

Effects of creep recovery on the fracture properties of concrete

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28 **ABSTRACT**

29 To study the influence of creep recovery on the fracture properties of concrete, the pre-notched
30 specimens were firstly subjected to three-point bending (TPB) loading at 60% peak load ($P_{\max}$) over
31 30 days. Afterwards, the load was removed and the creep recovery tests were performed for 1, 2, 3
32 and 15 days, respectively. Thereafter, the quasi-static TPB tests were conducted on the creep
33 recovery specimens. The deformation versus time curves, initial cracking load (P_{ini}), peak load and
34 fracture energy in the quasi-static TPB tests after creep recovery were obtained. Also, the numerical
35 analyses were conducted by combining with the Norton-Bailey model to investigate the stress
36 variations at the crack tip and the time-dependent behaviour of concrete. By comparing the fracture
37 parameters for the specimens with and without undergoing creep recovery, the effects of creep
38 recovery on the fracture characteristics of concrete were assessed. The results showed that during
39 the creep stage, the stress relaxation generated at the crack tip due to viscoelastic characteristics of
40 concrete enlarged the deformation. In contrast, the reversed stress would occur at the crack tip
41 during the recovery stage, and its relaxation over the time contributed to the time-dependent
42 deformation during the creep recovery stage. By comparing with the specimens under the
43 quasi-static TPB loading, P_{ini} and $P_{\max}$ for the creep recovery specimens would increase, and the
44 increments slowed down over the recovery time. However, the increases in P_{ini} and $P_{\max}$ for the
45 creep recovery specimens could not enhance the initial and critical fracture toughnesses and these
46 toughnesses were approximately equal to those under the quasi-static tests.

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48 **Keywords:** Concrete; Fracture properties; Creep recovery; Stress relaxation; Initial fracture
49 toughness; Critical fracture toughness

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Nomenclature

A	empirical constant
a_0	notch depth
a_c	crack length corresponding to $P_{\max}$
B	specimen width
$CMOD_c$	crack mouth opening displacement corresponding to $P_{\max}$
D	specimen depth
E	elastic modulus
f_c	uniaxial compressive strength
f_t	splitting tensile strength
G_f	fracture energy
K	stress intensity factor
K_{IC}^{ini}	initial fracture toughness
K_{IC}^{un}	unstable fracture toughness
m	empirical constant
n	empirical constant
P	load
P_{ini}	initial cracking load
$P_{ini,1}$	load inducing the pressure stress
$P_{ini,2}$	load contributing to the crack initiation
$P_{\max}$	peak load
$P_{\max,1}$	load causing the unstable crack propagation
S	loading span for the specimen
t	loading duration
u	displacement component on the integral path in x direction
v	displacement component on the integral path in y direction
w	strain energy density
ε	strain
$\dot{\varepsilon}$	strain rate
Γ	path for integration
σ	stress
σ_{xx}	stress component in x direction
σ_{yy}	stress component in y direction
τ_{xy}	stress component in xy direction

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61 **1. Introduction**

62 Concrete gravity dams in service are usually subjected to long-term loading due to its function
63 of storing water, where time-dependent creep behaviour exists in the concrete structures. Creep in
64 concrete leads to stress redistributions, cracking and increased deformation, which may negatively
65 affect the long-term serviceability and sustainability of the concrete dams. In contrast, when the
66 water level drops, the concrete of gravity dams will enter the creep recovery stage and instantaneous
67 recovery occurs after unloading [1,2]. The recovery of the creep deformation is only part of the
68 initial creep deformation, while the rest part remains unrecoverable [3,4]. Together with the
69 recovery of the creep deformation, the stress field in concrete will change in the recovery process.
70 Considering the safety of the gravity dams in service, the effects of creep recovery on the crack
71 resistance of concrete should be further explored so that the residual life of the dams can be
72 comprehensively evaluated.

