-FTLD-Global} = 0$ at
355 baseline. Simulations explored the use of baseline NfL and DA as additional inclusion
356 criteria to define a high-risk population most likely to show clinical change over the
357 course of the trial, thereby increasing power. Sample size estimates for prevention trials
358 were generally lowest when using biomarkers (NfL or MRI) as the outcome. For
359 example, a two-year prevention trial requiring a DA within five years of onset would

360 require sample sizes of 52 total participants for *GRN* (MRI Frontal), 108 for *MAPT* (MRI
361 MTL), and 424 for *C9orf72* (MRI Temporal) if MRI is used as an endpoint. Based on the
362 estimated number of eligible participants from the FPI dataset (assuming no additional
363 recruitment efforts), two-year trials appear to be feasible for *GRN* if MRI is used as the
364 outcome, whereas a four-year trial would be required for *MAPT*. Additional recruitment
365 would be required for a *C9orf72* prevention trial to be sufficiently powered to detect a
366 50% treatment effect.

367
368 Symptomatic trial simulations included all participants with a CDR®+NACC-FTLD-
369 Global=1 and subsets of high-risk participants with a CDR®+NACC-FTLD-Global of 0 or
370 0.5 defined based on elevated NfL ($\log(\text{NfL}) > 3.0$) or an estimated DA within 2.5 years
371 of onset (Table 3). Based on these simulations, it would be feasible to power trials for all
372 three genetic groups using the CDR®+NACC-FTLD-SB and neuropsychological tests,
373 measures most likely to be approvable by regulatory bodies as clinically meaningful
374 endpoints.¹⁵ For example, within a population having a CDR®+NACC-FTLD-Global=1
375 or a DA within 2.5 years of onset in those with a CDR®+NACC-FTLD-Global<1, the
376 estimated sample sizes using CDR®+NACC-FTLD-SB as the primary endpoint for a
377 two-year trial were 68 total participants for *GRN*, 120 for *MAPT*, and 124 for *C9orf72*.

378

379 **Discussion**

380 We present the efforts of the international FTD Prevention Initiative (FPI) to establish
381 the largest known cohort of f-FTD cases worldwide, gathered from North American
382 (ALLFTD) and European/Canadian (GENFI) natural history studies. We harmonized

383 clinical, neuropsychological, biofluid, and neuroimaging measurements to build DPMs
384 that allow direct comparisons of effect sizes for mean values and rates of change
385 between the best available measures for characterizing FTD. The DPMs revealed
386 important insights about the earliest manifestations of f-FTD and the temporal ordering
387 of biomarker and clinical changes. Across all three FTD mutation carrier groups,
388 regional brain atrophy and plasma NfL elevations were the first measurable
389 manifestations of disease, potentially developing 10 to 40 years before the earliest
390 clinical features. Neuropsychological changes typically occurred later,
391 contemporaneous with the emergence of informant-reported symptoms (CDR®+NACC-
392 FTLD-SB). The genetic groups displayed differences in patterns of disease progression
393 that are relevant for clinical care and clinical trial planning. The striking concordance in
394 disease progression between the two independent North American and European
395 cohorts supports the validity of the models, suggesting that the natural history of the
396 disease is strongly determined by pathogenic mutations and that global clinical trials of
397 f-FTD therapies are feasible. Finally, we leveraged the DPMs and natural history data to
398 simulate prevention and treatment clinical trial scenarios, including candidate participant
399 selection criteria and primary endpoints, to provide evidence for the feasibility of running
400 presymptomatic prevention trials and symptomatic treatment trials in f-FTD.

401

402 The validity of our DPM models is supported by the results of previous studies focusing
403 on individual biomarkers or clinical measures in f-FTD. Because the models incorporate
404 both new and some previously analyzed historical data, we were able to replicate and
405 extend the results of previous studies. We also directly compared the relative utility of

406 different assessments at different stages of disease. Consistent with previous MRI
407 studies demonstrating brain atrophy can be detected in presymptomatic f-FTD,^{16–19} MRI-
408 measured brain atrophy was the first biomarker to change in *C9orf72* and *MAPT*, but
409 our models revealed that NfL elevations preceded atrophy by a few years in *GRN*. In
410 *C9orf72*, the thalamus and most other brain regions were smaller than controls 10 to 40
411 years prior to onset, supporting the hypothesis that *C9orf72* repeat expansions may
412 affect early brain development.^{19,20} Also consistent with prior work, the most rapid rates
413 of atrophy occurred in *GRN* with widespread brain involvement within 10 years of
414 onset.^{21,22} Despite differences in analytic methods, and the inclusion of a much larger
415 dataset, the DPMs developed in this study allowed us to replicate the findings of earlier,
416 smaller analyses. In an earlier MRI study, Rohrer and colleagues¹⁷ defined expected
417 disease onset based on each genetic group's mean age of onset rather than using
418 model derived DA employed here. Similar to the previous study, we detected medial
419 temporal atrophy in *MAPT* 15 years prior to onset followed by atrophy of the insula.
420 Temporal lobe atrophy in presymptomatic *MAPT* has been consistently reported,^{16,18,23}
421 and the insula may be a common region of early atrophy in *MAPT*.²⁴

422

423 We and others have previously shown that NfL concentrations are elevated in the
424 plasma^{25–27} and CSF^{28,29} of symptomatic FTD patients compared to other neurological
425 conditions. In the current study, we verified that the genotype-related patterns of plasma
426 NfL elevation that were measured in two different laboratories, in two independent f-
427 FTD cohorts, were very similar and for the purposes of DPM, could be combined. In
428 *C9orf72*, NfL levels began to deviate from controls approximately 30 years prior to onset

429 and remained significantly elevated compared to controls in all presymptomatic epochs.
430 In *GRN*, NfL levels begin to increase 15 years prior to onset and were elevated
431 compared to controls in the late presymptomatic stages. In contrast, NfL levels begin to
432 increase just proximal to symptom onset in *MAPT*, and presymptomatic *MAPT* mutation
433 carriers did not show increased levels compared to controls. In the symptomatic stage,
434 NfL levels rose more than twice as fast in *GRN* than the other genetic groups. These
435 results extend previous fluid biomarker studies showing NfL concentrations become
436 elevated early in f-FTD, are harbingers of symptom onset, and rise most rapidly in
437 *GRN*.^{25,27,30–32}

438
439 Paralleling the biomarker findings, global disease severity (CDR®+NACC-FTLD-SB)
440 and neuropsychological measures declined more rapidly in *GRN* than *C9orf72* or *MAPT*
441 mutation carriers. Although *GRN* was previously shown to have the longest disease
442 course in an international f-FTD cohort,¹² disease duration in that study was determined
443 based on clinical interview rather than the data-driven approach taken in the current
444 study; moreover, the *C9orf72* sample in the prior study had a higher proportion of
445 participants with ALS or FTD with motor neuron disease than the current study (30.3% v
446 13.1%), and these diagnoses were associated with more rapid disease progression.^{12,33}
447 Neuropsychological impairments relative to age-matched controls were typically
448 observed after symptom onset in all groups, although abnormalities on a few measures
449 were detected in the presymptomatic stages. These findings add to prior studies
450 suggesting that cognitive changes can be detected in the presymptomatic phases of f-
451 FTD and that there are genotype-specific cognitive profiles.^{34–37} Future work should

452 continue to explore the development and validation of novel neuropsychological
453 measures for early detection and monitoring, including digital cognitive tests and
454 cognitive composite scores (e.g. GENFI-COG) that may improve early detection and
455 reduce sample size estimates.³⁷

456

457 An overarching aim of this study was to develop models that inform the design of f-FTD
458 clinical trials. Simulation studies were conducted to estimate the sample sizes
459 necessary to power prevention and early symptomatic treatment trials. These studies
460 also explored the use of NfL and DA estimates as inclusion criteria to enroll
461 presymptomatic mutation carriers at heightened risk for clinical progression during a
462 trial. The simulations revealed important information that will be directly applicable to
463 clinical trial design. First, using NfL and MRI biomarkers as surrogate endpoints for
464 prevention trials would allow trials to be conducted with many fewer participants than
465 clinical measures. Second, prevention trials appear most feasible for *MAPT* and *GRN*
466 relative to the estimated number of eligible participants based on our dataset, however,
467 given that *C9orf72* is the most common mutation causing FTD and ALS, recruiting the
468 estimated sample sizes may be feasible. Third, using estimated DA to select high-risk
469 presymptomatic participants for trial enrollment leads to a sizeable reduction in sample
470 sizes. This reduction in sample size must be balanced against the reduction in number
471 of eligible participants (of that DA), but these simulations show that *GRN* and *MAPT*
472 trials enrolling presymptomatic participants within five years of estimated onset would
473 be feasible based on the estimated number of eligible participants from our current
474 dataset. Fourth, clinical measures perform very well in the early symptomatic trial

475 simulations, and sample sizes for trials using the CDR®+NACC-FTLD-SB as a primary
476 outcome are feasible for all three genetic groups. Not only was this measure statistically
477 powerful for measuring change, but given that it reflects informant-reported clinical
478 status, it could also be considered a clinically meaningful outcome and approvable
479 endpoint from a regulatory perspective.¹⁵

480

481 The clinical trial simulations included in this study used standard, two-arm, parallel-
482 group clinical trial designs. Future work to explore innovative trial designs and analysis
483 methods may enable trials with smaller samples sizes and/or increased power for
484 smaller (but clinically meaningful) treatment effects. With the incorporation of a
485 treatment effect parameter, the DPM-predicted versus post-treatment progression could
486 potentially be used as a primary endpoint in clinical trials to estimate the slowing in
487 disease progression across multiple endpoints.^{7,38} In rare diseases such as f-FTD
488 analysis methods may also simulate data from natural history participants to generate
489 “synthetic” participants to decrease sample sizes and reduce allocation to placebo as
490 has been encouraged in recent FDA guidance.¹⁴ Additionally, platform trials based on
491 DPMs allow multiple therapies to be tested simultaneously with comparisons made to a
492 shared placebo group further improving trial efficiency in rare populations.³⁹

493

494 There are important limitations to this work. Known genetic modifiers of f-FTD disease
495 progression were not included, such as specific mutations (for *MAPT*) and *TMEM106B*,
496 a modifier of penetrance in *GRN*.^{2,40} We were also limited in the clinical measures that
497 we could include in the analysis to those that were readily harmonizable between

498 ALLFTD and GENFI, excluding a variety of promising novel measures that were not
499 available in both cohorts.^{34,35} Future models will likely be improved by including a more
500 exhaustive collection of measures and biomarkers⁴¹ and approaches accounting for
501 heterogeneity in f-FTD features.⁴² Because disease onset was defined as
502 CDR®+NACC-FTLD-SB=0.5, non-carrier controls by definition had CDR®+NACC-
503 FTLD-SB=0 at baseline, which reduced the variance in this measure, thereby potentially
504 overestimating the effect size relative to other measures where there was more
505 variance in the controls. Because abnormal global status may reflect other brain
506 pathologies in the controls that could potentially obscure important findings, we believe
507 that the requirement for CDR®+NACC-FTLD-SB=0 in controls was appropriate.

508

509 The DPMs produced for the current study have additional limitations related to less
510 informative clinical data at early stages of disease and missing data at late stages of
511 disease. In subjects estimated to be within 10 years of symptom onset, the accuracy is
512 +/- 5.5 years, which approaches the accuracy of familial age of onset-based estimates
513 which are useful in DIAD,⁴³ but not possible in most f-FTD syndromes.¹² However,
514 individuals furthest from onset are typically within normal limits on all contributing
515 measures forcing the model to rely heavily on prior information about participants'
516 chronological age to estimate DA. This results in considerable uncertainty around exact
517 DA in those furthest from expected onset (e.g., +/-14 years in the -40 to -10 epoch). To
518 visually assess how the weight of evidence (number of measures that changed over the
519 range of visits) related to each subject's DA, we color coded measurements in each
520 individual mutation carrier in Figure S6. This revealed that in more severely impaired

521 mutation carriers at later DA, there was more missing data, particularly MRI. This
522 suggests an important limitation to the use of MRI as an outcome in symptomatic
523 mutation carriers: data may be missing because scans are harder to acquire in
524 advanced patients, possibly because they either cannot travel to research centers or
525 they cannot lie still in a MRI scanner. Such informative missing data also impacts the
526 DPMs, potentially biasing the models towards a smaller standard deviation from normal;
527 this is a limitation and a direction for future research. Finally, the current study is limited
528 by the lack of racial and ethnic diversity of the sample. Improving the diversity of
529 participants in FTD research is an urgent priority,⁴⁴ however, it should be noted that in
530 genetic f-FTD there are known founder effects for *C9orf72*⁴⁵ and *GRN* mutations⁴⁶ with
531 European ancestry, leading to strong associations with particular racial and ethnic
532 groups.

533

534 In conclusion, these DPMs will facilitate the planning of f-FTD clinical trials, including
535 selection of optimal endpoints and enrollment criteria to maximize power to detect
536 treatment effects.¹⁴ Brain atrophy and plasma NfL elevations are measurable years prior
537 to symptom onset, paving the way for using these biomarkers in clinical trials of agents
538 that could prevent or delay the clinical manifestations of f-FTD. The models also
539 highlight the challenges of conducting adequately powered trials in rare f-FTD
540 populations and provide a roadmap for development of new biomarkers and clinical
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622 developed the custom code for the disease progression models. L.P., T.F.G., and C.H.
623 processed the neurofilament light chain data. Y.C., A.W., and S.Y.M.G. processed the
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625 H.W.H, L.R., H.J.R., J.D.R, and A.L.B critically revised the manuscript. A.L.B.
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629

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633

634

635 **Competing Interest Statement**

636

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886
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889
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891
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910 **Table 1. Characteristics of the study participants**

Characteristic	All Carriers	C9orf72+	GRN+	MAPT+	Non-Carriers	p-value	Pairwise Comparisons
Sample Size	796	347	281	168	412		
ALLFTD Sample Size	275	127	68	80	161		
GENFI Sample Size	521	220	213	88	251		
Age - yr (mean(SD))	50.2 (13.9)	51.2 (13.7)	52.2 (13.7)	44.9 (13.3)	45.9 (13.0)	<0.001	(NC = MAPT) < (C9=GRN)
Female - n (%)	447 (56.1%)	188 (54.2%)	167 (59.4%)	92 (54.8%)	239 (58.0%)	0.51	
Education - yr	14.4 (3.2)	14.5 (3.0)	14.2 (3.4)	14.7 (3.0)	14.8 (2.9)	0.07	
Visits (total number)	2.1 (1.1)	2.0 (1.0)	2.1 (1.1)	2.5 (1.2)	2.2 (1.1)	<0.001	(C9=GRN,NC=GRN,C9<NC)< MAPT
N with 1 visit	292	135	114	43	137		
N with 2 visits	233	120	68	45	106		
N with 3 visits	158	53	57	48	118		
N with ≥4 visits	113	39	42	32	51		
Total number of observations	1,695	690	592	413	910		
Follow-up Length (if > 1 visit) - yr	2.0 (0.9)	1.9 (0.9)	2.1 (0.9)	2.2 (0.9)	2.2 (0.8)	<0.001	C9< (GRN = MAPT = NC)
Race - n (%)							
White	776 (97.5%)	342 (98.6%)	274 (97.5%)	160 (95.2%)	404 (98.0%)	0.11	
Non-White [^]	19 (2.4%)	4 (1.2%)	7 (2.5%)	8 (4.8%)	6 (1.5%)		
Unknown	1 (0.1%)	1 (0.3%)	0	0	2 (0.5%)		
CDR®+NACC-FTLD Global- n (%)							
0	433 (54.4%)	171 (49.3%)	168 (59.8%)	94 (56.0%)	412 (100%)	0.03 ^{^^}	C9<GRN, C9=MAPT, GRN=MAPT
0.5	127 (16.0%)	61 (17.6%)	39 (13.9%)	27 (16.1%)	NA	0.45	
≥ 1	236 (29.7%)	115 (33.1%)	74 (26.3%)	47 (28.0%)	NA	0.16	
Estimated Years Since Onset*	4.4 (4.7)	5 (4.7)	2.7 (2.4)	6 (7.8)	NA	<0.001	GRN< C9, GRN < MAPT, C9 = MAPT
Symptomatic Diagnoses - n (%)							
bvFTD	162 (68.6%)	85 (73.9%)	38 (51.4%)	39 (83.0%)	NA	<0.001	GRN < (C9 = MAPT)
PPA	30 (12.7%)	4 (3.5%)	25 (33.8%)	1 (2.1%)	NA	<0.001	(C9 = MAPT) < GRN
CBS	2 (0.9%)	--	2 (2.7%)	--	NA	0.13	
PSP	3 (1.3%)	1 (0.9%)	1 (1.4%)	1 (2.1%)	NA	0.78	
ALS	4 (1.7%)	4 (3.5%)	--	--	NA	0.14	
FTD-MND	11 (4.7%)	11 (9.6%)	--	--	NA	0.002	(GRN=MAPT) < C9
MCI	4 (1.7%)	2 (1.7%)	1 (1.4%)	1 (2.1%)	NA	1.0	
AD Dementia	5 (2.1%)	1 (0.9%)	3 (4.1%)	1 (2.1%)	NA	0.35	
Other**	4 (1.7%)	3 (2.6%)	1 (1.4%)	1 (2.1%)	NA	NA	
Missing	9 (3.8%)	4 (3.5%)	2 (2.7%)	3 (6.4%)	NA	NA	

911 Note. Demographics were calculated using baseline values. Demographic variables and other participant
 912 characteristics were compared across genetic groups and controls using regression with pairwise group contrasts for
 913 most variables. Sex, race, CDR®+NACC-FTLD, and diagnostic categories were compared using chi-square with
 914 Bonferroni-adjusted pairwise comparisons when the omnibus test was significant. For chi-square tests in which any
 915 bins were < 10, the Fisher's exact test was used. All tests were two-sided. Symptomatic clinical diagnoses were
 916 calculated in those with a CDR®+NACC FTLD Global ≥ 1

917 [^] Due to the small number of non-White participants in this sample, a single bin was used to protect participants'
 918 identities.

919 ^{^^} Controls not included in pairwise comparisons for CDR®+NACC FTLD

920 *Median (IQR) of baseline values for symptomatic cases based on clinician-reported age of onset.

921 **Other diagnoses include dementia not otherwise specified (n=2) or the clinician marked "other" without entering
 922 additional information.

923 Abbreviations: CDR®+NACC-FTLD: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center Frontotemporal
 924 Lobar Degeneration Module; bvFTD: Behavioral Variant Frontotemporal Dementia; PPA: Primary Progressive Aphasia; CBS:
 925 Corticobasal Syndrome; PSP: Progressive Supranuclear Palsy Syndrome; ALS: Amyotrophic Lateral Sclerosis; MND: Motor Neuron
 926 Disease; MCI: Mild Cognitive Impairment; AD: Alzheimer's Disease

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Table 2. Baseline descriptive statistics of measures for each genetic group at three epochs.

