Supplemental table 15 Summary of clinical evidence profile comparison: non-pharmacological intervention compared to no intervention or usual care

|  |  |  |  |
| --- | --- | --- | --- |
| Outcome | Effect | Number of participants (studies) | Certainty in the evidence (GRADE) |
| Pain assessed using SF-36; short-term | No effect of active lifestyle and sports participation intervention compared to usual care  | 57 (one RCT) | Low (due to methodological limitations and imprecision) |
| Pain assessed using SF-36; long-term | Reduction in pain of 15.14 (95% CI 3.44 to 26.85) following active lifestyle and sports participation intervention compared to usual care | 57 (one RCT) | Low (due to methodological limitations and imprecision) |
| Pressure pain | Reduction in pain following somatosensory therapy in addition to standardised physical therapy for 12 weeks compared to standardised physical therapy (effect estimate not reported at 0 or 3 months post-intervention; “group × time × body interaction effect”, p < 0.05) | 32 (one RCT) | Low (due to methodological limitations and imprecision) |