73 So far, the creep recovery behaviour of concrete has attracted much attention of academic and
74 engineering communities. Creep behaviour of concrete can be classified as linear and nonlinear
75 deformations depending on load levels. In general, linear viscoelastic behaviour of concrete occurs
76 under low sustained loading. In contrast, under high sustained loading, the concrete exhibits
77 nonlinear viscoelastic behaviour because of crack initiation, propagation and their interaction with
78 the viscoelasticity of concrete [5,6]. For the creep recovery behaviour, the previous studies mainly
79 focused on the effects of stress levels [6], concrete compositions including cement types [7], coarse
80 aggregate [8], blast furnace slag [9] and polystyrene aggregate [10], and concrete strength [4] on the
81 time-dependent behaviour. These investigations showed that the variations of the creep recovery
82 deformation for concrete under compression and tension were similarly associated with the stress
83 levels but hardly affected by the concrete compositions. Under high sustained loading, the recovery

84 of creep deformation of the concrete consisted of crack closure and recovery creep deformation [3],
85 while under low sustained loading, the linear viscoelastic characteristic of concrete would govern
86 the recovery of creep deformation. The recovery of creep deformation was only part of the creep
87 deformation and a large portion of the creep deformation was irretrievable. In addition, extensive
88 investigations have been conducted to analyse the mechanisms of the creep recovery of concrete.
89 The study by Davies [11] demonstrated that the variations of the creep and the recovery of the creep
90 deformation were the same, where the increments of the creep and the recovery of the creep
91 deformations were caused by the identical stresses with the opposite signs. For the unrecoverable
92 creep deformation, Su et al. [2] and Rossi et al. [6] considered that it was caused by the
93 accumulated micro-damage during the creep process. In contrast, Tang et al. [10] and Davies [11]
94 stated that closure of voids in concrete, and viscous flow and swelling of the cement-paste occurring
95 in the creep process were irreversible. Qian and Kawashima [12] stated that the viscoelastic fluid
96 deformation of concrete occurring in the creep process caused unrecoverable creep deformation.
97 Above-mentioned explanations did not show clear mechanism of creep recovery. Creep and stress
98 relaxation are known to be interrelated in viscoelastic materials like concrete [13,14], and the
99 relationship between stress relaxation and creep can be characterised by an exact analytical
100 expression. Stress relaxation in concrete leads to stress redistributions. In particular, for the
101 pre-notched three-point bending (TPB) concrete beams subjected to long-term loading, the stress
102 concentration existed at the tip of the pre-prepared notch [15,16]. The stress at the crack tip
103 significantly decreased in the creep process due to the effect of stress relaxation. The stress
104 relaxation occurring at the crack tip is local effect, while the creep deformation could be considered
105 as structural effect. Similarly, during the creep recovery stage, the stress around the crack tip also
106 influenced with the recovery of creep deformation [17]. However, the relation between the recovery

107 of the creep deformation and the stress variation is not explicit. Therefore, to reasonably apprehend
108 the creep recovery of concrete, it is necessary to quantitatively investigate and assess the variations
109 of the stress and deformation of concrete during the creep recovery process.

110 Meanwhile, the fracture parameters, such as the initial fracture toughness K_{IC}^{ini} , the unstable
111 fracture toughness K_{IC}^{un} and the fracture energy G_f , are generally considered as the material
112 properties, which represent the fracture resistance and characteristics of concrete. Some
113 investigations have been performed on the creep fracture properties of concrete [18-22]. Omar et al.
114 [20] studied the variations of the creep fracture characteristics of concrete by conducting the TPB
115 tests on the creep specimens, and the results indicated that the long-term loading almost had no
116 effect on the residual capacity of creep specimens. However, according to the researches by Saliba
117 et al. [21,22], P_{max} and G_f of concrete slightly increased after experiencing the creep process. This
118 phenomenon was explained by the strengthening of the compressive zone of the TPB specimens in
119 the creep process. In addition, Dong et al. [16] studied the creep fracture properties of concrete.
120 According to the experimental and numerical results, they considered that the increments in P_{ini} and
121 P_{max} of concrete were caused by the stress relaxation at the crack tip during the creep process.
122 Accordingly, when the effects of stress relaxations were considered, the calculated K_{IC}^{ini} and K_{IC}^{un} of
123 the creep specimens were approximately equal to those under quasi-static conditions. In the case of
124 creep recovery, the stress at the front of the crack tip would be accompanied by the recovery of the
125 creep deformation [17,23], and affected the fracture behaviour of concrete. For assessing the
126 cracking resistance of creep recovery concrete, it is necessary to perform further studies on the
127 fracture characteristics of creep recovery concrete so that the fracture properties of concrete
128 structures can be assessed accurately. Furthermore, the applicability of the fracture criteria with
129 respect to K_{IC}^{ini} and K_{IC}^{un} under quasi-static conditions should be clearly clarified when they are used

130 in the fracture analyses on concrete subjected to creep recovery.