Mutation Status	Outcome Measure	Disease Age Epoch			
		-40 to -10 YSO	-10 to 0 YSO	0+ YSO	
Age-Matched Controls	N (prop) at baseline	229 (0.56)	85 (0.21)	98 (0.24)	
	Mean Age (SD) at baseline	36.8 (7.7)	52.6 (6.7)	61.6 (7.7)	
	Mean Raw Score (SD; Range)	CDR®+ NACC FTLD SB	0 (0; 0-0)	0 (0; 0-0)	0 (0; 0-0)
		Trails A (Total time in Seconds)	22.76 (8.03; 8-78)	26.36 (9.39; 12-61)	31.07 (14.67; 12-89)
		Trails B (Total time in Seconds)	53.81 (21.93; 19-187)	62.06 (29.48; 27-202)	73.63 (30.43; 31-167)
		MINT (Total Correct)	29.92 (1.75; 24-32)	29.94 (1.62; 26-32)	29.95 (1.92; 25-32)
		MRI Frontal/TIV	7.07 (0.48; 5.39-8.21)	6.68 (0.41; 5.83-7.55)	6.33 (0.45; 5.27-7.28)
		MRI Temporal/TIV	4.76 (0.29; 3.76-5.62)	4.54 (0.22; 4.07-5.03)	4.24 (0.28; 3.46-4.79)
		MRI Medial Temporal (MTL)/TIV	1.03 (0.06; 0.81-1.22)	1.02 (0.06; 0.89-1.19)	0.97 (0.07; 0.8-1.13)
		NfL (log)	1.67 (0.43; 0.38-3.27)	2.05 (0.38; 1.06-2.94)	2.42 (0.43; 1.71-3.76)
C9orf72	N (prop) at baseline	135 (0.39)	63 (0.18)	149 (0.43)	
	Mean Age (SD) at baseline	38.3 (8.8)	54.6 (8.2)	61.5 (9)	
	Mean Raw Score (SD; Range)	CDR®+ NACC FTLD SB	0.19 (0.57; 0-3)	0.31 (0.69; 0-3.5)	8.32 (6.23; 0-22)
		Trails B (Total time in Seconds)	58.92 (21.85; 28-151)	84 (45.61; 23-300)	168.25 (88.4; 35-300)
		MRI Temporal/TIV	4.58 (0.29; 3.95-5.22)	4.16 (0.32; 3.43-4.71)	3.76 (0.46; 2.29-4.78)
		NfL (log)	1.89 (0.48; 0.94-3.89)	2.58 (0.6; 1.72-4.76)	3.31 (0.85; 1.54-5.54)
	Mean Standardized Units from Control (SD; Range)	CDR®+ NACC FTLD SB	---	---	---
		Trails B	0.23 (1; -1.18-4.43)	0.74 (1.55; -1.32-8.07)	3.11 (2.91; -1.27-7.44)
		MRI Temporal/TIV	-0.62 (1; -2.79-1.56)	-1.75 (1.43; -5.04-0.76)	-1.71 (1.65; -6.92-1.94)
		NfL (log)	0.51 (1.11; -1.68-5.1)	1.37 (1.57; -0.85-7.06)	2.07 (1.96; -2.01-7.18)
GRN	N (prop) at baseline	125 (0.44)	72 (0.26)	84 (0.3)	
	Mean Age (SD) at baseline	41 (10.3)	58.2 (7.5)	63.7 (8.8)	
	Mean Raw Score (SD; Range)	CDR®+ NACC FTLD SB	0.08 (0.26; 0-2)	0.31 (0.71; 0-3)	9.19 (6.53; 0-24)
		Trails A (Total time in Seconds)	25.37 (9.2; 9-63)	30.57 (10.73; 16-81)	72.12 (46.48; 23-150)
		MRI Frontal/TIV	7.03 (0.52; 5.39-8.93)	6.4 (0.52; 5.25-7.48)	5.15 (0.92; 2.62-7.77)
		NfL (log)	1.87 (0.43; 0.82-3.34)	2.45 (0.56; 1.57-4.27)	4.04 (0.65; 2.14-5.35)
	Mean Standardized Units from Control (SD; Range)	CDR®+ NACC FTLD SB	---	---	---
		Trails A	0.33 (1.15; -1.71-5.01)	0.45 (1.14; -1.1-5.82)	2.8 (3.17; -0.55-8.11)
		MRI Frontal/TIV	-0.08 (1.09; -3.49-3.89)	-0.68 (1.26; -3.46-1.92)	-2.59 (2.02; -8.18-3.18)
		NfL (log)	0.46 (1; -1.95-3.84)	1.04 (1.45; -1.25-5.79)	3.74 (1.49; -0.62-6.75)
MAPT	N (prop) at baseline	69 (0.41)	37 (0.22)	62 (0.37)	
	Mean Age (SD) at baseline	34.1 (9.2)	46.3 (9.5)	56.1 (8.6)	
	Mean Raw Score (SD; Range)	CDR®+ NACC FTLD SB	0.15 (0.48; 0-2.5)	0.39 (0.76; 0-3)	7.9 (6.51; 0-24)
		MINT (Total Correct)	29.88 (1.8; 25-32)	29.16 (3; 17-32)	21.22 (8.04; 1-32)
		MRI MTL/TIV	1.05 (0.06; 0.87-1.16)	0.98 (0.07; 0.77-1.08)	0.72 (0.14; 0.46-1.04)
		NfL (log)	1.69 (0.45; 0.39-2.53)	1.98 (0.55; 0.93-3.44)	3.04 (0.55; 1.93-5.1)
	Mean Standardized Units from Control (SD; Range)	CDR®+ NACC FTLD SB	---	---	---
		MINT	-0.02 (1.03; -2.82-1.19)	-0.48 (1.85; -7.98-1.27)	-4.56 (4.2; -15.12-1.07)
		MRI MTL/TIV	0.41 (1.04; -2.7-2.15)	-0.69 (1.29; -4.46-1.15)	-3.33 (1.86; -6.87-1.04)
		NfL (log)	0.04 (1.03; -2.95-1.98)	-0.19 (1.45; -2.91-3.63)	1.45 (1.26; -1.11-6.17)

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Note. Baseline raw and standardized values for several measures are displayed for controls and mutation carriers at three Disease Age Epochs. Each participant was assigned to a Disease Age epoch based on the estimated Disease Age at their first visit. Clinical and imaging measures were selected by choosing the “best” measure for each genetic group based on when they became elevated compared to controls and the rate of longitudinal change (descriptive statistics for all modeled measures are displayed in Supplemental Table S2). Raw imaging measures are presented as percentage of total intracranial volume to account for head size. Mean standardized units from controls indicates the number of standard deviations from the control group.

Abbreviations: Prop: Proportion; CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer’s Coordinating Center’s Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail B: Trail Making Test, Part B; MINT: Multilingual Naming Test; MRI: magnetic resonance imaging; TIV: Total intracranial volume; NfL (log): Log-transformed plasma neurofilament light chain

Table 3. Clinical trial sample size estimates

Pre-symptomatic prevention trial (CDR®+NACC-FTLD Global = 0)										
Primary endpoint - Sample Size Estimates (50% Treatment Effect)										
Genetic Group	Estimated number of eligible participants	Inclusion Criteria	CDR®+NACC-FTLD-SB		Neuropsychological Tests		NfL (log)		MRI Volume	
			2 Yrs	4 Yrs	2 Yrs	4 Yrs	2 Yrs	4 Yrs	2 Yrs	4 Yrs
<i>C9orf72</i> MRI=Temporal NP = Trails B	171	All CDR 0	>10000	4994	>10000	6784	3397	699	1639	394
	13	CDR 0 & NfL (log) > 3	582	334	1113	386	>10000	638	537	173
	38	CDR 0 & DA > -5	508	224	657	184	527	153	424	119
	20	CDR 0 & DA > -2.5	266	111	364	96	439	123	402	102
<i>GRN</i> MRI=Frontal NP=Trails A	168	All CDR 0	3144	1526	3844	1576	684	271	826	459
	7	CDR 0 & NfL (log) > 3	250	179	250	140	158	51	71	46
	26	CDR 0 & DA -5	297	182	267	130	99	30	52	27
<i>MAPT</i> MRI=MTL NP=MINT	10	CDR 0 & DA -2.5	182	104	159	79	84	26	37	24
	94	All CDR 0	7073	2733	>10000	3741	3059	802	1492	526
	4	CDR 0 & NfL (log) > 3	283	188	373	220	>10000	501	147	72
	19	CDR 0 & DA -5	362	190	641	265	595	149	108	39
14	CDR 0 & DA -2.5	191	97	311	134	438	117	72	24	
Early symptomatic treatment trial (All CDR®+NACC-FTLD Global = 1 enriched with 0 and 0.5 participants)										
Primary endpoint - Sample Size Estimates (50% Treatment Effect)										
Genetic Group	Estimated number of eligible participants	Inclusion Criteria	CDR®+NACC-FTLD-SB		Neuropsychological Tests		NfL (log)		MRI Volume	
			1.5 Yrs	2 Yrs	1.5 Yrs	2 Yrs	1.5 Yrs	2 Yrs	1.5 Yrs	2 Yrs
<i>C9orf72</i> MRI=Temporal NP = Trails B	94	ALL CDR 0.5 and 1	188	129	340	203	811	483	639	367
	37	All CDR 1 & (CDR 0 & 0.5 if NfL > 3)	161	115	370	222	1806	782	645	358
	83	All CDR 1 & (CDR 0 & 0.5 if DA > -2.5)	176	124	400	207	740	423	678	360
	67	All CDR 1 & (CDR 0 & 0.5 if DA > 0)	117	79	275	161	628	384	669	359
<i>GRN</i> MRI=Frontal NP=Trails A	67	ALL CDR 0.5 and 1	76	66	115	79	133	76	44	30
	33	All CDR 1 & (CDR 0 & 0.5 if NfL > 3)	97	84	124	92	182	110	49	36
	48	All CDR 1 & (CDR 0 & 0.5 if DA > -2.5)	79	68	105	74	127	75	36	26
<i>MAPT</i> MRI=MTL NP=MINT	38	All CDR 1 & (CDR 0 & 0.5 if DA > 0)	39	32	62	41	124	72	32	22
	43	ALL CDR 0.5 and 1	175	136	300	196	845	437	124	74
	11	All CDR 1 & (CDR 0 & 0.5 if NfL > 3)	89	66	138	91	1719	769	95	59
	43	All CDR 1 & (CDR 0 & 0.5 if DA > -2.5)	164	120	244	163	779	419	109	63
31	All CDR 1 & (CDR 0 & 0.5 if DA > 0)	96	66	150	104	627	359	83	48	

947 Note. Sample size estimates (total n for a trial) are first presented for pre-symptomatic prevention trials in
 948 which all enrolled participants are presymptomatic based on CDR®+NACC-FTLD = 0. Within each
 949 genetic group, sample sizes are estimated for trials enrolling all presymptomatic participants as well as
 950 three additional scenarios in which NfL or Disease Age are used to enroll high-risk participants likely to be
 951 proximal to symptom onset. In the bottom half of the table, estimates are presented for an early
 952 symptomatic trial in which all participants with a CDR®+NACC-FTLD Global = 1 are eligible, and those
 953 with CDR®+NACC-FTLD < 1 are included based on different inclusion criteria. The estimated number of
 954 eligible participants refers to the number of participants in the current dataset that meet the specified
 955 inclusion criteria. For each genetic group, we select a representative MRI and neuropsychological
 956 measures (displayed in the first column). Bolded cells indicate that the sample size estimates are less
 957 than or within 15 participants of the number eligible. All trial designs assume 1:1 randomization treatment
 958 vs. control, 10% attrition per year, and have a primary analysis of a change from baseline in the primary
 959 endpoint. Additional details of the assumptions underlying these simulations can be found in Table S9.

960 Abbreviations: CDR®+NACC-FTLD-SB/CDR: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating
 961 Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; NfL(log): Log-transformed plasma neurofilament
 962 light chain; MRI: magnetic resonance imaging; NP: Group-specific neuropsychological measure; Trails A/B: Trail
 963 Making Test, Parts A & B; MTL: Medial Temporal Lobe; MINT: Multilingual Naming Test; DA = Disease Age

964 **Figure Captions (main text figures)**

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966 **Figure 1. Raw data points overlaid on model estimated fit**

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968 Panels A, C, E, and G display raw data points for mutation carriers (blue) and non-carrier controls (gold)
969 for several representative measures as a function of model estimated Disease Age, with a loess fit to
970 each group displayed using thick solid lines. In these panels, raw outcomes are plotted, and mutation
971 carriers are color coded based on whether they were enrolled through ALLFTD or GENFI. These panels
972 highlight the consistency in progression regardless of cohort. Panels B, D, F, and H display raw data
973 points colored by mutation as a function of disease age. In these panels, the overall fit for each group was
974 derived from the Bayesian disease progression model and is displayed using thick solid lines. Shaded
975 areas indicate the 95% credible interval of the estimate. Age-related changes in controls are observed in
976 panels C-H. Figures for all modeled measures are included in Supplemental Figure S1.

977

978 Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's
979 Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trails B: Trail Making
980 Test, Part B (total time displayed in seconds); NfL (log): Log-transformed plasma neurofilament light
981 chain; TIV: Total intracranial volume.

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984 **Figure 2. Temporal ordering of clinical and biomarker changes in F-FTD**

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986 These figures display the empirically derived model-estimated curves in each genetic group. In all figures,
987 model estimated time from onset (years) is on the x-axis. The left y-axis indicates the number of standard
988 deviations (SD) of abnormality compared to controls. The right y-axis indicates CDR®+NACC FTLD Box
989 Score units to provide a context for understanding the degree of clinical impairment associated with
990 changes in the other biomarkers and to provide a raw estimate corresponding to the standardized
991 CDR®+NACC FTLD Box Score (black line). Panels A-C display the mean curves for the CDR®+NACC
992 FTLD Box Score, NfL, and a selected imaging and clinical measure for each genetic group, based on
993 which measure is first elevated by one standard deviation from controls and the measure's rate of
994 longitudinal progression. All clinical, imaging, and fluid biomarkers are displayed in the remaining panels
995 (D-I). The shaded areas indicate the 95% credible interval of the estimate. These figures suggest brain
996 atrophy and elevations in neurofilament light chain levels are detectable prior to symptom onset, and that
997 each mutation shows a unique cascade of biomarker changes.

998

999 *Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's*
1000 *Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail B: Trail Making*
1001 *Test, Part B; MINT: Multilingual Naming Test; RSMS: Revised Self Monitoring Scale; MRI: magnetic*
1002 *resonance imaging; NfL (log): Log-transformed plasma neurofilament light chain; Stand: Standard*

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1006 **Figure 3. Comparison of mutation carriers with controls at three epochs of**
1007 **disease age**

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1009 Cross-sectional baseline differences between mutation carriers and controls are presented as effect sizes
1010 (omega squared). Bolded cells indicate statistical significance ($p < .05$). Comparisons in which mutation
1011 carriers are more impaired than controls at an omega squared > 0.00 are colored, with darker shades
1012 illustrating larger effect sizes. CDR®+NACC FTLD SB scores and log-transformed NfL levels are
1013 presented for all genetic groups. Clinical and imaging measures were selected for each genetic group
1014 based on how early they deviated from controls in the disease progression model and rate of longitudinal
1015 progression. Note that statistical comparisons for the CDR®+NACC FTLD SB should be interpreted with
1016 caution given that controls were defined as having a baseline CDR®+NACC-FTLD=0 and thus have no
1017 variance due to this selection process. A similar figure including all modeled measures can be found in
the extended data figures (Extended Data Fig 1).

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1131 Online Methods

1132 1133 Participants

1134 Participants included 796 carriers of pathogenic mutations in the *C9orf72*, *GRN*, or
1135 *MAPT* genes and 412 non-carrier controls from families with a known mutation in one of
1136 these genes. Participants were enrolled through Advancing Research and Treatment for
1137 Frontotemporal Lobar Degeneration (ARTFL; NCT02365922) and Longitudinal
1138 Evaluation of Familial Frontotemporal Dementia Subjects (LEFFTDS; NCT02372773),⁴⁷
1139 which recently combined into the ARTFL/LEFFTDS Longitudinal Frontotemporal Lobar
1140 Degeneration (ALLFTD; NCT04363684) study. These studies enrolled participants
1141 through a consortium of 18 centers across the US and Canada between 2015 and
1142 2020. Participants were also enrolled through the Genetic Frontotemporal Initiative
1143 (GENFI), which involves 25 research centers across Europe and Canada. GENFI 2
1144 participants from the 5th Data Freeze (2015-2019) were included. All participants were
1145 required to have completed the Clinical Dementia Rating Scale (CDR®) plus Behavioral
1146 and Language Domains from the National Alzheimer's Coordinating Center (NACC)
1147 FTL module (CDR®+NACC-FTLD). GENFI 1 (2012 - 2015) participants were excluded
1148 because the CDR®+NACC-FTLD was not collected during that study period. Some
1149 participants in GENFI 2 and ALLFTD cohorts underwent longitudinal evaluations, and all
1150 available data were included. ALLFTD participants received travel compensation and
1151 remuneration up to \$100 based on the study they participated in. For GENFI, Travel,
1152 accommodations, or other reasonable expenses are offered to the participants to cover
1153 any costs they incur in order to attend the research visits. The ALLFTD study was
1154 approved through the Trial Innovation Network (TIN) at Johns Hopkins University. Local
1155 ethics committees at each of the sites approved the study, and all participants provided
1156 written informed consent or assent with proxy consent.
1157

1158 *ALLFTD Inclusion/Exclusion Criteria Relevant to this study:*

1159 Inclusion criteria: Participants must be a member of a family with a known pathogenic
1160 mutation in the *GRN* or *MAPT* genes, or with a pathogenic expansion in the *C9orf72*
1161 gene. The participant does not have to know their own genetic status but must be at
1162 least 18 years of age. The predominant phenotype in most families is cognitive or
1163 behavioral. However, families may present with motor-dominant syndromes without
1164 exclusion. Participants must have a reliable informant who personally speaks with or
1165 sees that subject at least weekly. Participants are sufficiently fluent in English to

1166 complete all measures. Participants must be willing and able to consent to the protocol
1167 and undergo yearly evaluations over three years. Participants must be willing and able
1168 to undergo neuropsychological testing (at least at baseline visit) and have no
1169 contraindication to MRI imaging. Non-carrier family controls were included in the current
1170 study if they were clinically normal at baseline, defined by a CDR®+NACC-FTLD Global
1171 Score = 0.

1172
1173 Exclusion criteria: Known presence of a structural brain lesion (e.g., tumor, cortical
1174 infarct). Presence of another neurologic disorder that could impact findings (e.g.,
1175 multiple sclerosis).

1176
1177 *GENFI Inclusion/Exclusion Criteria Relevant to this study:*

1178 Inclusion Criteria: Participants are at least 18 years old. Participants must be a member
1179 of a family with a known pathogenic mutation in the *GRN* or *MAPT* genes, or with a
1180 pathogenic expansion in the *C9orf72* gene. If the participant is cognitively impaired,
1181 there must be an available caregiver that can escort them. The participant must have an
1182 identified informant. The participant must be fluent in the language of their country of
1183 assessment. Non-carrier family controls were included in the current study if they were
1184 clinically normal at baseline, defined by a CDR®+NACC-FTLD Global Score = 0.

1185
1186 Exclusion criteria: Participant has another medical or psychiatric illness that would
1187 interfere in completing assessments. Participant is pregnant. Local MRI and lumbar
1188 puncture contraindications. The predominant phenotype in most families is cognitive or
1189 behavioral. However, families may present with motor-dominant syndromes without
1190 exclusion.

1191

1192

1193 **Genetic Testing**

1194 ALLFTD participants had genetic testing at the University of California, Los Angeles
1195 using published methods.⁴⁸ GENFI participants were genotyped at their local sites
1196 according to previous methods.¹⁷ Briefly, in ALLFTD and GENFI, DNA samples were
1197 screened using targeted sequencing of a custom panel of genes previously implicated
1198 in neurodegenerative diseases, including *GRN* and *MAPT*. The presence of
1199 hexanucleotide repeat expansions in *C9orf72* was detected in ALLFTD using both
1200 fluorescent and repeat-primed PC and in GENFI using repeat-primed PCR.

1201

1202 **Clinical Assessment**

1203 The ALLFTD and GENFI multidisciplinary assessments includes neurological history
1204 and examination and collateral interview.¹⁷ Documented years since onset, which was
1205 entered as prior in the model, was based on clinical interview.

1206

1207 The CDR®+NACC-FTLD module is an eight-domain rating scale based on informant
1208 report.⁴⁹⁻⁵¹ A Global Score was calculated to categorize disease severity as
1209 presymptomatic (0), questionable or mild symptoms of neurodegenerative disease (0.5),
1210 or clear symptoms of dementia (1, 2, or 3).⁴⁹ A sum of the eight box scores

1211 (CDR®+NACC-FTLD-SB) was also calculated; this score ranges from 0 –24, with
1212 higher scores indicating greater functional impairment.⁴⁹

1213
1214 A subset of neuropsychological tests from the Uniform Data Set (UDS)
1215 Neuropsychological Battery, version 3.0 was available for both consortia: Trail Making
1216 Test Parts A & B, the Multilingual Naming Test (Boston Naming Test in GENFI),
1217 Number Span Forward and Backward (Digit Span in GENFI), Benson Figure Copy and
1218 Delayed Recall, and Animal Fluency. Conversion tables from the UDS Crosswalk study
1219 were used to harmonize Number Span/Digit Span and the MINT/BNT.⁵² Upon review of
1220 neuropsychological test scores in the controls, one outlier score was removed. As a
1221 sensitivity analysis to consider the impact of additional demographic covariates (i.e.,
1222 sex, education, language), statistical harmonization of the neuropsychological data was
1223 conducted using a *W*-score approach,^{42,53} which is a standardized score controlled for
1224 nuisance covariates. Regression models were built using baseline neuropsychological
1225 test scores in the non-carrier controls, with separate models in each consortium. All
1226 regressions included sex and education. In the GENFI cohort, primary language was
1227 included as an additional categorical covariate. Next, in all participants at every time
1228 point, the difference between their actual score and predicted score (based on
1229 regression conducted in controls) was divided by the standard deviation of the control
1230 group to derive a standardized estimate compared to controls with the same
1231 demographic background.

1232 1233 **Neuroimaging**

1234 *Image Acquisition*

1235 Details of image acquisition, processing, and harmonization can be found below and
1236 have been published elsewhere.⁵⁴ ALLFTD participants were scanned at 3T on MRI
1237 scanners (scanner types are displayed in Supplemental Table S7). T1-weighted images
1238 from ALLFTD were acquired as Magnetization Prepared Rapid Gradient Echo (MP-
1239 RAGE) images using the following parameters: 240x256x256 matrix; about 170 slices;
1240 voxel size = 1.05x1.05x1.25 mm³; flip angle, TE and TR varied by vendor. A standard
1241 imaging protocol was used across all centers, managed, and reviewed for quality by a
1242 core group at the Mayo Clinic, Rochester.

1243
1244 GENFI participants underwent volumetric T1-weighted MRI using the standard GENFI
1245 protocol.^{17,55} A variety of 1.5T and 3T scanners were used across the sites: Siemens
1246 Trio, Siemens Skyra, Siemens Prisma, Philips, and General Electric. The scan protocols
1247 were designed at the start of the GENFI study to ensure that there was adequate
1248 matching between the scanners and the quality of the images. T1-weighted images
1249 from GENFI were acquired using the following parameters: 256x256x208 matrix; 208
1250 slices; voxel size = 1.1 mm isotropic, flip angle = 8°, TE and TR varied by vendor. All
1251 scans were quality checked and those with movements or artifacts were removed.
1252 Furthermore, if any participants displayed moderate to severe vascular disease or any
1253 other brain lesions, they were also excluded from the analysis.

1254 1255 *Image Processing*

1256 The same image processing steps were performed on ALLFTD and GENFI data. Before
1257 any preprocessing of the images, all T1-weighted images were visually inspected for
1258 quality control. Images with excessive motion or image artifact were excluded. T1-
1259 weighted images underwent bias field correction using N3 algorithm.⁵⁶ The
1260 segmentation was performed using SPM12 (Wellcome Trust Center for Neuroimaging,
1261 London, UK, <http://www.fil.ion.ucl.ac.uk/spm>) unified segmentation.⁵⁷ A customized
1262 group template was generated from the segmented gray and white matter tissues and
1263 cerebrospinal fluid by non-linear registration template generation using the Large
1264 Deformation Diffeomorphic Metric Mapping framework.⁵⁸ Subjects' native space gray
1265 and white matter were geometrically normalized to the group template, modulated, and
1266 then smoothed in the group template. The applied smoothing used a Gaussian kernel
1267 with 8-mm full width half maximum. Every step of the transformation was carefully
1268 inspected from the native space to the group template.

1269
1270 Regional volume estimates were calculated from individual subjects' smoothed,
1271 modulated grey matter in template space, by taking the mean of all voxels in several a
1272 priori regions of interest (ROIs)⁵⁹ by taking the mean of all voxels within the following
1273 regions: Frontal, Temporal, Medial Temporal (consisting of amygdala, hippocampus,
1274 entorhinal cortex, and parahippocampal gyrus ROIs), Parietal, and Occipital Lobes,
1275 Striatum, Insula, Thalamus, and Cerebellum. Volume estimates were then represented
1276 as percentage of total intracranial volume. To understand the effects of scanner and to
1277 present voxelwise maps, a *W*-score was created at each voxel to represent volume
1278 relative to controls after adjusting for covariates. First, a multivariable linear model was
1279 fit for each voxel in a reference group that consisted of the first available scan for non-
1280 carrier family controls. Predictors in this model were total intracranial volume (TIV) and
1281 scanner platform.^{42,53} Next, for each voxel of every available MRI in the study, the same
1282 model was fit, entering TIV and scanner, using the coefficients from the reference group
1283 to extract a residual. This residual was then divided by the standard deviation of the
1284 residuals in the reference group. Therefore, the *W*-score represents the gray matter
1285 content at that voxel as the number of standard deviations away from the expected
1286 mean for a reference group, accounting for TIV and scanner platform. We then created
1287 a mean *W*-score value for each ROI and entered it into the model as a sensitivity
1288 analysis. Mean *W*-scores at each voxel in mutation carriers are also presented in
1289 supplemental figures.

1290 **Plasma Neurofilament Light Chain (NfL)**

1291 *ALLFTD Methods*

1293 Plasma NfL light concentrations were measured at the Mayo Clinic in Jacksonville using
1294 the Quanterix single-molecule array technology (Simoa) @ NF-Light Advantage Kit
1295 (Cat#103186, Lot 501992) and the HD-X instrument according to the instructions
1296 provided. Samples were tested in duplicate using kits from the same lot. In addition to
1297 the two quality control samples provided with the kit, all assays included five inter-assay
1298 controls. Prior to each assay, plasma samples were thawed, mixed thoroughly by low-
1299 speed vortexing, centrifuged at 10,000 g for five minutes, and transferred to 96-well
1300 plates that were then sealed to minimize sample evaporation. Samples were diluted four
1301 times by the instrument. If levels of NfL in a sample exceeded the upper limit of the

1302 calibration curve, the sample was retested at a higher dilution. Across all assays, the
1303 percent coefficient of variations of the mean NfL concentration for the inter-assay
1304 controls were below 10%.

1305
1306 *GENFI Methods*

1307 Plasma NfL concentrations were measured at baseline with Simoa, using the
1308 commercially available Simoa Neurology 4-Plex A kit (Quanterix, Lexington, MA, Cat#
1309 102153). Plasma samples were thawed at room temperature (one cycle), mixed
1310 thoroughly, and centrifuged at 14,000g for 3 minutes. The supernatant was loaded onto
1311 a Quanterix HD-1 Analyzer with a 1:4 specified dilution. Measures were completed in
1312 duplicate over a total of six batches, each with an eight-point calibration curve tested in
1313 triplicate and two controls tested in duplicate. Plasma concentrations were interpolated
1314 from the calibration curve within the same batch and corrected for the dilution. All
1315 samples were quantifiable within the dynamic range of 0.69 to 2,000 pg/mL and with an
1316 average coefficient of variation below 10%. Instrument operators were blinded to clinical
1317 and genetic information.

1318
1319 **Prior publications**

1320 Prior publications have included some of the data included in these models, including
1321 publications describing MRI,^{16,18,23,42,54,60–62} NfL,^{25,27,30} and clinical data.^{12,31,35,37,41,51,54}
1322 For full lists of publications from these consortia see <https://www.allftd.org/publications>
1323 and <https://www.genfi.org/publications/>. This study is the first comprehensive effort to
1324 combine clinical, imaging, and plasma biomarker data across consortia.

1325
1326
1327 **Statistical Analyses**

1328 All available data were included in the statistical analyses. Complete cases were not
1329 required, and no imputation was conducted. Statistical tests were two-sided.

1330
1331 *Participant characteristics*

1332 Demographic variables and other participant characteristics (Table 1) were compared
1333 across genetic groups and controls using regression with pairwise group contrasts for
1334 most variables. Sex, race, CDR®+NACC-FTLD, and diagnostic categories were
1335 compared using chi-square with Bonferroni-adjusted pairwise comparisons when the
1336 omnibus test was significant. For chi-square tests in which any bins were < 10, the
1337 Fisher's exact test was used.

1338
1339 *Disease Progression Model*

1340 Disease progression models were built using a Bayesian mixed effects framework, with
1341 the goal of estimating a single latent disease stage parameter for each person, which
1342 we refer to as Disease Age. The disease progression model is a joint model of all 20
1343 measures listed in Supplemental Table S8. Disease Age is the estimated difference
1344 between an individual's chronological age and the age of symptom onset (defined for
1345 this study as a CDR®+NACC-FTLD-SB = 0.5). This estimate is positive for symptomatic
1346 cases and negative for presymptomatic cases. The model included priors based on an
1347 individual's time from expected symptom onset. In symptomatic cases, we used the

1348 clinician's estimate of time from symptom onset, sampled from a normal distribution with
1349 a small amount of error (SD=4) to acknowledge the imperfection of this estimate. For
1350 presymptomatic cases and non-carrier controls, we used the mean age of the mutation
1351 group as a prior, sampled from a normal distribution with more noise (SD=10). The prior
1352 standard deviations of 4 and 10 were chosen to be relatively non-informative. For a
1353 subject with an observed clinician's estimate of time since symptom onset, there is a
1354 95% prior probability that the true age of onset was within +/- 8 years of the clinician's
1355 estimate. For a subject whose onset has not yet been observed, there is a 95% prior
1356 probability that the true age of onset was within +/- 20 years of the mean estimated age
1357 of onset from the same mutation group.

1358
1359 Disease age was then estimated from a joint analysis of all available clinical,
1360 neuropsychological, imaging, and NfL data. Simultaneously, overall disease progression
1361 of each endpoint was modeled as a function of latent disease age with several
1362 parameters, including expected value at "normal," total decline, endpoint and mutation-
1363 specific rate and timing of progression. To account for variability in values of each
1364 endpoint at healthy across subjects, we included subject-specific random effects that
1365 were correlated across similar endpoints (see Grouping variable in Table S8).

1366
1367 First, models were built separately in each cohort. Visual inspection suggested sufficient
1368 alignment between disease progression of all endpoints across the two consortia and
1369 subsequent models combined both cohorts within a single analysis. A detailed
1370 description of the approach follows:

1371
1372

Latent Disease Stage Disease Progression Model

1373
1374 • Model each endpoint, $k = 1:K$, for each subject, $i = 1:N$, for each visit, $j = 1:J_i$,
1375 as a function of latent disease stage. Where $Y_{i,j,k}$ is the value of the endpoint k
1376 for subject i at visit j , and $X_{i,j}$ is the age for subject i at visit j .

1377
1378 • Disease age was defined as years since onset (YSO): age at visit minus age at
1379 onset, $D_{i,j} = X_{i,j} - \alpha_i$. Age at onset is a latent variable that is estimated for each
1380 subject.

1381
1382 • The observed value $Y_{i,j,k}$ was assumed to be distributed normally with a subject
1383 and endpoint-specific mean and endpoint-specific variance that is a function of
1384 the mean.

$$1385 \quad Y_{i,j,k} \sim N(\mu_{i,j,k}, \sigma_k^2)$$
$$1386 \quad \mu_{i,j,k} = f_{i,k}(D_{i,j})$$

1387
1388 • The subject and endpoint-specific mean decay function, $f_{i,k}(x)$, followed an
1389 exponential decay as a function of disease age with location and scale
1390 parameters that are mutation specific. Mutations are denoted $m = 1:4$ for
1391 *C9orf72*, *GRN*, *MAPT*, and non-carriers respectively, m_i is an indicator of the
1392 mutation ($m=1:4$) for subject i .

1393

1394

$$f_{i,k}(D_{i,j}) = (\delta_{0,k} + \delta_{0,k,i}) + \frac{\delta_{1,k} - \delta_{0,k}}{1 + \exp(\theta_{k,m_i} + \beta_{k,m_i} * D_{i,j})}$$

1395

1396

Model parameters and prior distributions for each parameter are described below.

1397

1398

Model Components and prior distributions

1399

- $\delta_{0,k}$: Value of the endpoint at normal/healthy state. Normal prior distribution with mean fixed based on expected value of endpoint at a normal state (see Table S8) and SD of 10.

1400

1401

1402

1403

- $\delta_{1,k}$: Worst value for the endpoint (floor). Normal prior distribution with mean fixed based on expected worst value of the endpoint (see Table S8) and SD of 10.

1404

1405

1406

- $\delta_{0,k,i}$: Subject and endpoint-specific random effects in value of the endpoint at normal state that are correlated across similar endpoints (see Table S8 for groupings). Random effects are standardized based on the estimated endpoint-specific variability across subjects at normal, $\sigma_{\delta_{0,k}}^2$, and have a hierarchical prior distribution with subject-specific standardized mean for each group, g , of endpoints, $\mu_{\delta_{0,g,i}}$, and group-specific variability across endpoints within a subject, $\sigma_{\mu_{\delta_{0,g}}}^2$.

1407

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1413

$$\frac{\delta_{0,k,i}}{\sigma_{\delta_{0,k}}} \sim N\left(\mu_{\delta_{0,gk,i}}, \sigma_{\mu_{\delta_{0,gk}}}^2\right); i = 1: N; k = 1: K$$

1414

$$\mu_{\delta_{0,g,i}} \sim N(0,1); g = 1: G;$$

1415

1416

$$1/\sigma_{\delta_{0,k}}^2 \sim \text{Gamma}(0.1,0.1); k = 1: K;$$

1417

$$1/\sigma_{\mu_{\delta_{0,g}}}^2 \sim \text{Gamma}(0.1,0.1); g = 1: G$$

1418

1419

Hyper-prior distributions for the endpoint-specific variability across subjects at normal and the group-specific variability across endpoints in that group within a subject have a mean value of 1 on the precision and a SD of 10.

1420

1421

1422

1423

- $\theta_{k,m}$: Endpoint and mutation-specific overall location of mean decay function. Location parameter was set for endpoint, $k = 1$, that corresponds to CDR®+NACC-FTLD-SB so that the model is anchored to assume that a disease age of 0 corresponds to a value on CDR®+NACC-FTLD-SB of 0.5. For all other endpoints, we placed a non-informative prior distribution on the location parameter.

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$$\theta_{k,m} \sim N(0,10^2); k = 2: K; m = 1: 4.$$

1430

1431

In particular, $1/(1 + \exp(\theta_{k,m}))$, provides the percentage of the total decline of the endpoint at “onset” (DA =0). A value of 1 implies the endpoint is fully declined, a value of 0.5 implies 50% of the total decline. Under the above non-

1432

1433

1434 informative prior, 95% of the distribution of $1/(1 + \exp(\theta_{k,m}))$ is between 0
1435 ($<.00001$) and 1 ($>.99999$) with a median value of 0.50.

1436
1437 • $\beta_{k,m}$: Endpoint and mutation-specific overall slope of mean decay function. For all
1438 endpoints and mutations, we placed a non-informative prior distribution on the
1439 scale parameter.

$$\beta_{k,m} \sim N(0, 10^2); k = 1:K; m = 1:4.$$

1441
1442 • α_i : Age at onset per subject
1443 ○ If value was observed within the dataset, we assumed that the prior
1444 distribution of a subjects age of onset was normal with a mean of the
1445 observed value and a SD of 4.
1446 ○ If value was not observed within the dataset, we assumed that the prior
1447 distribution of a subjects age of onset was normal with a mean of the
1448 imputed value (imputed as the mutation and study-specific mean from all
1449 observed ages of onset) and a SD of 10.

$$\alpha_i \sim N(\mu_{\alpha,i}, \sigma_{\alpha,i}^2);$$

1452 $\mu_{\alpha,i}$: Imputed or observed age of onset per subject

1453 $\sigma_{\alpha,i}$: 4 if observed 10 if imputed

1454
1455 • σ_k^2 : Endpoint-specific measurement error.

$$1/\sigma_k^2 \sim \text{Gamma}(0.1, 0.1); k = 1:K.$$

1461 *Computation*

1462 The Bayesian model was computed in R version 4.1.2, using the rjags package. This
1463 package uses Markov Chain Monte Carlo (MCMC) to generate a sequence of
1464 dependent samples from the posterior distribution of the parameters. The MCMC had a
1465 burnin of 10,000 samples, followed by 100,000 samples.

1467 *Secondary analyses using estimated Disease Age*

1468 After building the DPMs, we extracted estimates of disease age for each observation.
1469 We then further explored the data in two different ways. For each endpoint, we first
1470 plotted raw values for mutation carriers and non-carriers as a function of disease age.
1471 For each measure, we provide mutation-specific estimates for the age at which that
1472 measure deviates from controls by one SD. Second, we binned mutation carriers and
1473 controls based on their disease age at baseline (i.e., Epoch 1: Disease Age = -40 to -10;
1474 Epoch 2: Disease Age = -10 to 0; Epoch 3: >0). Epochs were chosen for illustrative
1475 purposes and to allow for a frequentist statistical analysis. For the cross-sectional data,
1476 we first compared the three genetic groups within an epoch by fitting a linear regression
1477 with the clinical measure or biomarker as the outcome, and genetic group as a three-
1478 level categorical variable. Multiple comparisons were controlled for using the Tukey
1479 method. Within each epoch, we also compared carriers to controls. Using the first

1480 available MRI scan for each participant, voxelwise mean W-scores for each bin were
 1481 displayed for illustrative purposes. We also provide estimates of rates of change within
 1482 each epoch based on the Bayesian DPM. Each Disease Age estimate is associated
 1483 with a 95% credible interval. The mean of these credible intervals is presented for each
 1484 epoch to provide an estimate of how the model accuracy varies as a function of Disease
 1485 Age; we hypothesized greater uncertainty further away from onset as most measures
 1486 will be in the normal range at this stage and thus the model is more reliant on prior
 1487 knowledge (i.e., baseline age for presymptomatic cases).

1488 *Clinical Trial Simulation*

1489 Virtual clinical trial simulations are used to understand operating characteristics of
 1490 proposed clinical trial designs. We simulated virtual patient outcomes under different
 1491 assumptions for key design parameters to create simulated example trials. Within
 1492 clinical trial simulation, generally, thousands of example trials are simulated under
 1493 different sets of assumptions (scenarios) including trial sample size, randomization ratio,
 1494 length of follow-up, targeted population, control progression rates and variability, and
 1495 treatment effects. Overall average operating characteristics may then be summarized to
 1496 quantify important characteristics of the proposed design (e.g. type I error, power,
 1497 treatment effect estimates).

1499 Clinical trial simulation requires assumptions to be made about the underlying data.
 1500 Results from the disease progression model can be used to create evidence-based
 1501 assumptions about rates of progression and variability of progression of each endpoint
 1502 for a target population.

1504 To create a single simulated clinical trial dataset of participant-level endpoint values
 1505 over time we used the following approach for subject i at visits $j = 1: N_j$ for endpoints
 1506 $k = 1: K$

- 1507 • Simulate CDR®+NACC-FTLD global score at baseline given the mutation of the
- 1508 subject and distribution specified in Supplemental Table S9 (informed by natural
- 1509 history data).
- 1510 • Simulate the disease age at baseline given the CDR®+NACC-FTLD global score
- 1511 and the mutation type from the distribution specified in Supplemental Table S9
- 1512 (informed by natural history data).
- 1513 • Simulate a subject-level random effect at normal for each endpoint k by first
- 1514 simulating the overall subject-level standard units from normal for each group of
- 1515 endpoints, $g = 1: G$

$$1516 \mu_{\delta_{0,g,i}}^* \sim N(0,1); g = 1: G$$

1517 and then simulating the subject and endpoint-specific effect using sampled
 1518 subject-level standard units from above for each group, g , and posterior
 1519 estimates from the DPM

$$1520 \delta_{0,k,i}^* \sim N \left(\mu_{\delta_{0,g,k,i}}^* * \hat{\sigma}_{\delta_{0,k}}, \hat{\sigma}_{\delta_{0,k}}^2 * \hat{\sigma}_{\mu_{\delta_{0,g}(k)}}^2 \right).$$

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- 1524 • Simulate observed value of endpoint k, at visit j, $Z_{i,j,k}$, from a normal distribution
 1525 with a subject and endpoint-specific mean and endpoint-specific variance based
 1526 on the posterior mean results DPM, the subject-level DA at each visit, $DA_{i,j}$, and
 1527 the subject-level random effect at normal, $\delta_{0,k,i}^*$ simulated above:

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$$Z_{i,j,k} \sim N(\hat{\mu}_{i,j,k}, \hat{\sigma}_k^2);$$

$$\hat{\mu}_{i,j,k} = (\hat{\delta}_{0,k} + \delta_{0,k,i}^*) + \frac{\hat{\delta}_{1,k} - \hat{\delta}_{0,k}}{1 + \exp(\hat{\theta}_{k,m_i} + \hat{\beta}_{k,m_i} * DA_{i,j})}$$

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- Subject may additionally be accepted / rejected on enrollment into the simulated clinical trial based on inclusion/exclusion criteria for CDR®+NACC FTLD-global score, Disease Age at baseline, and/or NfL at baseline.

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The expected change from baseline (mean and SD) over different timepoints for each endpoint for a placebo participant given a set of enrollment criteria are calculated using the above simulation strategy across 10,000 simulated datasets. The expected mean and SD of the change from baseline for a placebo participant is then used to calculate the sample size needed (N) to achieve 80% power for a 50% slowing in progression assuming 10% attrition rate per year and 1:1 randomization.

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Enrollment criteria was defined based on baseline values of CDR®+NACC-FTLD Global, log(NfL), and estimated Disease Age. Presymptomatic trial designs consider only participants with a baseline CDR®+NACC-FTLD Global = 0 and explored inclusion criteria to define a subpopulation at heightened risk for symptom onset based on elevated NfL ($\log(\text{NfL}) > 3.0$) or an estimated disease age within 5 years or 2.5 years of onset. The hypothesis was that enrolling those presymptomatic cases close to onset would reduce the sample size needed to detect an effect by increasing the likelihood that the participants change on the endpoints during the trial period. Early symptomatic trial designs (CDR®+NACC-FTLD = 0, 0.5, and 1) included all participants with a baseline Global score = 1. These simulations explored additional inclusion criteria for presymptomatic participants (Global score of 0 or 0.5) to define a high risk subpopulation based on NfL or an estimated Disease Age cutoff (-2.5 or 0).

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Data Availability Statement:

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The datasets analyzed for the current study reflect collaborative efforts of two research consortia: ALLFTD and GENFI. Each consortium provides clinical data access based on established policies for data use: processes for request are available for review at allftd.org/data for ALLFTD data and by emailing genfi@ucl.ac.uk. Certain data elements from both consortia (e.g. raw MRI images) may be restricted due to the potential for identifiability in the context of the sensitive nature of the genetic data. The deidentified combined dataset will be available for request through the FTD Prevention Initiative in 2023 (<https://www.thefpi.org/>).