131 To comprehensively understand the creep behaviour of concrete, many investigations have
132 been conducted to analyse the time-dependent behaviour of concrete. Barpi and Valente [24,25]
133 simulated the tertiary creep of concrete by employing the viscous rheological element to reveal the
134 time-dependent behaviour in the fracture process zone (FPZ), and the obtained lifetime and
135 load-displacement relationship from numerical analyses showed a good agreement with those from
136 the experimental investigation. Zhou [26] also simulated the fracture process of concrete under
137 sustained loading by introducing the Maxwell model to reflect the time-dependent behaviour in FPZ.
138 Luzio [27] investigated the time-dependent fracture of concrete by employing the modified
139 micro-plane model to characterise the viscoelasticity of the FPZ and un-cracked concrete. These
140 studies presented successful modelling concepts for the tertiary creep of concrete under sustained
141 loading. However, the investigations on the effects of creep recovery on the fracture behaviour of
142 concrete are limited. Therefore, it is necessary to investigate the fracture properties of concrete after
143 creep recovery and assess the effects of creep recovery on the fracture behaviour of concrete.

144 In line with this, the aim of this research is to study the creep recovery behaviour of concrete
145 and its effects on the fracture characteristics of concrete. First, the TPB creep tests were carried out
146 on the pre-notched concrete specimens at $60\%P_{\max}$ over 30 days. Thereafter, the creep recovery
147 tests were performed over different recovery durations. After the creep recovery tests, the
148 specimens were subjected to quasi-static TPB loading until failure. The creep recovery deformation
149 versus time curves, the initial cracking load and the peak load were obtained in the tests. In addition,
150 by combining with the Norton-Bailey model, the time-dependent behaviour and the stress intensity
151 factor (SIF) of the concrete subjected to the creep recovery were analysed numerically. Finally, the
152 effects of creep recovery on the fracture parameters of concrete were assessed.

2. Experimental program

2.1. Specimen preparations

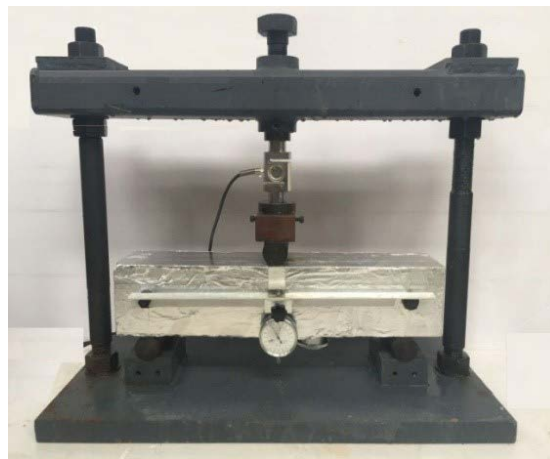
The dimensions of the TPB specimens for the creep recovery tests were 500 mm × 100 mm × 100 mm with a 30 mm long pre-notch. The mix proportions of the concrete were cement : water : sand : aggregate = 1 : 0.60 : 2.01 : 3.74 by weight. The 42.5 N ordinary Portland cement [28], coarse aggregate with a maximum size of 10 mm and river sand with a maximum size of 5 mm were used for making the concrete. The specimens were demoulded one day after casting, and then kept in the curing chamber with $20 \pm 2^\circ\text{C}$ and 90% relative humidity (RH) for the next 27 days. After 28 days of casting, the pre-notch on each specimen was produced using a 2 mm thick diamond saw. The compressive strength f_c , the splitting tensile strength f_t and the elastic modulus E of concrete at the age of 28 days are listed in Table. 1. To further assess the effects of the 30-day loading duration in the creep tests, f_c , f_t and E were measured at the age of 58 days after the creep tests and the results are listed in Table 1. The mean values of f_c , f_t and E at both ages and their coefficients of variation (C_V) were also obtained and listed in the same table.