1567 **Code Availability Statement:**

1568 Custom R code is available at [10.5281/zenodo.6687486](https://zenodo.org/record/6687486).

1569

1570 **Methods-only references**

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Figure 1

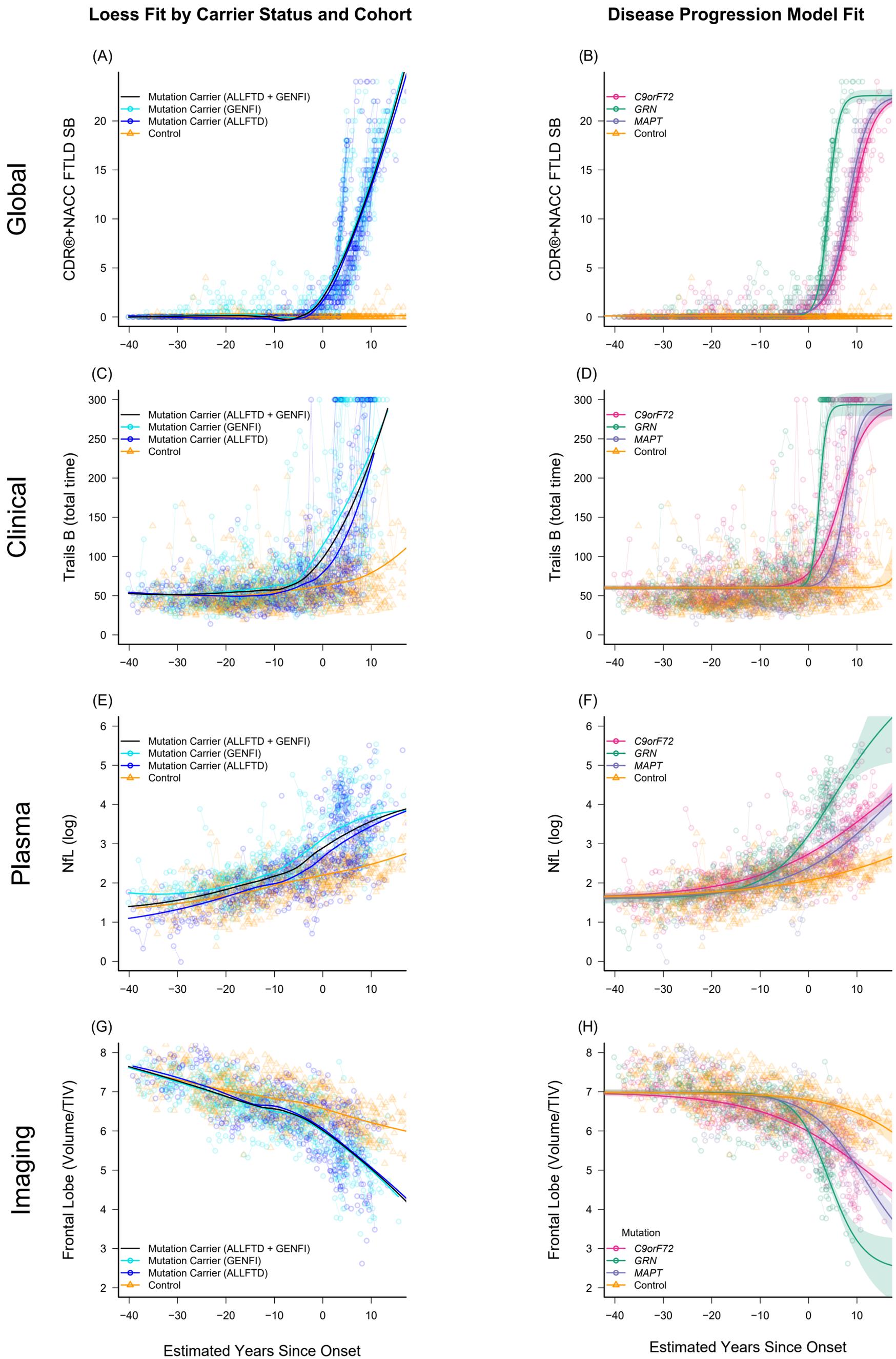
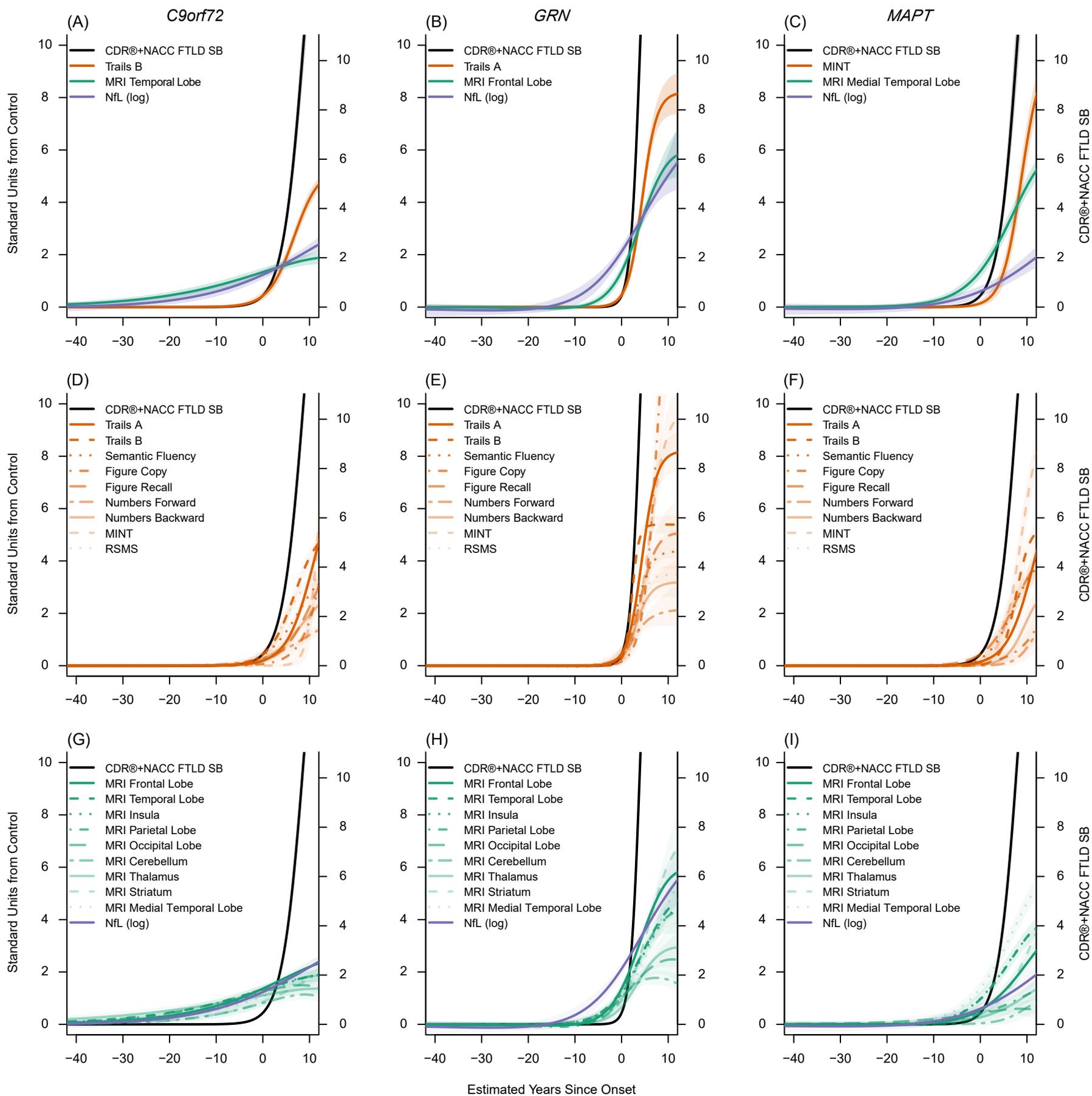


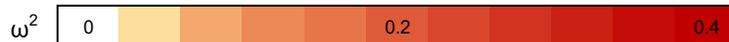
Figure 2



Domain	Measure	Mutation	Disease Age Epoch		
			-40 to -10 YSO	-10 to 0 YSO	0+ YSO
Global	CDR®+NACC FTLD SB	<i>C9orf72</i>	0.07	0.10	0.41
		<i>GRN</i>	0.06	0.09	0.52
		<i>MAPT</i>	0.07	0.15	0.47
Clinical	Trails B	<i>C9orf72</i>	0.01	0.07	0.32
	Trails A	<i>GRN</i>	0.02	0.04	0.29
	MINT	<i>MAPT</i>	0.00	0.02	0.40
Plasma	NfL (log)	<i>C9orf72</i>	0.05	0.22	0.28
		<i>GRN</i>	0.04	0.15	0.69
		<i>MAPT</i>	0.00	0.00	0.28
Imaging	Temporal Lobe	<i>C9orf72</i>	0.08	0.34	0.27
	Frontal Lobe	<i>GRN</i>	0.00	0.08	0.41
	Medial Temporal Lobe	<i>MAPT</i>	0.02	0.07	0.57



Domain/Sub-Domain			Measure	Mutation	Disease Age Epoch		
					-40 to -10 YSO	-10 to 0 YSO	0+ YSO
Global	CDR®+NACC FTLD SB		C9orf72	0.07	0.10	0.41	
			GRN	0.06	0.09	0.52	
			MAPT	0.07	0.15	0.47	
Clinical	EF/ Attention/ Speed	Numbers Forward	C9orf72	0.00	0.01	0.10	
			GRN	0.00	0.01	0.22	
			MAPT	0.00	0.00	0.01	
		Numbers Backward	C9orf72	0.00	0.01	0.24	
			GRN	0.00	0.01	0.31	
			MAPT	0.01	0.00	0.06	
		Trails A	C9orf72	0.03	0.04	0.20	
			GRN	0.02	0.04	0.29	
			MAPT	0.00	0.01	0.11	
	Trails B	C9orf72	0.01	0.07	0.32		
		GRN	0.00	0.02	0.50		
		MAPT	0.00	0.01	0.21		
	Language	Semantic Fluency	C9orf72	0.00	0.00	0.34	
			GRN	0.00	0.01	0.40	
			MAPT	0.00	0.01	0.33	
		MINT	C9orf72	0.00	0.00	0.16	
			GRN	0.00	0.00	0.30	
			MAPT	0.00	0.02	0.40	
	Memory	Figure Recall	C9orf72	0.02	0.00	0.18	
			GRN	0.00	0.01	0.34	
			MAPT	0.00	0.01	0.28	
	Visuospatial	Figure Copy	C9orf72	0.00	0.01	0.10	
			GRN	0.01	0.01	0.12	
			MAPT	0.00	0.04	0.03	
	Behavior	RSMS	C9orf72	0.00	0.01	0.52	
			GRN	0.00	0.00	0.39	
			MAPT	0.01	0.02	0.40	
Plasma	NfL (log)		C9orf72	0.05	0.22	0.28	
			GRN	0.04	0.15	0.69	
			MAPT	0.00	0.00	0.28	
Imaging	Frontal Lobe	C9orf72	0.04	0.28	0.39		
		GRN	0.00	0.08	0.41		
		MAPT	0.00	0.01	0.20		
	Temporal Lobe	C9orf72	0.08	0.34	0.27		
		GRN	0.00	0.14	0.25		
		MAPT	0.01	0.00	0.45		
	Medial Temporal Lobe	C9orf72	0.02	0.26	0.21		
		GRN	0.00	0.15	0.21		
		MAPT	0.02	0.07	0.57		
	Parietal Lobe	C9orf72	0.06	0.30	0.29		
		GRN	0.00	0.08	0.21		
		MAPT	0.00	0.01	0.01		
	Occipital Lobe	C9orf72	0.06	0.25	0.22		
		GRN	0.01	0.08	0.08		
		MAPT	0.00	0.01	0.01		
	Insula	C9orf72	0.05	0.23	0.29		
		GRN	0.01	0.12	0.26		
		MAPT	0.01	0.01	0.49		
	Striatum	C9orf72	0.01	0.12	0.21		
		GRN	0.00	0.02	0.37		
		MAPT	0.01	0.00	0.25		
	Thalamus	C9orf72	0.10	0.28	0.23		
		GRN	0.00	0.06	0.15		
		MAPT	0.00	0.01	0.06		
	Cerebellum	C9orf72	0.01	0.12	0.09		
		GRN	0.00	0.05	0.10		
		MAPT	0.03	0.05	0.01		



Disease Age Epoch

-40 to -10

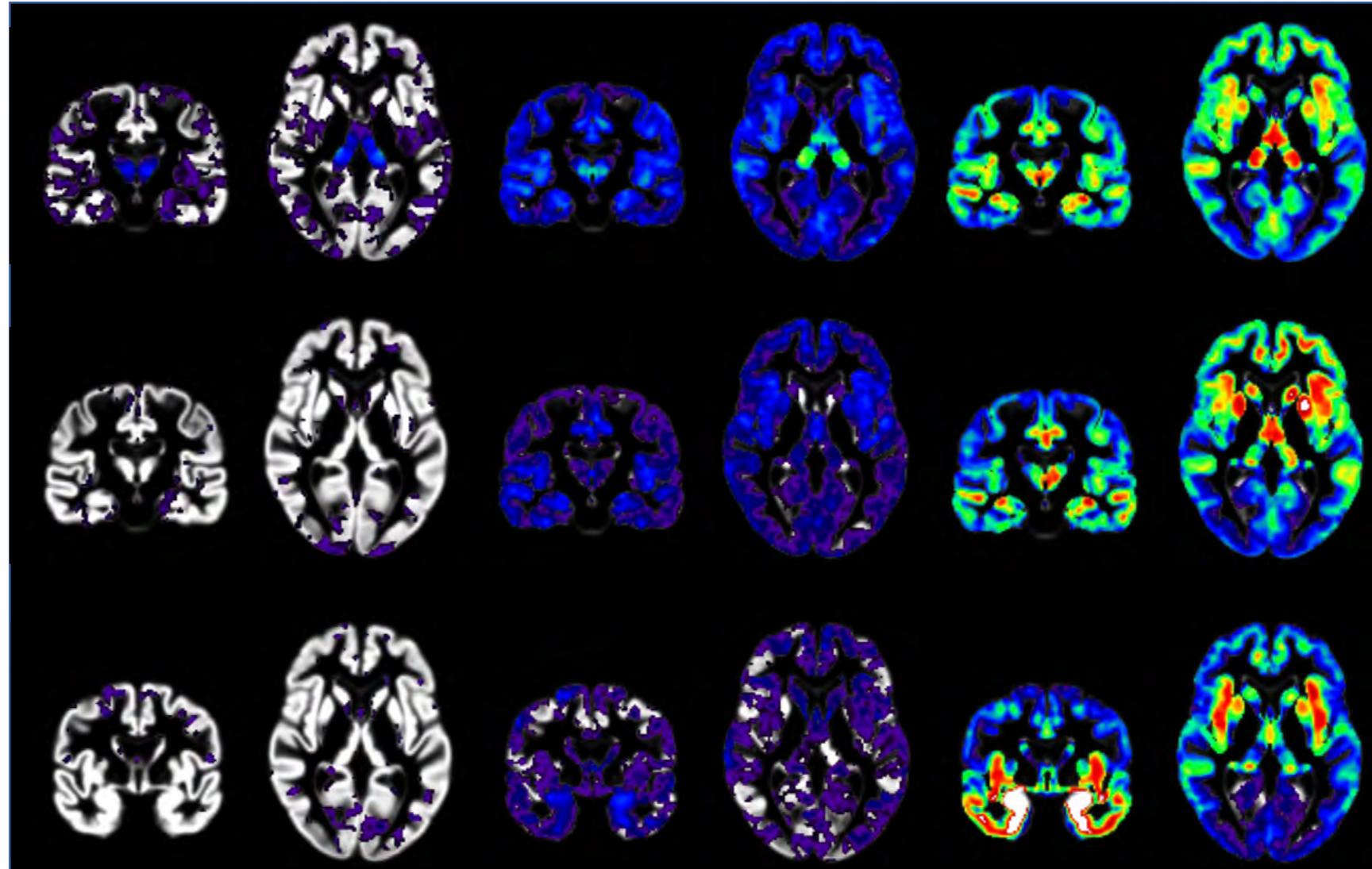
-10 to 0

0+

C9orf72

GRN

MAPT



W-score



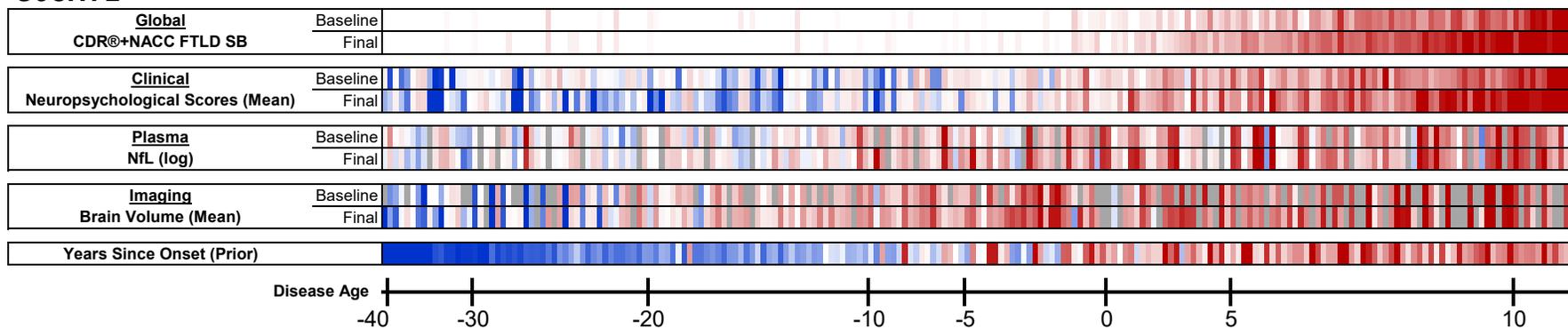
0

-1

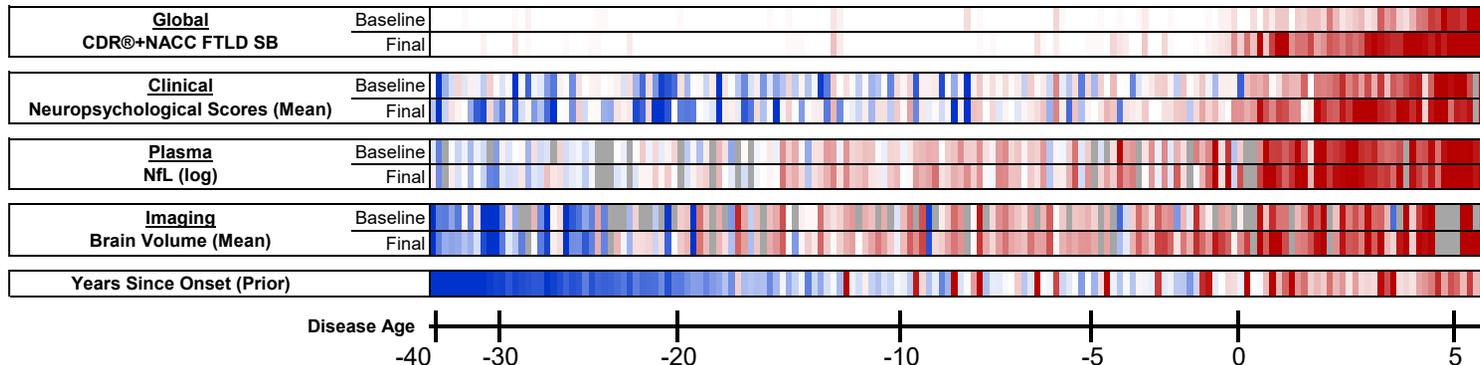
-2

-3

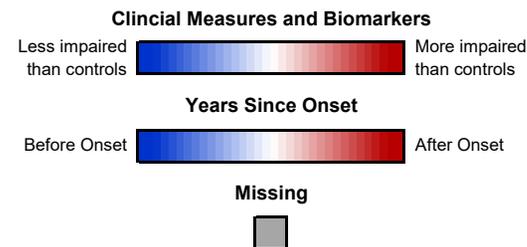
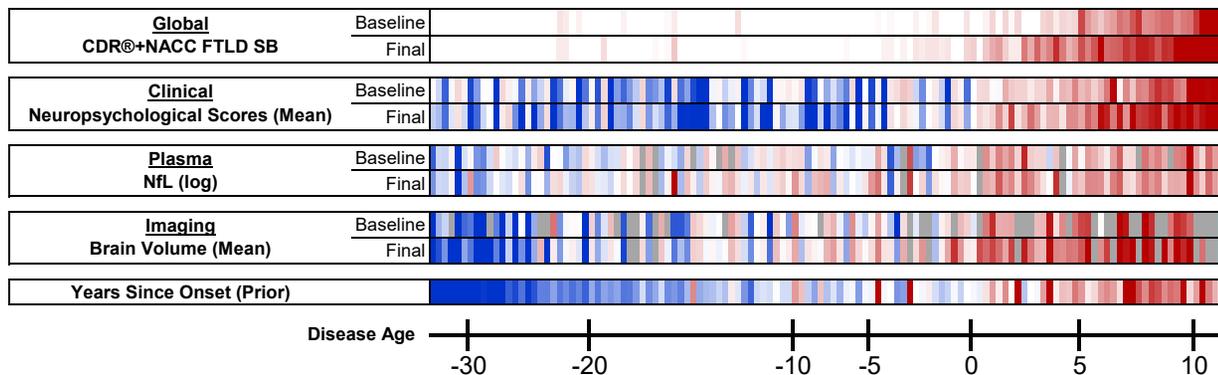
C9orf72



GRN



MAPT



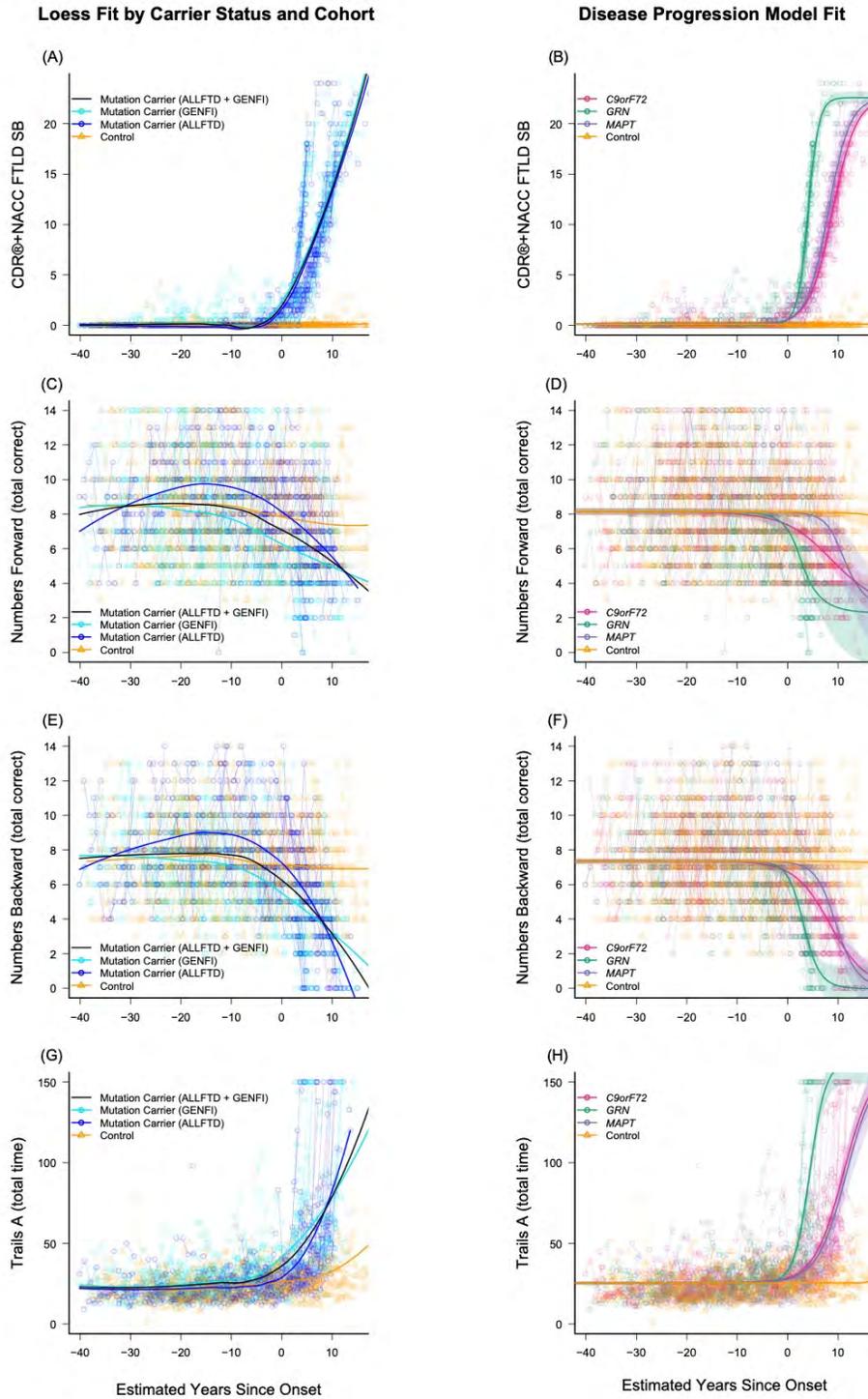
Supplementary Materials

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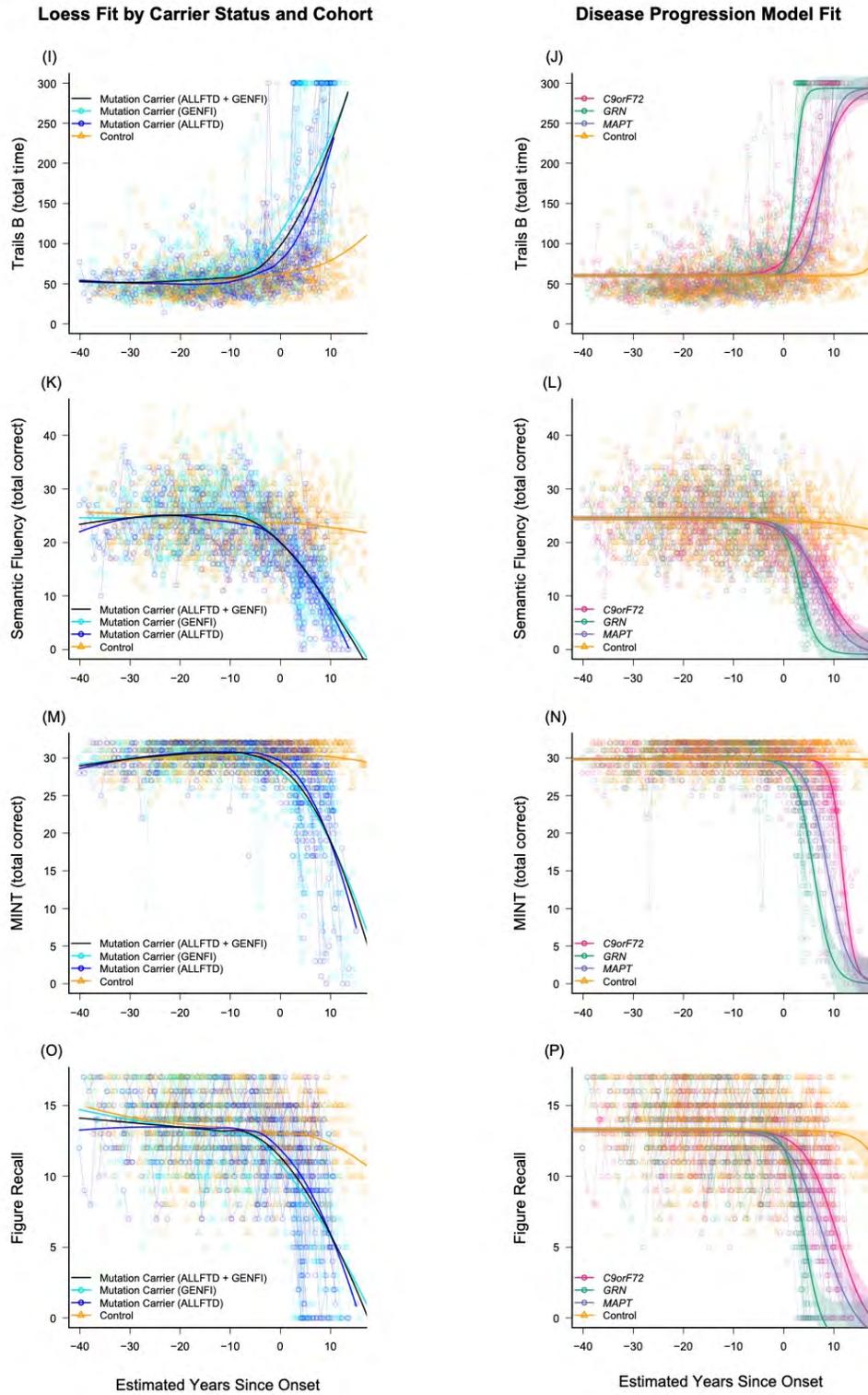
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Supplementary Figure S1. Raw data points overlaid on model estimated fit for all measures

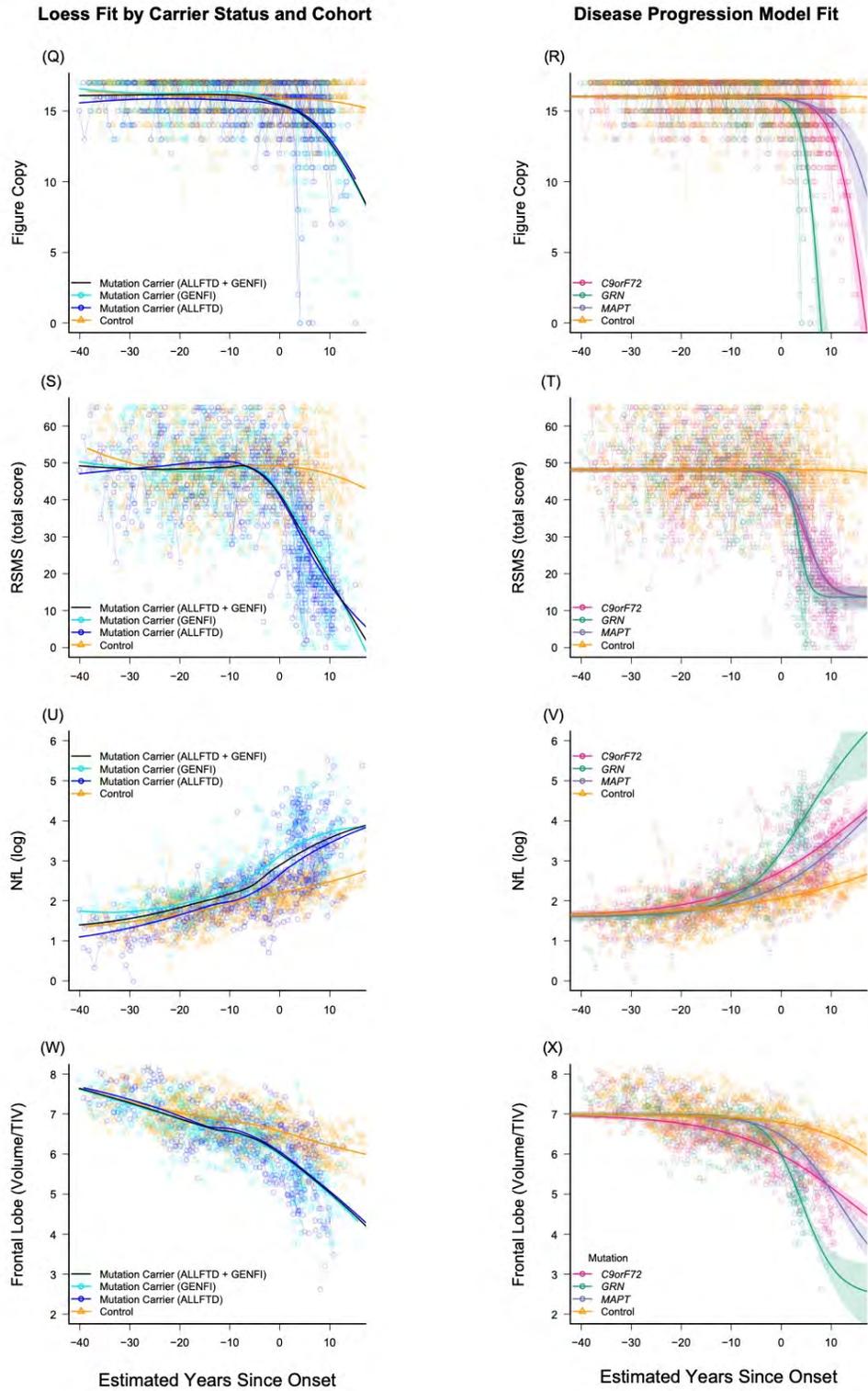
Supplemental Figure 1.1



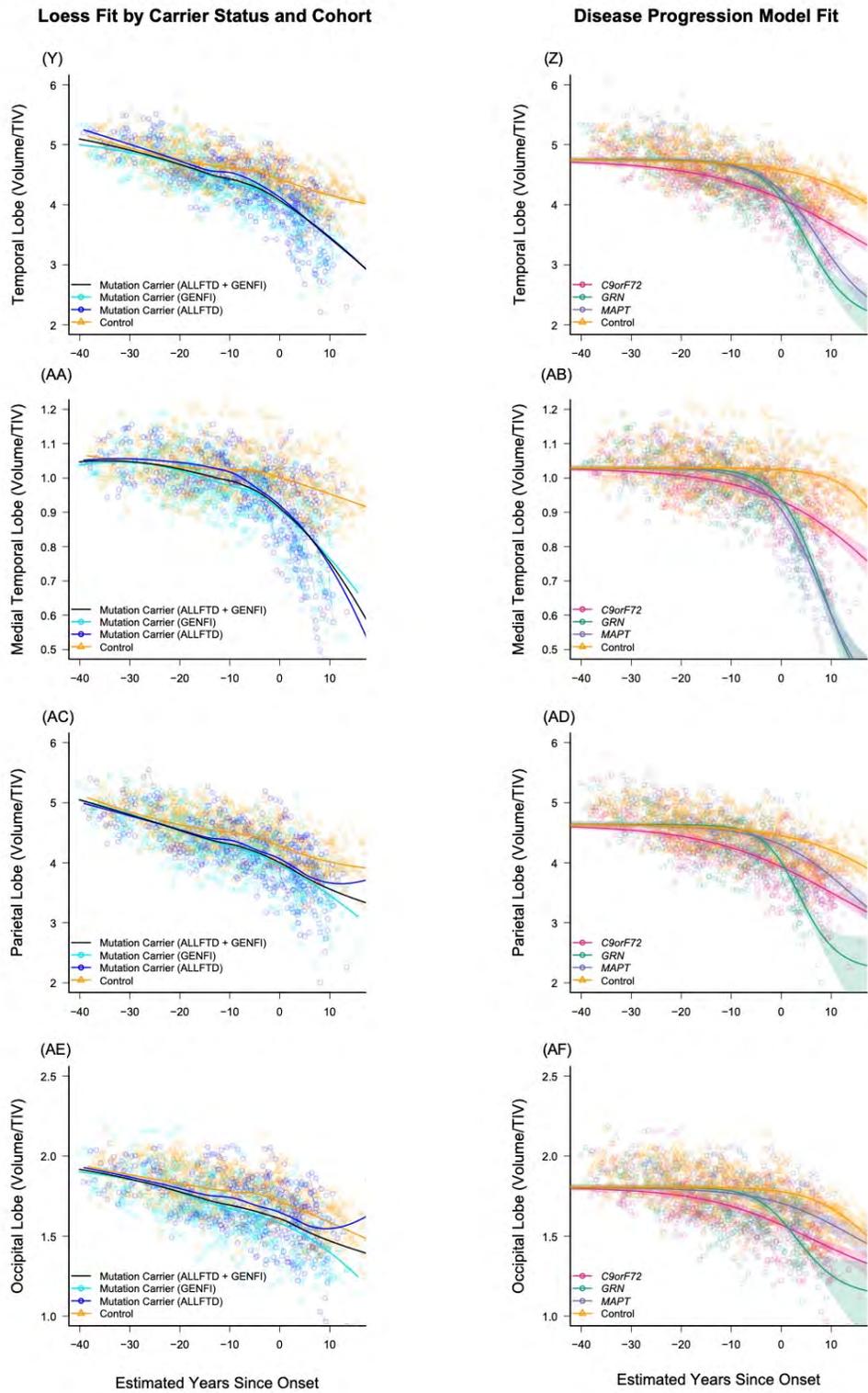
Supplemental Figure 1.2



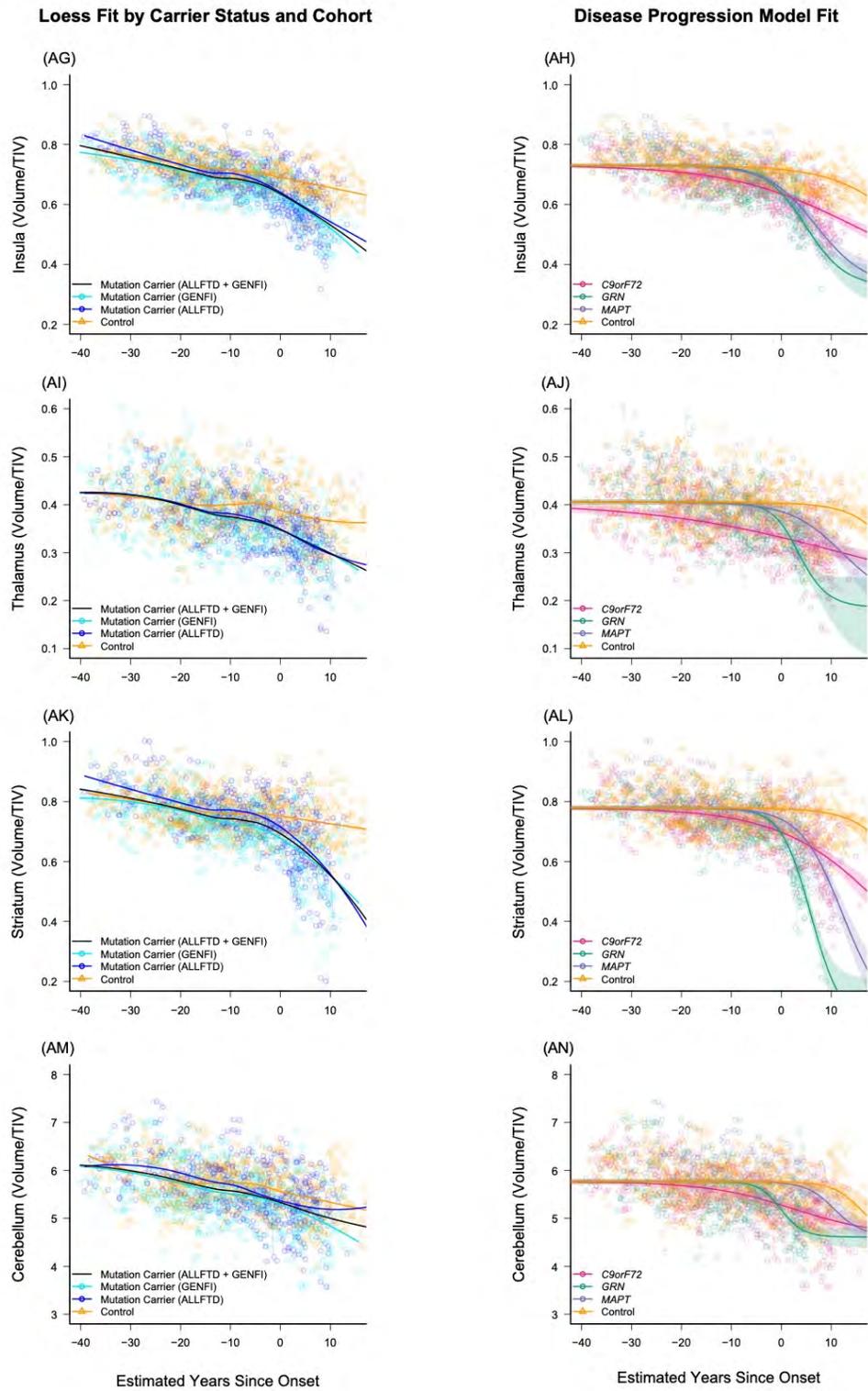
Supplemental Figure 1.3



Supplemental Figure 1.4



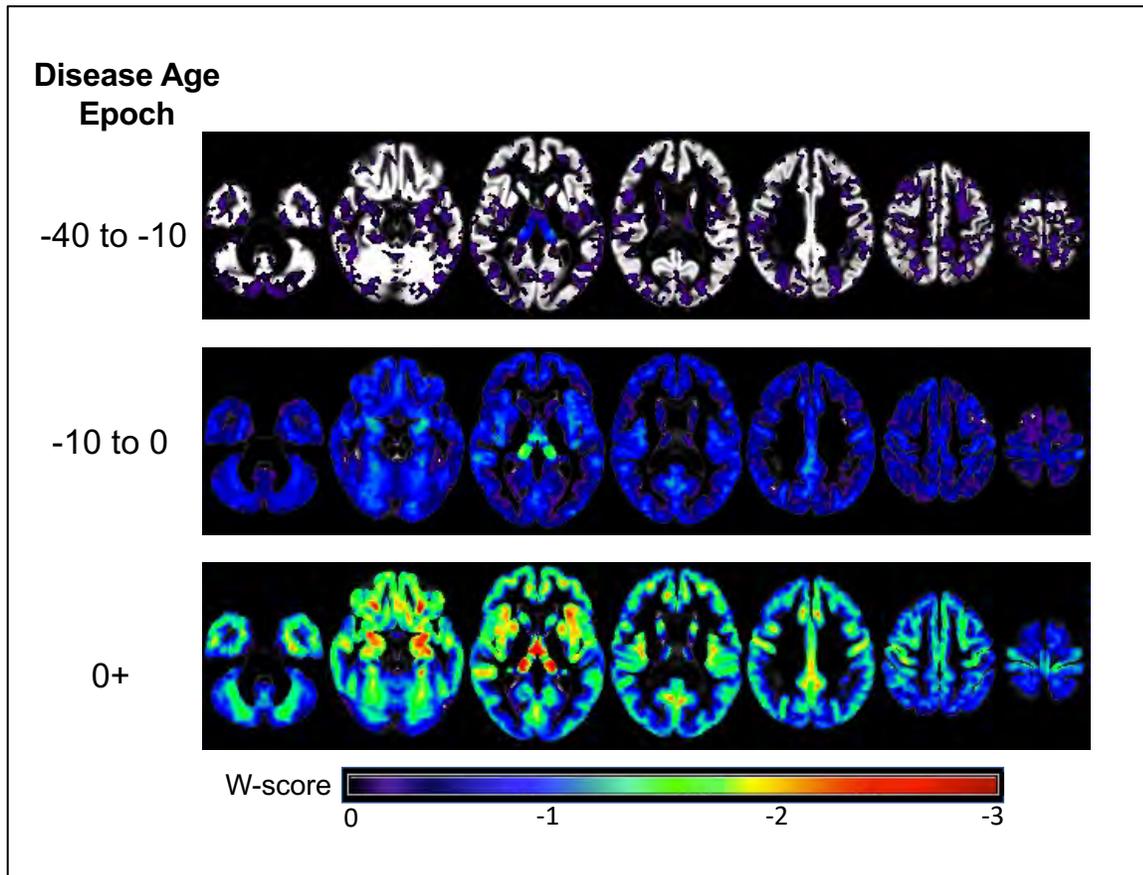
Supplemental Figure 1.5



Note. For Supplemental Figures S1.1-1.5, the left columns present raw data points for mutation carriers (blue) and noncarrier controls (gold) for all measures as a function of model estimated Disease Age, with a loess fit to each group displayed using thick solid lines. In these panels, raw outcomes are plotted, and mutation carriers are color coded based on whether they were enrolled through ALLFTD or GENFI. These panels highlight the consistency in progression regardless of cohort. The right column of panels displays raw data points colored by mutation as a function of disease age. In these panels, the overall fit for each group was derived from the Bayesian disease progression model and is displayed using thick solid lines. Shaded areas indicate the 95% credible interval of the estimate.

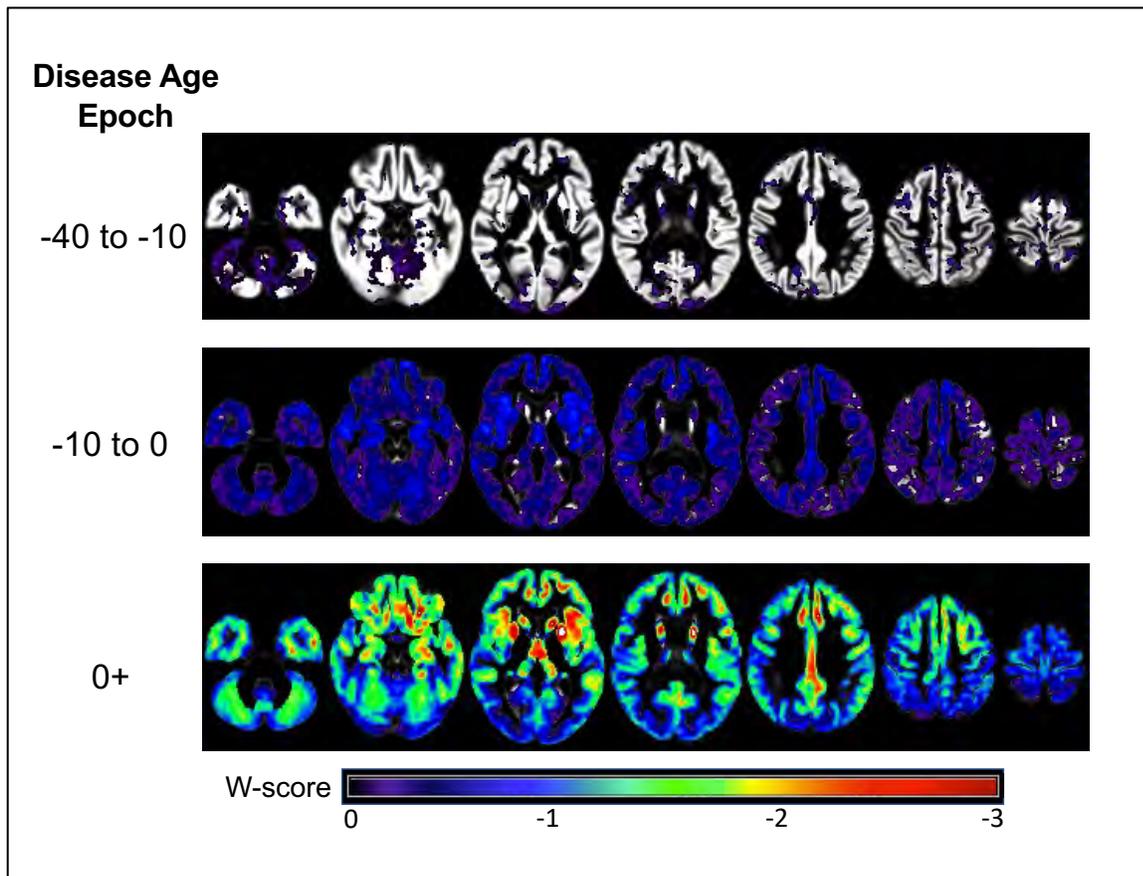
Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trails B: Trail Making Test, Part B (total time displayed in seconds); NfL (log): Log-transformed plasma neurofilament light chain; TIV: Total intracranial volume.