Table 1 Material properties of concrete at 28 and 58 days.

Material property		f_c (MPa)	f_t (MPa)	E (GPa)
28 days	1	39.94	2.83	32.7
	2	42.77	3.58	33.6
	3	34.67	2.79	34.1
	Mean value	39.10	3.07	33.5
	C_V (%)	8.5	11.1	1.7
58 days	1	43.01	3.04	34.2
	2	43.67	3.32	34.7
	3	38.74	3.26	35.2
	Mean value	41.81	3.21	34.7
	C_V (%)	5.2	7.0	1.1

168 2.2. Creep recovery tests

169 In order to accurately adjust the applied load in the sustained loading tests, the quasi-static
170 TPB tests were carried out at the age of 28 days and the mean value of $P_{\max}$ for three specimens was
171 obtained as 4.07 kN. The creep specimens were loaded using the loading frames as shown in Fig. 1
172 at $60\%P_{\max}$ ($60\% \times 4.07 \approx 2.44$ kN) over 30 days. The creep recovery tests were performed in
173 a structural laboratory with $20 \pm 2^{\circ}\text{C}$ and 50% RH. In addition, aluminium tapes were used to wrap
174 the specimens to prevent the loss of moisture in concrete so that only basic creep was investigated
175 in this study. To ensure that the applied load to accurately reach the pre-set level, a steel bolt was
176 connected onto a load sensor and a digital display was used to monitor the variations of the applied
177 load. Once the applied load dropped by 2% due to the increase of creep deformation, the load would
178 be increased to the pre-set level. After the creep tests, the sustained load would be removed and the
179 recovery tests were carried out after 1, 2, 3 and 15 days, respectively. The dial indicators were
180 employed to detect the loading point displacement (δ). Besides, two specimens named as the “aging
181 specimens” were made at one time and stored under the same curing conditions as those specimens
182 subjected to creep recovery but without loading.

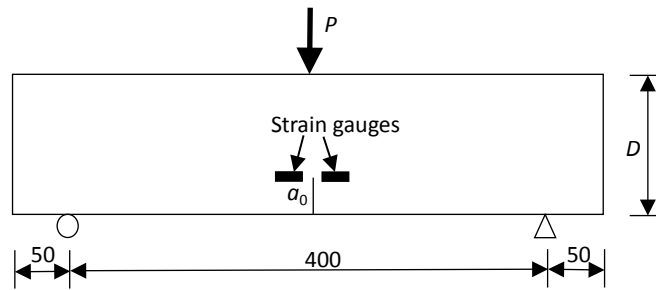


183
184 **Fig. 1.** Set-up for the creep tests.

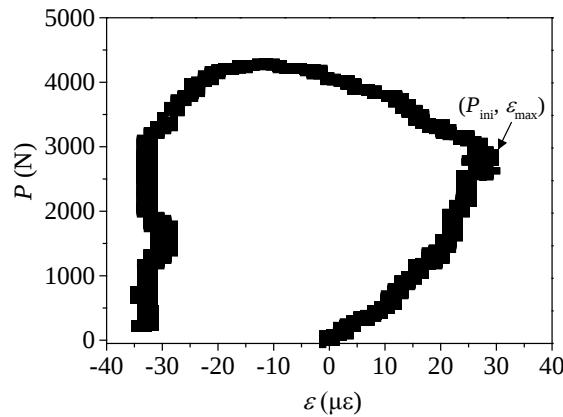
185 2.3. Quasi-static TPB tests

186 After the creep recovery tests, the specimens were moved out from the loading frames and
187 sustained quasi-static TPB tests immediately. A 250 kN closed loop servo-controlled MTS testing
188 machine was employed for the quasi-static TPB tests with a displacement rate of 0.036 mm/min. To