Figure S2. Voxelwise atrophy in *C9orf72* repeat expansion carriers at three disease stages.



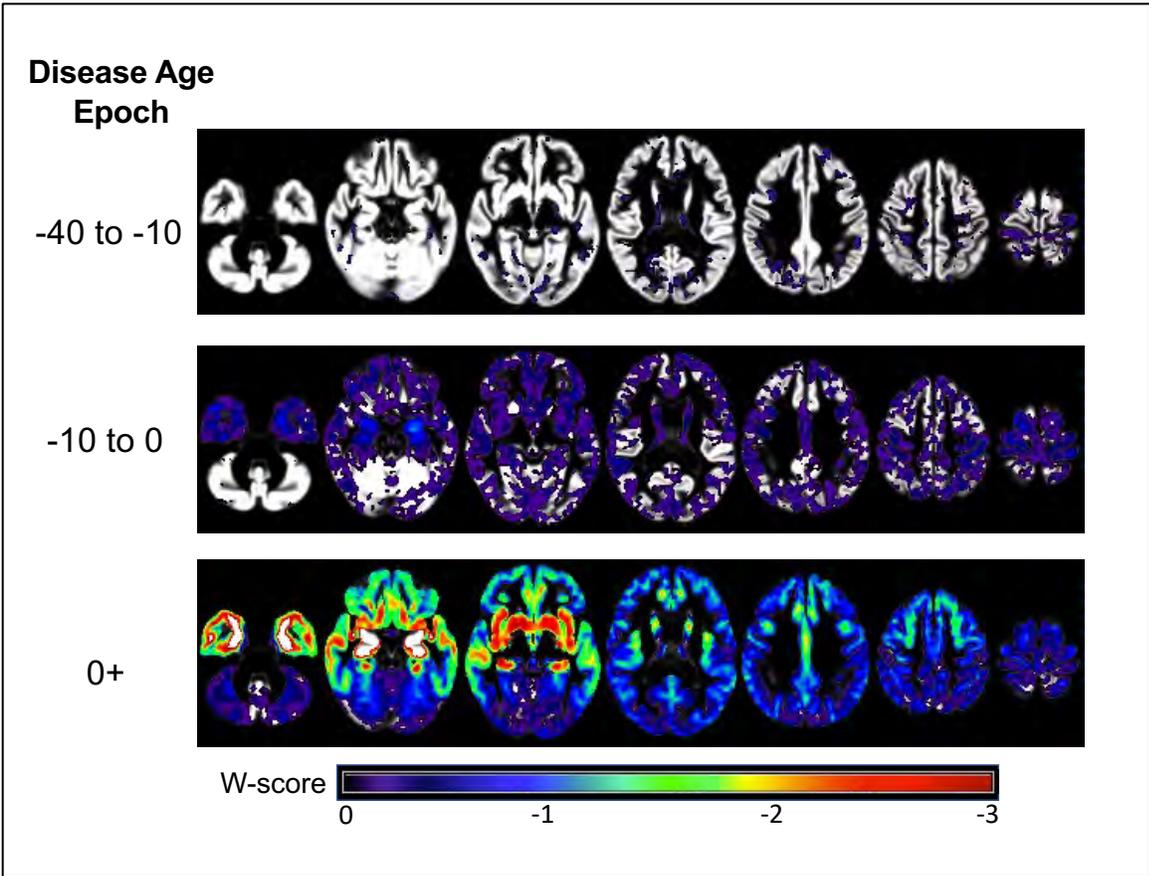
Note. Voxelwise atrophy maps in *C9orf72* were consistent with the region of interest findings. Images are presented in radiological orientation. W-scores indicate the number of standard deviations of atrophy compared to controls, controlling for total intracranial volume and scanner.

Figure S3. Voxelwise atrophy in *GRN* mutation carriers at three disease stages.



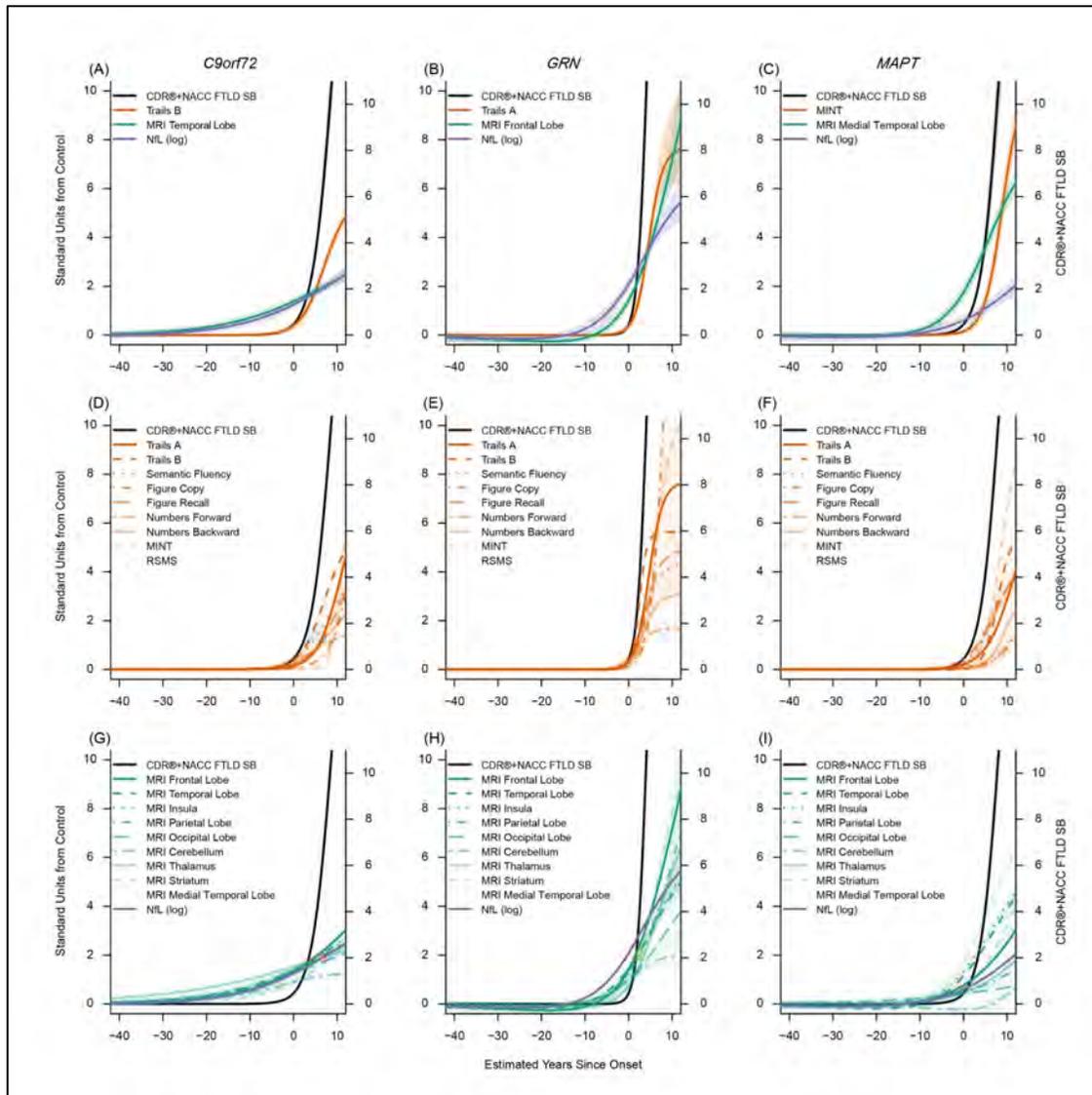
Note. Voxelwise atrophy maps in *GRN* were consistent with the region of interest findings. Images are presented in radiological orientation. W-scores indicate the number of standard deviations of atrophy compared to controls, controlling for total intracranial volume and scanner.

Figure S4. Voxelwise atrophy in *MAPT* mutation carriers at three disease stages.



Note. Voxelwise atrophy maps in *MAPT* were consistent with the region of interest findings. Images are presented in radiological orientation. W-scores indicate the number of standard deviations of atrophy compared to controls, controlling for total intracranial volume and scanner.

Supplemental Figure S5. Disease progression model using covariate-adjusted neuropsychological and imaging endpoints



Note. These figures display the empirically derived model-estimated curves in each genetic group using covariate-adjusted neuropsychological scores and volumetric imaging estimates. This figure was created as a sensitivity analysis to complement Figure 2, as the primary disease progression models discussed in this paper included neuropsychological and neuroimaging metrics uncorrected for nuisance covariates. Here, imaging measures were adjusted for head size and scanner. Clinical measures were adjusted for sex, education, and language of test administration. In all figures, model estimated time from onset (years) is on the x-axis. The left y-axis indicates the number of standard deviations (SD) of abnormality compared to controls and the right y-axis indicates CDR®+NACC FTLD Box Score units. Panels A-C display the mean curves for the CDR®+NACC FTLD Box Score, NFL, and a selected imaging and clinical measure for each genetic group, based on which measure is first elevated by one standard deviation from controls and the rate of longitudinal progression. All clinical, imaging, and fluid biomarkers are displayed in the remaining panels (D-I). The shaded areas indicate the 95% credible interval of the estimate. These figures suggest that the results of the disease progression models are not substantively affected by demographic covariates.

Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail B: Trail Making Test, Part B; MINT: Multilingual Naming Test; RSMS: Revised Self Monitoring Scale; MRI: magnetic resonance imaging; NFL (log): Log-transformed plasma neurofilament light chain; Stand: Standard

Supplemental Table S1. Characteristics of mutation carriers by consortium.

Characteristic	All Carriers		C9orf72±		GRN±		MAPT±		Controls	
	ALLFTD	GENFI	ALLFTD	GENFI	ALLFTD	GENFI	ALLFTD	GENFI	ALLFTD	GENFI
Sample Size	275	521	127	220	68	213	80	88	161	251
Age - yr (mean(SD))	50.4 (14.4)	50.1 (13.7)	51.2 (14.0)	51.2 (13.6)	55.9 (13.6)	51.0 (13.6)	44.5 (13.5)	45.3 (13.1)	46.9 (13.4)	45.3 (12.8)
Female - no. (%)	158 (57.5%)	289 (55.5%)	76 (59.9%)	112 (50.9%)	38 (55.9%)	129 (60.6%)	44 (55%)	48 (54.6%)	97 (60.3%)	142 (56.6%)
Education - yr	15.5 (2.6)	13.9 (3.3)	15.5 (2.4)	13.9 (3.2)	15.4 (3.0)	13.8 (3.5)	15.5 (2.6)	14.1 (3.3)	15.5 (2.4)	14.3 (3.1)
Visits (total number)	2.4 (1.1)	2.0 (1.1)	2.2 (1.0)	1.8 (0.9)	2.2 (1.0)	2.1 (1.1)	2.7 (1.3)	2.3 (1.0)	2.3 (1.0)	2.2 (1.1)
N with 1 visit	72	220	36	99	19	95	17	26	41	96
N with 2 visits	91	142	43	77	25	43	23	22	55	51
N with 3 visits	60	98	28	25	13	44	19	29	48	70
N with ≥4 visits	52	61	20	19	11	31	21	11	17	34
Total number of observations	649	1,046	286	404	152	440	212	202	365	545
Follow-up Length (if > 1 visit) -yrs	2.1 (0.9)	2.0 (0.9)	1.9 (0.9)	1.8 (0.9)	2.0 (0.9)	2.2 (0.9)	2.3 (1.0)	2.2 (0.7)	2.1 (0.8)	2.2 (0.8)
Race										
White (%)	266 (96.7%)	510 (97.9%)	124 (98.4%)	218 (99.1)	63 (92.7%)	211 (99.1%)	79 (98.8%)	81 (92.1%)	155 (96.3%)	249 (99.2%)
Non-White [^]	8 (2.9%)	11 (2.1%)	2 (1.6%)	2 (0.9%)	5 (7.4%)	2 (0.9%)	1 (1.3%)	7 (8.0%)	4 (2.5%)	2 (0.8%)
Unknown	1 (0.4%)	0	1 (0.8%)	0	0	0	0	0	2 (1.2%)	0
CDR® + NACC FTLD										
0	143 (52.0%)	290 (55.7%)	60 (47.2%)	111 (50.5%)	38 (55.9%)	130 (61.0%)	45 (56.3%)	49 (55.7%)	161 (100%)	251 (100%)
0.5	45 (16.4%)	82 (15.7%)	24 (18.9%)	37 (16.8%)	8 (11.8%)	31 (15.6%)	13 (16.3%)	14 (15.9%)	NA	NA
≥ 1	87 (31.6%)	149 (28.6%)	43 (33.9%)	72 (32.7%)	22 (32.4%)	52 (24.4%)	22 (27.5%)	25 (28.4%)	NA	NA
Estimated Years Since Onset*	5 (6)	4.3 (3.9)	5 (5)	4.8 (3.8)	3 (2)	2.7 (3.4)	6 (10)	6 (6)	NA	NA
Symptomatic Diagnoses (n)										
bvFTD	65 (74.7%)	97 (65.1%)	33 (76.7%)	52 (72.2%)	12 (54.6%)	26 (50.0%)	20 (90.9%)	19 (76.0%)	NA	NA
PPA	7 (8.1%)	23 (15.4%)	1 (2.3%)	3 (4.2%)	6 (27.3%)	19 (36.5%)	--	1 (4.0%)	NA	NA
CBS	1 (1.2%)	1 (0.7%)	--	--	1 (4.6%)	1 (1.9%)	--	--	NA	NA
PSP	--	3 (2.0%)	--	1 (1.4%)	--	1 (1.9%)	--	1 (4.0%)	NA	NA
ALS	2 (2.3%)	2 (1.3%)	2 (4.7%)	2 (2.8%)	--	--	--	--	NA	NA
FTD-MND	4 (4.6%)	7 (4.7%)	4 (9.3%)	7 (9.7%)	--	--	--	--	NA	NA
MCI	4 (4.6%)	--	2 (4.7%)	--	1 (4.6%)	--	1 (4.6%)	--	NA	NA
AD Dementia	4 (4.6%)	1 (0.7%)	1 (2.3%)	--	2 (9.1%)	1 (1.9%)	1 (4.6%)	--	NA	NA
Other**	--	5 (3.4%)	--	3 (4.2%)	--	1 (1.9%)	--	1 (4.0%)	NA	NA
Missing	--	9 (6.0%)	--	4 (5.6%)	--	2 (3.9%)	--	3 (12%)	NA	NA

Note. Demographics were calculated using baseline values. Symptomatic clinical diagnoses were calculated in those with a CDR®+NACC FTLD ≥ 1. Demographic variables and other participant characteristics were compared across genetic groups and controls using regression with pairwise group contrasts for most variables. Sex, race, CDR®+NACC-FTLD, and diagnostic categories were compared using chi-square with Bonferroni-adjusted pairwise comparisons when the omnibus test was significant. For chi-square tests in which any bins were < 10, the Fisher's exact test was used. All tests were two-sided.

[^] Due to the small number of non-White participants in this sample, a single bin was used to protect participants' identities

* Median (IQR) of baseline values for symptomatic cases based on clinician report

** Other diagnoses include dementia NOS (n=2) or the clinician marked "other" without entering additional information.

Abbreviations: CDR®+NACC FTLD: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center Frontotemporal Lobar Degeneration Module; bvFTD: Behavioral Variant Frontotemporal Dementia; PPA: Primary Progressive Aphasia; CBS: Corticobasal Syndrome; PSP: Progressive Supranuclear Palsy Syndrome; ALS: Amyotrophic Lateral Sclerosis; MND: Motor Neuron Disease; MCI: Mild Cognitive Impairment; AD: Alzheimer's Disease

Supplemental Table S2. Baseline raw and standardized values for all measures in controls

Age-Matched Controls		Disease Age Epoch		
		-40 to -10 YSO	-10 to 0 YSO	0+ YSO
N (prop)		229 (0.56)	85 (0.21)	98 (0.24)
Mean age (SD)		36.8 (7.7)	52.6 (6.7)	61.6 (7.7)
Outcome Measures				
Mean raw score (SD; Range)	CDR® + NACC FTLD SB	0 (0; 0-0)	0 (0; 0-0)	0 (0; 0-0)
	Numbers Forward	8.38 (2.92; 4-14)	7.72 (2.7; 3-14)	7.36 (2.33; 3-13)
	Numbers Backward	7.35 (2.33; 2-14)	7 (2.42; 2-14)	6.83 (2.26; 2-13)
	Trails A	22.76 (8.03; 8-78)	26.36 (9.39; 12-61)	31.07 (14.67; 12-89)
	Trails B	53.81 (21.93; 19-187)	62.06 (29.48; 27-202)	73.63 (30.43; 31-167)
	Semantic Fluency	24.94 (6.44; 10-45)	24.04 (5.71; 9-44)	22.76 (5.93; 9-36)
	MINT	29.92 (1.75; 24-32)	29.94 (1.62; 26-32)	29.95 (1.92; 25-32)
	Figure Recall	13.53 (2.55; 6-17)	12.94 (2.77; 6-17)	12.3 (2.66; 5-17)
	Figure Copy	16.15 (1.23; 9-17)	16.12 (1.1; 13-17)	15.8 (1.42; 11-17)
	RSMS	47.74 (8.76; 20-65)	46.54 (8.09; 27-65)	49 (9.27; 17-65)
	NfL (log)	1.67 (0.43; 0.38-3.27)	2.05 (0.38; 1.06-2.94)	2.42 (0.43; 1.71-3.76)
	Frontal	7.07 (0.48; 5.39-8.21)	6.68 (0.41; 5.83-7.55)	6.33 (0.45; 5.27-7.28)
	Temporal	4.76 (0.29; 3.76-5.62)	4.54 (0.22; 4.07-5.03)	4.24 (0.28; 3.46-4.79)
	Medial Temporal	1.03 (0.06; 0.81-1.22)	1.02 (0.06; 0.89-1.19)	0.97 (0.07; 0.8-1.13)
	Parietal	4.67 (0.32; 3.72-5.79)	4.41 (0.29; 3.72-5.04)	4.09 (0.31; 3.3-4.74)
	Occipital	1.83 (0.13; 1.43-2.17)	1.75 (0.13; 1.37-2.04)	1.62 (0.12; 1.28-1.95)
	Insula	0.74 (0.05; 0.58-0.89)	0.7 (0.05; 0.6-0.86)	0.67 (0.06; 0.52-0.8)
	Striatum	0.79 (0.07; 0.63-0.97)	0.76 (0.07; 0.63-0.94)	0.74 (0.07; 0.58-0.97)
	Thalamus	0.41 (0.06; 0.27-0.57)	0.4 (0.05; 0.29-0.51)	0.37 (0.05; 0.27-0.47)
	Cerebellum	5.82 (0.46; 4.43-7.21)	5.66 (0.44; 4.72-6.64)	5.38 (0.53; 3.95-6.54)

Note. Raw and standardized values for several measures are displayed for controls at three Disease Age epochs. Each participant was assigned to a Disease Age epoch based on the estimated Disease Age at their first visit. Raw imaging measures are presented as percentage of total intracranial volume to account for head size. Mean standardized units from controls indicates the number of standard deviations from the control group, based on the control mean and standard deviation.

Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; MRI: magnetic resonance imaging; TIV: Total intracranial volume; NfL (log): Log-transformed plasma neurofilament light chain; Stand: Standard; RSMS: Revised Self-Monitoring Scale

Supplemental Table S3 (A-C). Baseline raw and standardized values for all measures in mutation carriers

A. <i>C9orf72</i> mutation carriers		Disease Age Epoch		
		-40 to -10 YSO	-10 to 0 YSO	0+ YSO
N (prop)		135 (0.39)	63 (0.18)	149 (0.43)
Mean age (SD)		38.3 (8.8)	54.6 (8.2)	61.5 (9)
Outcome Measures				
Mean Raw Score (SD; Range)	CDR®+NACC FTL D SB	0.19 (0.57; 0-3)	0.31 (0.69; 0-3.5)	8.32 (6.23; 0-22)
	Numbers Forward	8.16 (2.5; 4-14)	7.62 (2.83; 4-14)	5.69 (2.46; 1-14)
	Numbers Backward	7.59 (2.11; 3-13)	7 (2.23; 3-12)	4.14 (2.41; 0-11)
	Trails A	26.3 (10.97; 12-98)	31.41 (12.9; 15-83)	59.06 (34.54; 16-150)
	Trails B	58.92 (21.85; 28-151)	84 (45.61; 23-300)	168.25 (88.4; 35-300)
	Semantic Fluency	24.13 (5.52; 10-39)	23 (5.46; 14-39)	13.07 (6.98; 0-37)
	MINT	29.93 (2.5; 10-32)	29.63 (2.32; 22-32)	24.68 (7.34; 0-32)
	Figure Recall	12.68 (2.63; 5-17)	12.68 (2.35; 6-17)	8.78 (4.17; 0-17)
	Figure Copy	16.15 (1.24; 11-17)	15.81 (1.34; 11-17)	13.88 (3.33; 0-17)
	RSMS	46.62 (9.97; 18-65)	46.42 (10.55; 20-65)	24.71 (12.63; 0-60)
	NfL (log)	1.89 (0.48; 0.94-3.89)	2.58 (0.6; 1.72-4.76)	3.31 (0.85; 1.54-5.54)
	Frontal	6.86 (0.5; 5.78-8.42)	6.12 (0.49; 5.04-7.29)	5.33 (0.72; 3.69-7.08)
	Temporal	4.58 (0.29; 3.95-5.22)	4.16 (0.32; 3.43-4.71)	3.76 (0.46; 2.29-4.78)
	Medial Temporal	1.01 (0.06; 0.87-1.13)	0.94 (0.07; 0.78-1.05)	0.86 (0.11; 0.61-1.08)
	Parietal	4.5 (0.34; 3.89-5.46)	3.97 (0.36; 3.17-4.56)	3.58 (0.45; 2.26-4.8)
	Occipital	1.76 (0.14; 1.44-2.15)	1.57 (0.16; 1.2-1.88)	1.44 (0.2; 0.94-1.95)
	Insula	0.71 (0.06; 0.61-0.83)	0.65 (0.05; 0.53-0.77)	0.58 (0.07; 0.43-0.77)
	Striatum	0.77 (0.07; 0.65-0.96)	0.7 (0.07; 0.57-0.85)	0.62 (0.13; 0.3-0.92)
	Thalamus	0.37 (0.05; 0.24-0.52)	0.33 (0.05; 0.24-0.47)	0.31 (0.06; 0.14-0.46)
	Cerebellum	5.71 (0.5; 4.2-6.93)	5.32 (0.47; 4.11-6.5)	5.01 (0.6; 3.54-6.38)
Mean Stand. Units from Control (SD; Range)	CDR®+NACC FTL D SB	---	---	---
	Numbers Forward	-0.08 (0.85; -1.5-1.92)	-0.04 (1.05; -1.38-2.33)	-0.72 (1.06; -2.73-2.85)
	Numbers Backward	0.1 (0.9; -1.87-2.42)	0 (0.92; -1.66-2.07)	-1.19 (1.07; -3.02-1.84)
	Trails A	0.44 (1.37; -1.34-9.37)	0.54 (1.37; -1.21-6.03)	1.91 (2.36; -1.03-8.11)
	Trails B	0.23 (1; -1.18-4.43)	0.74 (1.55; -1.32-8.07)	3.11 (2.91; -1.27-7.44)
	Semantic Fluency	-0.13 (0.86; -2.32-2.18)	-0.18 (0.96; -1.76-2.62)	-1.63 (1.18; -3.84-2.4)
	MINT	0 (1.43; -11.4-1.19)	-0.19 (1.43; -4.9-1.27)	-2.75 (3.83; -15.64-1.07)
	Figure Recall	-0.33 (1.03; -3.34-1.36)	-0.09 (0.85; -2.51-1.47)	-1.33 (1.57; -4.63-1.77)
	Figure Copy	0 (1.01; -4.19-0.69)	-0.29 (1.21; -4.64-0.8)	-1.36 (2.35; -11.16-0.84)
	RSMS	-0.13 (1.14; -3.39-1.97)	-0.02 (1.3; -3.28-2.28)	-2.62 (1.36; -5.29-1.19)
	NfL (log)	0.51 (1.11; -1.68-5.1)	1.37 (1.57; -0.85-7.06)	2.07 (1.96; -2.01-7.18)
	Frontal	-0.43 (1.03; -2.69-2.82)	-1.37 (1.18; -3.98-1.47)	-2.2 (1.6; -5.81-1.66)
	Temporal	-0.62 (1; -2.79-1.56)	-1.75 (1.43; -5.04-0.76)	-1.71 (1.65; -6.92-1.94)
	Medial Temporal	-0.33 (1.04; -2.72-1.75)	-1.35 (1.25; -4.2-0.53)	-1.38 (1.54; -4.81-1.56)
	Parietal	-0.56 (1.06; -2.46-2.46)	-1.51 (1.27; -4.29-0.52)	-1.67 (1.46; -5.94-2.31)
	Occipital	-0.57 (1.11; -3.15-2.51)	-1.29 (1.19; -4.16-1.01)	-1.45 (1.58; -5.53-2.67)
	Insula	-0.5 (1.01; -2.32-1.69)	-1.24 (1.21; -3.89-1.51)	-1.54 (1.33; -4.28-1.83)
	Striatum	-0.22 (1.06; -2.03-2.44)	-0.78 (1.06; -2.8-1.43)	-1.49 (1.69; -5.86-2.54)
	Thalamus	-0.69 (0.94; -2.88-1.92)	-1.27 (1; -3.13-1.42)	-1.27 (1.23; -4.48-1.76)
	Cerebellum	-0.25 (1.09; -3.53-2.42)	-0.77 (1.05; -3.52-1.91)	-0.7 (1.12; -3.45-1.87)

B. GRN mutation carriers		Disease Age Epoch		
Outcome Measure		-40 to-10 YSO	-10 to 0 YSO	0+ YSO
N (prop)		125 (0.44)	72 (0.26)	84 (0.3)
Mean age (SD)		41 (10.3)	58.2 (7.5)	63.7 (8.8)
Outcome Measures				
Mean Raw Score (SD; Range)	CDR@+NACC FTLD SB	0.08 (0.26; 0-2)	0.31 (0.71; 0-3)	9.19 (6.53; 0-24)
	Numbers Forward	8 (2.67; 4-14)	7.08 (2.61; 2-14)	4.75 (2.47; 1-10)
	Numbers Backward	7.06 (2.25; 2-13)	6.47 (2.29; 2-14)	3.52 (2.65; 0-14)
	Trails A	25.37 (9.2; 9-63)	30.57 (10.73; 16-81)	72.12 (46.48; 23-150)
	Trails B	57.43 (21.27; 27-138)	72.42 (29.25; 34-230)	205.36 (97.09; 44-300)
	Semantic Fluency	25.11 (5.08; 15-40)	24.1 (6.36; 11-40)	11.82 (7.26; 0-32)
	MINT	29.88 (1.85; 23-32)	30.18 (1.92; 23-32)	23.78 (6.78; 3-32)
	Figure Recall	13.13 (2.55; 5-17)	12.31 (2.52; 7-17)	7.22 (4.32; 0-17)
	Figure Copy	16.38 (1.02; 13-17)	16.12 (1.35; 11-17)	13.6 (4.07; 0-17)
	RSMS	47.31 (8.75; 16-65)	45.35 (9.03; 25-65)	29.82 (14.32; 0-65)
	NfL (log)	1.87 (0.43; 0.82-3.34)	2.45 (0.56; 1.57-4.27)	4.04 (0.65; 2.14-5.35)
	Frontal	7.03 (0.52; 5.39-8.93)	6.4 (0.52; 5.25-7.48)	5.15 (0.92; 2.62-7.77)
	Temporal	4.74 (0.35; 3.84-6.08)	4.32 (0.32; 3.64-5.12)	3.77 (0.51; 2.21-4.75)
	Medial Temporal	1.02 (0.06; 0.87-1.18)	0.97 (0.07; 0.81-1.13)	0.87 (0.11; 0.61-1.11)
	Parietal	4.66 (0.37; 3.62-5.45)	4.22 (0.33; 3.24-4.97)	3.62 (0.59; 2-5.12)
	Occipital	1.8 (0.16; 1.35-2.18)	1.66 (0.15; 1.2-1.98)	1.52 (0.21; 0.87-1.94)
	Insula	0.73 (0.06; 0.59-0.85)	0.67 (0.05; 0.56-0.79)	0.58 (0.08; 0.32-0.76)
	Striatum	0.78 (0.06; 0.56-0.9)	0.73 (0.07; 0.59-0.88)	0.57 (0.13; 0.21-0.82)
	Thalamus	0.41 (0.06; 0.28-0.61)	0.37 (0.05; 0.3-0.5)	0.32 (0.07; 0.14-0.5)
	Cerebellum	5.74 (0.59; 4.15-7.41)	5.44 (0.48; 4.23-7.05)	5 (0.55; 3.91-6.82)
Mean Stand. Units from Control (SD; Range)	CDR@+NACC FTLD SB	---	---	---
	Numbers Forward	-0.13 (0.91; -1.5-1.92)	-0.23 (0.97; -2.12-2.33)	-1.12 (1.06; -2.73-1.13)
	Numbers Backward	-0.12 (0.97; -2.3-2.42)	-0.22 (0.95; -2.07-2.9)	-1.46 (1.17; -3.02-3.16)
	Trails A	0.33 (1.15; -1.71-5.01)	0.45 (1.14; -1.1-5.82)	2.8 (3.17; -0.55-8.11)
	Trails B	0.17 (0.97; -1.22-3.84)	0.35 (0.99; -0.95-5.7)	4.33 (3.19; -0.97-7.44)
	Semantic Fluency	0.03 (0.79; -1.54-2.34)	0.01 (1.11; -2.28-2.8)	-1.84 (1.22; -3.84-1.56)
	MINT	-0.03 (1.06; -3.96-1.19)	0.15 (1.18; -4.28-1.27)	-3.22 (3.54; -14.07-1.07)
	Figure Recall	-0.16 (1; -3.34-1.36)	-0.23 (0.91; -2.15-1.47)	-1.92 (1.63; -4.63-1.77)
	Figure Copy	0.18 (0.83; -2.56-0.69)	0 (1.23; -4.64-0.8)	-1.56 (2.88; -11.16-0.84)
	RSMS	-0.05 (1; -3.62-1.97)	-0.15 (1.12; -2.66-2.28)	-2.07 (1.55; -5.29-1.73)
	NfL (log)	0.46 (1; -1.95-3.84)	1.04 (1.45; -1.25-5.79)	3.74 (1.49; -0.62-6.75)
	Frontal	-0.08 (1.09; -3.49-3.89)	-0.68 (1.26; -3.46-1.92)	-2.59 (2.02; -8.18-3.18)
	Temporal	-0.09 (1.19; -3.17-4.53)	-1.02 (1.44; -4.09-2.61)	-1.66 (1.82; -7.21-1.83)
	Medial Temporal	-0.11 (1.02; -2.72-2.58)	-0.91 (1.16; -3.75-1.86)	-1.27 (1.44; -4.77-1.93)
	Parietal	-0.05 (1.18; -3.33-2.43)	-0.65 (1.16; -4.05-1.96)	-1.53 (1.9; -6.79-3.35)
	Occipital	-0.25 (1.27; -3.82-2.77)	-0.66 (1.13; -4.09-1.79)	-0.81 (1.67; -6.08-2.56)
	Insula	-0.27 (1.08; -2.75-1.97)	-0.82 (1.16; -3.15-1.85)	-1.49 (1.47; -6.23-1.6)
	Striatum	-0.17 (0.92; -3.31-1.58)	-0.34 (0.99; -2.46-1.84)	-2.15 (1.76; -7.01-1.08)
	Thalamus	0.1 (1.08; -2.3-3.48)	-0.54 (0.99; -1.94-2.11)	-0.99 (1.35; -4.4-2.39)
	Cerebellum	-0.17 (1.28; -3.64-3.47)	-0.5 (1.09; -3.24-3.16)	-0.71 (1.03; -2.76-2.7)

C. MAPT mutation carriers		Disease Age Epoch		
		-40 to-10 YSO	-10 to 0 YSO	0+ YSO
N (prop)		69 (0.41)	37 (0.22)	62 (0.37)
Mean Age (SD)		34.1 (9.2)	46.3 (9.5)	56.1 (8.6)
Outcome Measures				
Mean Raw Score (SD; Range)	CDR®+NACC FTLD SB	0.15 (0.48; 0-2.5)	0.39 (0.76; 0-3)	7.9 (6.51; 0-24)
	Numbers Forward	8.74 (3.3; 0-14)	8.08 (2.66; 4-14)	7.23 (2.66; 3-14)
	Numbers Backward	8.04 (2.48; 3-13)	7.54 (2.56; 3-13)	5.54 (2.53; 0-11)
	Trails A	21.06 (7.56; 12-53)	27.03 (11.08; 12-53)	47.23 (31.07; 14-150)
	Trails B	50.81 (20.69; 23-134)	59.92 (29.95; 29-164)	135.96 (86.75; 36-300)
	Semantic Fluency	24.15 (5.48; 10-36)	24.27 (5.97; 13-37)	13.75 (6.63; 0-27)
	MINT	29.88 (1.8; 25-32)	29.16 (3; 17-32)	21.22 (8.04; 1-32)
	Figure Recall	13.69 (2.63; 5-17)	12.8 (2.19; 8-17)	7.13 (5.48; 0-15)
	Figure Copy	16.01 (1.11; 13-17)	15.57 (1.24; 13-17)	14.87 (3.25; 0-17)
	RSMS	50.47 (9.76; 28-65)	50.24 (10.89; 14-65)	26 (18.66; 0-64)
	NfL (log)	1.69 (0.45; 0.39-2.53)	1.98 (0.55; 0.93-3.44)	3.04 (0.55; 1.93-5.1)
	Frontal	7.07 (0.57; 5.9-8.07)	6.72 (0.45; 5.9-7.68)	5.68 (0.82; 3.96-7.02)
	Temporal	4.86 (0.34; 4.01-5.51)	4.5 (0.25; 4.04-5.03)	3.54 (0.49; 2.83-4.43)
	Medial Temporal	1.05 (0.06; 0.87-1.16)	0.98 (0.07; 0.77-1.08)	0.72 (0.14; 0.46-1.04)
	Parietal	4.68 (0.35; 3.84-5.43)	4.44 (0.32; 3.85-5.19)	4 (0.42; 2.99-5.02)
	Occipital	1.83 (0.14; 1.56-2.07)	1.75 (0.16; 1.36-2.04)	1.64 (0.16; 1.35-1.96)
	Insula	0.76 (0.06; 0.65-0.89)	0.71 (0.06; 0.62-0.84)	0.54 (0.08; 0.43-0.73)
	Striatum	0.81 (0.07; 0.64-1)	0.77 (0.07; 0.64-0.9)	0.62 (0.13; 0.24-0.82)
	Thalamus	0.41 (0.05; 0.32-0.53)	0.4 (0.05; 0.3-0.53)	0.34 (0.05; 0.24-0.47)
	Cerebellum	6.03 (0.5; 4.95-7.44)	5.89 (0.42; 4.76-6.52)	5.52 (0.45; 4.61-6.67)
Mean Stand. Units from Control (SD; Range)	CDR®+NACC FTLD SB	---	---	---
	Numbers Forward	0.12 (1.13; -2.87-1.92)	0.13 (0.98; -1.38-2.33)	-0.06 (1.14; -1.87-2.85)
	Numbers Backward	0.3 (1.07; -1.87-2.42)	0.22 (1.06; -1.66-2.48)	-0.57 (1.12; -3.02-1.84)
	Trails A	-0.21 (0.94; -1.34-3.77)	0.07 (1.18; -1.53-2.84)	1.1 (2.12; -1.16-8.11)
	Trails B	-0.14 (0.94; -1.4-3.66)	-0.07 (1.02; -1.12-3.46)	2.05 (2.85; -1.24-7.44)
	Semantic Fluency	-0.12 (0.85; -2.32-1.72)	0.04 (1.04; -1.93-2.27)	-1.52 (1.12; -3.84-0.72)
	MINT	-0.02 (1.03; -2.82-1.19)	-0.48 (1.85; -7.98-1.27)	-4.56 (4.2; -15.12-1.07)
	Figure Recall	0.06 (1.03; -3.34-1.36)	-0.05 (0.79; -1.78-1.47)	-1.95 (2.07; -4.63-1.02)
	Figure Copy	-0.11 (0.91; -2.56-0.69)	-0.5 (1.13; -2.83-0.8)	-0.66 (2.29; -11.16-0.84)
	RSMS	0.31 (1.11; -2.25-1.97)	0.46 (1.35; -4.02-2.28)	-2.48 (2.01; -5.29-1.62)
	NfL (log)	0.04 (1.03; -2.95-1.98)	-0.19 (1.45; -2.91-3.63)	1.45 (1.26; -1.11-6.17)
	Frontal	0 (1.19; -2.43-2.09)	0.08 (1.09; -1.88-2.41)	-1.43 (1.8; -5.21-1.54)
	Temporal	0.33 (1.18; -2.6-2.56)	-0.19 (1.15; -2.27-2.19)	-2.47 (1.75; -5.02-0.68)
	Medial Temporal	0.41 (1.04; -2.7-2.15)	-0.69 (1.29; -4.46-1.15)	-3.33 (1.86; -6.87-1.04)
	Parietal	0.02 (1.1; -2.62-2.37)	0.12 (1.13; -1.93-2.74)	-0.29 (1.36; -3.59-3.03)
	Occipital	-0.05 (1.13; -2.18-1.85)	0.03 (1.24; -2.91-2.24)	0.12 (1.29; -2.23-2.72)
	Insula	0.27 (1.07; -1.7-2.84)	0.12 (1.29; -1.85-3.08)	-2.34 (1.35; -4.23-1.03)
	Striatum	0.28 (1.04; -2.12-3.07)	0.18 (0.99; -1.74-2.16)	-1.58 (1.72; -6.58-1.08)
	Thalamus	0.09 (0.85; -1.5-2.16)	0.01 (1; -2.02-2.55)	-0.54 (0.93; -2.47-1.95)
	Cerebellum	0.45 (1.09; -1.9-3.52)	0.52 (0.95; -2.04-1.95)	0.27 (0.85; -1.45-2.42)

Note. Raw and standardized values for several measures are displayed for mutation carriers (A-C) at three Disease Age epochs. Each participant was assigned to a Disease Age epoch based on the estimated Disease Age at their first visit. Raw imaging measures are presented as percentage of total intracranial volume to account for head size. Mean standardized units from controls indicates the number of standard deviations from the control group, based on the control mean and standard deviation.

Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; MRI: magnetic resonance imaging; TIV: Total intracranial volume; NfL (log): Log-transformed plasma neurofilament light chain; Stand: Standard; RSMS: Revised Self-Monitoring Scale

Supplemental Table S4. Estimates extracted from the Bayesian disease progression model: Disease Age at which each endpoint deviates from controls and standardized rates of annual decline per epoch.

Endpoint	Raw value that is 1 SD worse than controls	<i>C9orf72</i>				<i>GRN</i>				<i>MAPT</i>			
		DA 1 SD Worse than Control Mean (95% CI)	Standardized Rate of Change			DA 1 SD Worse than Control Mean (95% CI)	Standardized Rate of Change			DA 1 SD Worse than Control Mean (95% CI)	Standardized Rate of Change		
			-40 to -10 Epoch	-10 to 0 Epoch	0+ Epoch		-40 to -10 Epoch	-10 to 0 Epoch	0+ Epoch		-40 to -10 Epoch	-10 to 0 Epoch	0+ Epoch
CDR®+NACC FTL D SB	1.18	2.0 (1.9, 2.2)	0.00	-0.04	-1.25	0.9 (0.9, 1.0)	0.00	-0.04	-2.06	1.8 (1.7, 2.0)	0.00	-0.04	-1.45
Numbers Forward	5.43	8.5 (6.9, 10.4)	0.00	-0.02	-0.09	2.5 (1.4, 3.3)	0.00	-0.04	-0.17	11.2 (9.4, 15.5)	0.00	0.00	-0.07
Numbers Backward	5.04	5.7 (4.7, 6.7)	0.00	-0.02	-0.17	2.0 (1.0, 2.6)	0.00	-0.04	-0.28	8.1 (7.1, 9.2)	0.00	0.00	-0.17
Trails A	42.17	5.3 (4.5, 6.1)	0.00	-0.02	-0.32	1.4 (0.9, 1.9)	0.00	-0.05	-0.75	6.0 (5.1, 6.9)	0.00	-0.01	-0.28
Trails B	103.99	2.7 (1.9, 3.6)	0.00	-0.04	-0.37	1.2 (0.7, 1.6)	0.00	-0.03	-0.51	5.5 (4.6, 6.3)	0.00	0.00	-0.44
Semantic Fluency	18.31	3.8 (2.7, 4.7)	0.00	-0.04	-0.23	1.4 (0.7, 2.0)	0.00	-0.05	-0.39	3.9 (2.7, 5.0)	0.00	-0.03	-0.30
MINT	26.59	9.4 (8.5, 10.3)	0.00	0.00	-0.17	2.2 (1.6, 2.6)	0.00	-0.03	-0.85	4.3 (3.5, 5.2)	0.00	-0.01	-0.61
Figure Copy	14.33	8.4 (7.5, 9.2)	0.00	-0.01	-0.16	3.2 (2.5, 3.8)	0.00	-0.02	-1.48	10.4 (8.7, 12.6)	0.00	-0.01	-0.08
Figure Recall	10.29	6.2 (5.2, 7.1)	0.00	-0.02	-0.21	1.7 (0.9, 2.4)	0.00	-0.04	-0.45	3.2 (2.1, 4.3)	0.00	-0.04	-0.29
RSMS	37.96	2.7 (1.7, 3.5)	0.00	-0.04	-0.27	2.4 (1.9, 2.9)	0.00	-0.02	-0.33	3.3 (2.3, 4.3)	0.00	-0.03	-0.29
NfL (log)	2.55	-3.0 (-0.7, -5.8)	-0.01	-0.06	-0.10	-4.9 (-3.4, -7)	-0.01	-0.18	-0.29	4.6 (7.1, 2.4)	0.00	-0.05	-0.10
MRI Frontal	6.27	-4.9 (-7.5, -2.7)	-0.02	-0.07	-0.08	-1.1 (-1.9, -0.3)	0.00	-0.14	-0.41	3.6 (1.6, 5.2)	0.00	-0.05	-0.18
MRI Temporal	4.29	-6.1 (-9.4, -3.2)	-0.02	-0.05	-0.05	-1.2 (-2.2, -0.3)	0.00	-0.12	-0.31	0.3 (-1.3, 1.6)	0.00	-0.09	-0.24
MRI MTL	0.94	-0.9 (-3.5, 1.5)	-0.01	-0.05	-0.07	0.0 (-1.0, 0.9)	0.00	-0.09	-0.36	-1.8 (-3.2, -0.5)	-0.01	-0.11	-0.33
MRI Parietal	4.14	-6.1 (-9.2, -3.2)	-0.02	-0.05	-0.05	-0.5 (-1.3, 0.3)	0.00	-0.12	-0.30	8.6 (5.8, 13.1)	0.00	-0.03	-0.07
MRI Occipital	1.62	-3.9 (-6.9, -1.0)	-0.02	-0.06	-0.02	-0.2 (-1.3, 0.9)	0.00	-0.09	-0.14	>21 (>21, >21)	0.00	-0.02	-0.02
MRI Insula	0.66	-3.9 (-7.0, -1.3)	-0.02	-0.06	-0.06	-0.8 (-1.8, 0.2)	0.00	-0.11	-0.30	0.1 (-1.4, 1.6)	0.00	-0.09	-0.23
MRI Striatum	0.68	2.0 (-0.3, 4)	-0.01	-0.05	-0.09	0.3 (-0.4, 1.0)	0.00	-0.09	-0.52	4.5 (2.9, 5.8)	0.00	-0.03	-0.23
MRI Thalamus	0.34	-3.1 (-7.4, 1.1)	-0.02	-0.03	-0.03	1.5 (0.6, 2.4)	0.00	-0.06	-0.22	9.0 (6.6, 12.6)	0.00	-0.02	-0.08
MRI Cerebellum	5.15	3.9 (0.3, >21)	-0.01	-0.04	-0.03	0.1 (-0.9, 1.2)	0.00	-0.10	-0.07	>21 (10.5, >21)	0.00	0.00	-0.06

Note. For each endpoint, the raw value corresponding to one standard deviation (SD) worse than controls is displayed. For MRI values, these values indicate the percentage of total intracranial volume that is one SD lower than controls. For each genetic group, the Disease Age at which each endpoint's curve reaches one standard deviation from controls is displayed, with lower values indicating earlier deviations from controls. For each Disease Age epoch, the annualized rate of change from the model fit was then standardized relative to the rate of change observed in controls from the corresponding epoch. The age at which measures deviated by one SD from controls and the standardized rates of change were used to select the neuropsychological test and brain regions included in the figures and tables of the main text (bolded here).