189 accurately detect the load values in the test, a load cell with a capacity of 50 kN was used. Since the
190 $P_{\max}$ for different series specimens was about 4000 N, it took about 10 minutes to load to $P_{\max}$ at
191 this loading rate. The creep specimens after 30-day sustained loading and the aging specimens were
192 also tested under quasi-static loading. To detect the crack initiation, four 10 mm × 2 mm (length ×
193 width) strain gauges were symmetrically mounted on both sides of concrete beams at a horizontal
194 distance of 5 mm to the pre-notch tip, as shown in Fig. 2. The values of the strain gauges would
195 increase under the quasi-static TPB loading with the increase of the load. When a new crack
196 initiated at the tip of the pre-notch, the values of the strain gauges would decrease due to the release
197 of the strain energy stored around the crack tip [29-31]. Fig. 2(b) shows that with the increase of the
198 applied load, the strain value ε increased from zero to the maximum value $\varepsilon_{\max}$. Thereafter, the
199 strain gradually decreased due to the crack initiation. Accordingly, the load corresponding to $\varepsilon_{\max}$
200 could be regarded as the initial cracking load. In addition, two clip gauges were employed to detect
201 the variations of δ and the crack mouth opening displacement (CMOD), as shown in Fig. 3.



(a) Locations of the strain gauges



(b) Load – strain curve with P_{ini} and $\varepsilon_{\max}$

Fig. 2. Arrangement of strain gauges on a specimen surface and strain variations with loading.

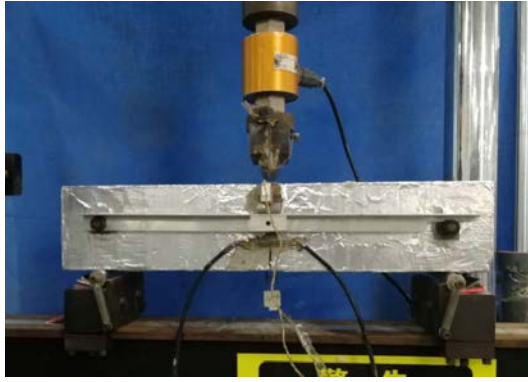


Fig. 3. Set-up for the quasi-static TPB tests.

3. Numerical analyses

To investigate the creep recovery behaviour of concrete, a nonlinear creep model called the Norton-Bailey model was introduced to reflect the relationship of creep with stress and loading time in concrete as follows [32]

$$\varepsilon = A \cdot \sigma_t^n \cdot t^m \quad (1)$$

where ε is the strain, A , n and m are empirical constants, and σ_t is the stress at the crack tip for a loading duration t .

By differentiating Eq. (1) with respect to t , the creep strain rate can be obtained as

$$\dot{\varepsilon} = A \cdot m \cdot \sigma_t^n \cdot t^{m-1} \quad (2)$$

and the time versus stress relationship can be expressed as [33]

$$t = \frac{1}{A \cdot E \cdot (n-1)} \left(\frac{1}{\sigma_t^{n-1}} - \frac{1}{\sigma_0^{n-1}} \right) \quad (3)$$

where σ_0 is the initial stress under the sustained load P_0 at the time $t = 0$. After the creep develops over a time duration $(t_1 - t_0)$, the sustained load P_0 on the specimen was removed and the recovery test was performed over a time duration $(t_2 - t_1)$. This is equivalent to applying an opposite load of $-P_0$ on the creep specimen from t_1 to t_2 . The loading history can be shown in Fig. 4, including the creep stage from t_0 to t_1 and the creep recovery stage from t_1 to t_2 . Correspondingly, the strain rate during the creep recovery process can be expressed as

$$\dot{\varepsilon} = \sum_{t_0}^{t_1} A \cdot m \cdot \sigma_t^n \cdot t^{m-1} - \sum_{t_1}^{t_2} A \cdot m \cdot \sigma_t^n \cdot t^{m-1} \quad (4)$$