Abbreviations: SD: Standard Deviation; DA: Disease Age; CI: Credible Interval; CDR®+NACC FTL D SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trails A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; RSMS: Revised Self-Monitoring Scale; NfL(log): Log-transformed plasma neurofilament light chain; MRI: magnetic resonance imaging

Supplemental Table S5. Baseline comparisons of mutation carriers and controls

			Disease Age Epoch									
			-40 to -10			-10 to 0			0+			
Mutation	Domain	Measure	Estimate	p	95%CI	Estimate	p	95%CI	Estimate	p	95%CI	
C9orf72	Global	CDR® NACC FTLD SB	0.19	< 0.001	(0.12,0.27)	0.31	< 0.001	(0.16,0.46)	8.32	< 0.001	(7.08,9.56)	
	Clinical	Trails A	-3.54	0.001	(-5.52,-1.56)	-5.05	0.007	(-8.67,-1.43)	-27.99	< 0.001	(-35.36,-20.62)	
		Trails B	-5.11	0.034	(-9.83,-0.38)	-21.94	0.001	(-34.20,-9.69)	-94.62	< 0.001	(-113.68,-75.56)	
		Numbers Forward	-0.22	0.456	(-0.82,0.37)	-0.10	0.830	(-1.00,0.81)	-1.68	< 0.001	(-2.31,-1.05)	
		Numbers Backward	0.23	0.345	(-0.25,0.71)	0.00	1.000	(-0.77,0.77)	-2.70	< 0.001	(-3.31,-2.08)	
	Imaging	MINT	0.00	0.997	(-0.44,0.44)	-0.31	0.346	(-0.95,0.33)	-5.27	< 0.001	(-6.79,-3.75)	
		Animals	-0.82	0.220	(-2.12,0.49)	-1.04	0.268	(-2.88,0.81)	-9.69	< 0.001	(-11.42,-7.96)	
		Figure Recall	-0.85	0.003	(-1.42,-0.28)	-0.26	0.551	(-1.13,0.60)	-3.53	< 0.001	(-4.50,-2.55)	
		Figure Copy	0.00	0.990	(-0.27,0.27)	-0.32	0.124	(-0.72,0.09)	-1.92	< 0.001	(-2.65,-1.20)	
		RSMS	-1.11	0.297	(-3.22,0.99)	-0.13	0.940	(-3.45,3.20)	-24.29	< 0.001	(-27.42,-21.16)	
		Plasma	NfL (Log)	0.22	< 0.001	(0.11,0.33)	0.53	< 0.001	(0.35,0.70)	0.90	< 0.001	(0.70,1.09)
		Frontal	-0.21	0.001	(-0.32,-0.09)	-0.57	< 0.001	(-0.73,-0.40)	-1.00	< 0.001	(-1.20,-0.80)	
	Temporal	-0.18	< 0.001	(-0.25,-0.11)	-0.39	< 0.001	(-0.48,-0.29)	-0.48	< 0.001	(-0.61,-0.35)		
	Medial Temporal	-0.02	0.010	(-0.03,0.00)	-0.08	< 0.001	(-0.10,-0.05)	-0.10	< 0.001	(-0.13,-0.07)		
	Parietal	-0.18	< 0.001	(-0.26,-0.10)	-0.43	< 0.001	(-0.55,-0.32)	-0.51	< 0.001	(-0.64,-0.39)		
	Occipital	-0.07	< 0.001	(-0.10,-0.04)	-0.17	< 0.001	(-0.22,-0.12)	-0.18	< 0.001	(-0.23,-0.12)		
	Insula	-0.03	< 0.001	(-0.04,-0.01)	-0.06	< 0.001	(-0.07,-0.04)	-0.09	< 0.001	(-0.11,-0.07)		
Striatum	-0.02	0.080	(-0.03,0.00)	-0.05	< 0.001	(-0.08,-0.03)	-0.11	< 0.001	(-0.15,-0.08)			
Thalamus	-0.04	< 0.001	(-0.05,-0.03)	-0.06	< 0.001	(-0.08,-0.05)	-0.07	< 0.001	(-0.08,-0.05)			
Cerebellum	-0.11	0.053	(-0.23,0.00)	-0.34	< 0.001	(-0.50,-0.18)	-0.37	< 0.001	(-0.56,-0.19)			
GRN	Global	CDR® NACC FTLD SB	0.08	< 0.001	(0.05,0.11)	0.31	< 0.001	(0.16,0.46)	9.19	< 0.001	(7.89,10.49)	
	Clinical	Trails A	-2.61	0.006	(-4.48,-0.75)	-4.20	0.010	(-7.38,-1.03)	-41.05	< 0.001	(-51.02,-31.08)	
		Trails B	-3.62	0.138	(-8.41,1.17)	-10.36	0.030	(-19.69,-1.03)	-131.73	< 0.001	(-153.33,-110.12)	
		Numbers Forward	-0.38	0.231	(-1.00,0.24)	-0.63	0.139	(-1.48,0.21)	-2.61	< 0.001	(-3.34,-1.88)	
		Numbers Backward	-0.29	0.261	(-0.80,0.22)	-0.53	0.165	(-1.27,0.22)	-3.31	< 0.001	(-4.07,-2.56)	
	Imaging	MINT	-0.05	0.817	(-0.44,0.35)	0.24	0.398	(-0.32,0.80)	-6.17	< 0.001	(-7.62,-4.72)	
		Animals	0.16	0.807	(-1.16,1.49)	0.06	0.949	(-1.84,1.97)	-10.93	< 0.001	(-12.99,-8.88)	
		Figure Recall	-0.40	0.173	(-0.97,0.18)	-0.63	0.155	(-1.49,0.24)	-5.09	< 0.001	(-6.19,-3.99)	
		Figure Copy	0.22	0.092	(-0.04,0.49)	0.00	0.990	(-0.40,0.40)	-2.20	< 0.001	(-3.11,-1.30)	
		RSMS	-0.43	0.674	(-2.43,1.58)	-1.19	0.431	(-4.19,1.80)	-19.18	< 0.001	(-22.90,-15.45)	
		Plasma	NfL (Log)	0.20	< 0.001	(0.09,0.31)	0.40	< 0.001	(0.24,0.56)	1.63	< 0.001	(1.45,1.80)
		Frontal	-0.04	0.530	(-0.16,0.08)	-0.28	0.001	(-0.44,-0.12)	-1.17	< 0.001	(-1.43,-0.92)	
	Temporal	-0.03	0.487	(-0.10,0.05)	-0.23	< 0.001	(-0.32,-0.13)	-0.47	< 0.001	(-0.61,-0.32)		
	Medial Temporal	-0.01	0.369	(-0.02,0.01)	-0.05	< 0.001	(-0.07,-0.03)	-0.09	< 0.001	(-0.13,-0.06)		
	Parietal	-0.02	0.719	(-0.10,0.07)	-0.19	0.001	(-0.29,-0.08)	-0.47	< 0.001	(-0.63,-0.30)		
	Occipital	-0.03	0.076	(-0.07,0.00)	-0.09	0.001	(-0.14,-0.04)	-0.10	0.001	(-0.16,-0.04)		
	Insula	-0.01	0.035	(-0.03,0.00)	-0.04	< 0.001	(-0.05,-0.02)	-0.08	< 0.001	(-0.11,-0.06)		
Striatum	-0.01	0.160	(-0.03,0.00)	-0.02	0.057	(-0.05,0.00)	-0.16	< 0.001	(-0.20,-0.12)			
Thalamus	0.01	0.424	(-0.01,0.02)	-0.03	0.003	(-0.04,-0.01)	-0.05	< 0.001	(-0.07,-0.03)			
Cerebellum	-0.08	0.234	(-0.20,0.05)	-0.22	0.008	(-0.38,-0.06)	-0.38	< 0.001	(-0.58,-0.18)			
MAPT	Global	CDR® NACC FTLD SB	0.15	< 0.001	(0.09,0.21)	0.39	< 0.001	(0.23,0.55)	7.90	< 0.001	(6.61,9.20)	
	Clinical	Trails A	1.70	0.120	(-0.45,3.85)	-0.66	0.737	(-4.57,3.24)	-16.15	< 0.001	(-23.54,-8.77)	
		Trails B	3.00	0.316	(-2.87,8.86)	2.14	0.714	(-9.41,13.69)	-62.33	< 0.001	(-82.12,-42.53)	
		Numbers Forward	0.36	0.388	(-0.46,1.17)	0.36	0.494	(-0.69,1.41)	-0.13	0.749	(-0.95,0.68)	
		Numbers Backward	0.69	0.035	(0.05,1.33)	0.54	0.266	(-0.42,1.50)	-1.30	0.001	(-2.08,-0.51)	
	Imaging	MINT	-0.04	0.868	(-0.52,0.44)	-0.78	0.066	(-1.61,0.05)	-8.73	< 0.001	(-10.43,-7.02)	
		Animals	-0.80	0.357	(-2.49,0.90)	0.23	0.837	(-2.02,2.49)	-9.01	< 0.001	(-11.09,-6.93)	
		Figure Recall	0.16	0.647	(-0.54,0.87)	-0.14	0.793	(-1.18,0.91)	-5.17	< 0.001	(-6.51,-3.84)	
		Figure Copy	-0.14	0.414	(-0.47,0.19)	-0.55	0.019	(-1.01,-0.09)	-0.93	0.018	(-1.70,-0.16)	
		RSMS	2.73	0.038	(0.16,5.31)	3.70	0.067	(-0.27,7.66)	-23.00	< 0.001	(-27.63,-18.37)	
		Plasma	NfL (Log)	0.02	0.764	(-0.11,0.15)	-0.07	0.453	(-0.26,0.12)	0.63	< 0.001	(0.46,0.80)
		Frontal	0.00	0.997	(-0.15,0.15)	0.03	0.713	(-0.15,0.22)	-0.65	< 0.001	(-0.89,-0.41)	
	Temporal	0.10	0.041	(0.00,0.19)	-0.04	0.400	(-0.14,0.06)	-0.69	< 0.001	(-0.84,-0.55)		
	Medial Temporal	0.02	0.010	(0.01,0.04)	-0.04	0.005	(-0.07,-0.01)	-0.25	< 0.001	(-0.29,-0.21)		
	Parietal	0.01	0.892	(-0.09,0.11)	0.03	0.599	(-0.10,0.17)	-0.09	0.211	(-0.23,0.05)		
	Occipital	-0.01	0.739	(-0.05,0.03)	0.00	0.914	(-0.06,0.07)	0.02	0.587	(-0.04,0.07)		
	Insula	0.01	0.085	(0.00,0.03)	0.01	0.626	(-0.02,0.03)	-0.13	< 0.001	(-0.16,-0.11)		
Striatum	0.02	0.072	(0.00,0.04)	0.01	0.403	(-0.02,0.04)	-0.12	< 0.001	(-0.16,-0.08)			
Thalamus	0.01	0.547	(-0.01,0.02)	0.00	0.961	(-0.02,0.02)	-0.03	0.007	(-0.05,-0.01)			
Cerebellum	0.21	0.005	(0.06,0.35)	0.23	0.019	(0.04,0.42)	0.15	0.158	(-0.06,0.35)			

Note. Each participant was assigned to a Disease Age epoch based on the estimated Disease Age at their first visit. For each mutation, baseline values of each measure were compared to controls at the three epochs using linear regression; the statistical tests were two-sided and no adjustments for multiple comparisons were applied. Bolded text indicates statistically significant differences ($p < .05$). The estimates represent the difference between carriers and controls. The units for CDR®NACC FTLD SB are raw box scores, with a positive contrast representing greater impairment in carriers. Similarly, for log NfL values, higher positive values represent higher levels in carriers. Raw values on clinical measures were used, with negative contrasts indicating poorer performance in mutation carriers compared to controls. Brain volume was estimated at percentage of total intracranial volume, with negative contrasts indicating lower volume (relative to head size) in mutation carriers. Note that statistical comparisons for the CDR®+NACC FTLD SB should be interpreted with caution given that controls were defined as having a baseline CDR®+NACC-FTLD=0 and thus have no variance due to this selection process. These parameters complement the effect sizes displayed in Extended Figure 1.

Abbreviations: CI: Confidence Interval; CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trails A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; RSMS: Revised Self-Monitoring Scale; NfL(log): Log-transformed plasma neurofilament light chain

Supplemental Table S6. Cross-sectional statistical comparison of baseline measures among the three f-FTLD genetic groups

Domain	Measure	Disease Age Epoch								
		-40 to -10			-10 to 0			0+		
		Model F	p	Posthoc Comparison	Model F	p	Posthoc Comparison	Model F	p	Posthoc Comparison
Global	CDR®NACC FTLD SB	2.03	0.133	--	0.19	0.829	--	0.82	0.44	--
Clinical	Trails A	6.99	0.001	(C=G)<M	1.71	0.184	--	6.58	0.002	(C=G), (C=M), G<M
	Trails B	3.39	0.035	(C=G), (G=M), C<M	5.23	0.006	(C=G), (G=M), C<M	7.57	0.001	G<(C=M)
	Animals	1.26	0.286	--	0.76	0.469	--	1.24	0.29	--
	Figure Copy	2.43	0.089	--	2.13	0.122	--	2.19	0.114	--
	Figure Recall	3.43	0.034	(C=G), (G=M), C<M	0.61	0.546	--	3.92	0.021	--
	Numbers Forward	1.67	0.19	--	1.77	0.173	--	15.6	< 0.001	G<C<M
	Numbers Backward	4.45	0.012	(C=G), (C=M), G<M	2.67	0.072	--	10.53	< 0.001	(C=G)<M
	MINT	0.02	0.982	--	2.48	0.087	--	4.29	0.015	(C=G), (G=M), M<C
	RSMS	3.52	0.031	(C=G), (G=M), C<M	2.38	0.096	--	2.86	0.059	--
Plasma	NfL (Log)	4.23	0.016	M<(C=G)	11.19	< 0.001	M<(C=G)	29.33	< 0.001	(C=M)<G
Imaging	Frontal	3.81	0.023	(C=G), (G=M), C<M	14.03	< 0.001	C<G<M	4.68	0.01	(C=G), (C=M), G<M
	Temporal	13.79	< 0.001	C<(G=M)	12.13	< 0.001	C<G<M	3.08	0.049	--
	Medial Temporal	8.97	< 0.001	(C=G)<M	3.24	0.042	--	23.27	< 0.001	M<(C=G)
	Parietal	7.17	0.001	C<(G=M)	18.22	< 0.001	C<G<M	10.45	< 0.001	(C=G)<M
	Occipital	3.88	0.022	(C=G), (G=M), C<M	12.06	< 0.001	C<G<M	13.56	< 0.001	(C=G)<M
	Insula	9.47	< 0.001	(C=G)<M	11.71	< 0.001	(C=G)<M	5.18	0.007	M<(C=G)
	Thalamus	19.9	< 0.001	C<(G=M)	16.7	< 0.001	C<G<M	4.73	0.01	(C=G), (G=M), C<M
	Striatum	4.96	0.008	(C=G)<M	8.54	< 0.001	(C=G), (G=M), C<M	2.42	0.092	--
	Cerebellum	6.93	0.001	(C=G)<M	14.71	< 0.001	(C=G)<M	13	< 0.001	(C=G)<M

Note. Each participant was assigned to a Disease Age epoch based on the estimated Disease Age at their first visit. For each measure at each epoch, baseline values were compared across the three carrier groups by fitting a linear regression model with a three-level categorical predictor; the statistical tests were two-sided. CDR®NACC FTLD SB units, log NfL values, raw clinical scores, and brain volume as a percentage of total intracranial volume were modeled as the outcomes. If the overall model was statistically significant, pairwise comparisons were conducted with Tukey correction for multiple comparisons. For clinical and imaging measures, the directionality of the pairwise comparisons is such that lower values (i.e., to the left of the < sign) represent more impairment, whereas higher values (i.e., to the right of the < sign) represent more impairment for CDR®+NACC FTLD SB and NfL. For example, for thalamic atrophy in Disease Age epoch -50 to -10, *C9orf72*+ carriers have statistically less thalamic volume compared to the other two groups and *GRN*+ have statistically higher log NfL compared to the other groups in the symptomatic 0+ epoch.

Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trails A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; RSMS: Revised Self-Monitoring Scale; NfL(log): Log-transformed plasma neurofilament light chain

Supplemental Table S7. Scanner distribution by genetic group and consortium.

A. All Participants with at least one scan that passed quality control												
Sample	Prisma Fit	Achieva	TrioTim	Discovery MR750	Prisma	Intera	Achieva dStream	Skyra fit	Skyra	Biograph mMR	Signa HDxt	Total
Reference Group	79	68	46	34	16	9	9	8	44	4	0	317
C9orf72	66	62	39	10	9	10	16	4	23	0	0	239
GRN	44	46	50	9	8	7	0	1	33	1	6	205
MAPT	39	17	12	23	5	0	1	1	17	6	0	121

B. ALLFTD Participants with at least one scan that passed quality control												
Sample	Prisma Fit	Achieva	TrioTim	Discovery MR750	Prisma	Intera	Achieva dStream	Skyra fit	Skyra	Biograph mMR	Signa HDxt	Total
Reference Group	40	11	9	34	0	9	0	0	7	4	0	114
C9orf72	25	14	6	10	0	10	0	0	1	0	0	66
GRN	16	0	9	9	0	7	0	0	2	1	2	46
MAPT	22	2	1	23	0	0	0	0	4	6	0	58

C. GENFI Participants with at least one scan that passed quality control												
Sample	Prisma Fit	Achieva	TrioTim	Discovery MR750	Prisma	Intera	Achieva dStream	Skyra fit	Skyra	Biograph mMR	Signa HDxt	Total
Reference Group	39	57	37	0	16	0	9	8	37	0	0	203
C9orf72	41	48	33	0	9	0	16	4	22	0	0	173
GRN	28	46	41	0	8	0	0	1	31	0	4	159
MAPT	17	15	11	0	5	0	1	1	13	0	0	63

Note. This table presents the number of scanners at baseline used for each group in the overall sample (A) and the ALLFTD (B) and GENFI (C) cohorts.

Supplemental Table S8. Model priors: Endpoint-specific expected best and worst values and grouping structure for correlation of subject-specific random effects across similar endpoints

Endpoint	Value at normal	Expected Worst Value	Grouping
CDR®+NACC FTLD SB	0	24	1
Trails A	20	150	2
Trails B	50	300	2
Animals	25	0	3
Figure Copy	17	0	4
Figure Recall	17	0	4
Number Span Forward	14	0	5
Number Span Backward	14	0	5
MINT	32	0	6
RSMS	65	0	7
NfL (log)	1.5	6	8
MRI Frontal	8	2	9
MRI Temporal	5	2	9
MRI Insula	1	0	9
MRI Parietal	5	2	9
MRI Occipital	2	0	9
MRI Cerebellum	6	2	9
MRI Thalamus	0.4	0	9
MRI Striatum	1	0	9
MRI MTL	1	0	9

Note. Presented here are the measures that were simultaneously modeled in the disease progression models, along with the values at normal and the expected worst value, both of which were incorporated into the model priors. All measures are presented in raw units; MRI measures are presented as percentage of total intracranial volume. Variables that share a Grouping number were specified to have correlated subject and endpoint-specific random effects based on shared characteristics of the measures (e.g., all MRI measures were grouped).

Abbreviations: CDR®+NACC FTLD SB: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Sum of Boxes; Trail A/B: Trail Making Test, Parts A & B; MINT: Multilingual Naming Test; RSMS: Revised Self-Monitoring Scale; NfL (log): Log-transformed plasma neurofilament light chain; MRI: magnetic resonance imaging

Supplemental Table S9. Clinical trial simulation assumptions

CDR®+NACC FTLD Global	<i>C9orf72</i>	<i>GRN</i>	<i>MAPT</i>
<i>Percentage of Population</i>			
0	62%	70%	69%
0.5	25%	15%	20%
1	13%	15%	11%
<i>Mean (SD) YSO per CDR®+NACC-FTLD Global Score</i>			
0	-16.0 (10.0)	-14.0 (11.0)	-14.0 (10.0)
0.5	1.5 (2.8)	-0.3 (2.8)	0.4 (3.1)
1	5.8 (1.8)	3.1 (0.5)	5.7 (1.1)

Note. This table displays the assumptions for the clinical trial simulations. For each genetic group, CDR®+NACC-FTLD Global distribution and mean Disease Age given CDR®+NACC-FTLD Global are displayed. These estimates were based on the natural history data.

Abbreviations: *CDR®+NACC FTLD SB*: Clinical Dementia Rating Scale plus National Alzheimer's Coordinating Center's Frontotemporal Lobar Degeneration Module Global Score; *SD*: Standard Deviation; *YSO*: Years since onset.