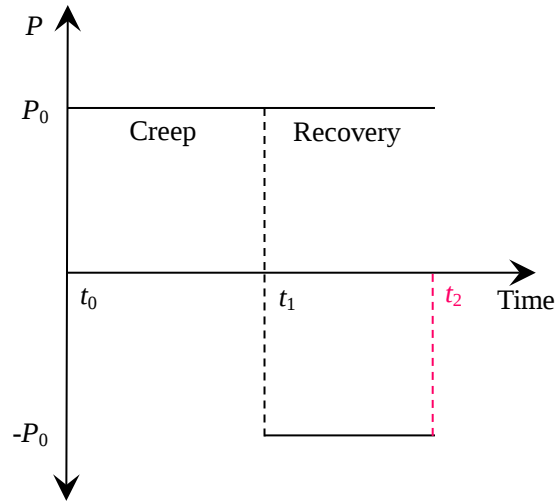
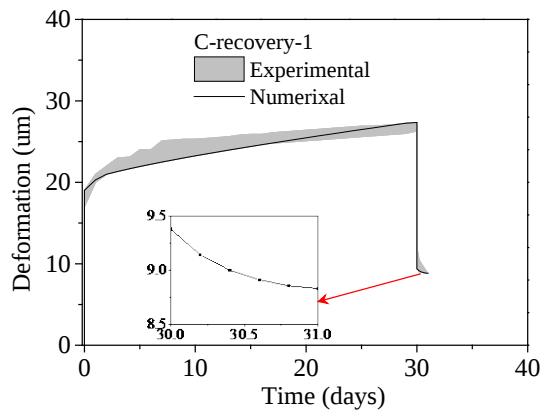
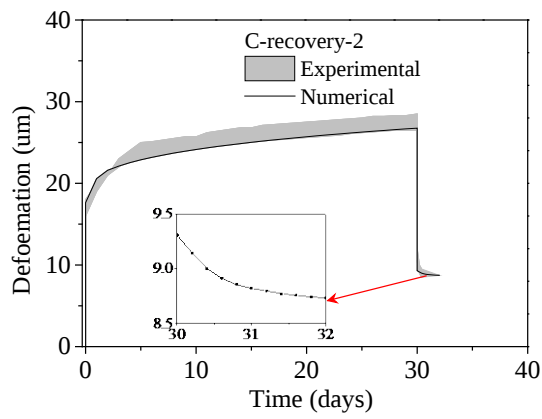


Fig. 4. Creep recovery process.

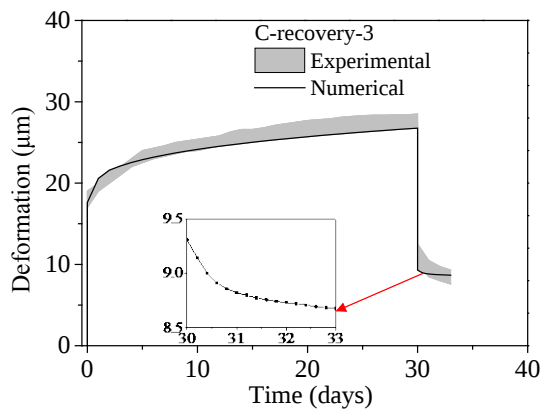
According to the investigations by Beushausen and Hamed [34-35], 20-55% of the initial stress could be relaxed in concrete under sustained loading. By combining the range of the stress relaxation in concrete with the Norton-Bailey model, the creep recovery deformation can be obtained numerically. Meanwhile, the investigation by Al-Qadi [36] confirmed that m ranges from 0.25 to 0.3. By comparing the creep deformations obtained from the numerical and experimental results (see Fig. 5), the parameters A , n and m during the creep stage can be determined as 2.6×10^{-6} , 4.0 and 0.28. Here, C-recovery-1, C-recovery-2, C-recovery-3 and C-recovery-15 denote the specimens over creep recovery durations of 1, 2, 3 and 15 days, respectively. Since the initial stress and deformation at the recovery stage were different from those at the creep stage, the calibrated parameters at the creep stage could not be adopted in the recovery stage. According to the recovery of creep deformation from the experiment and the range of the stress relaxation, the parameters A , n and m during the recovery stage were determined as 2.6×10^{-4} , 4.0 and 0.28, respectively.



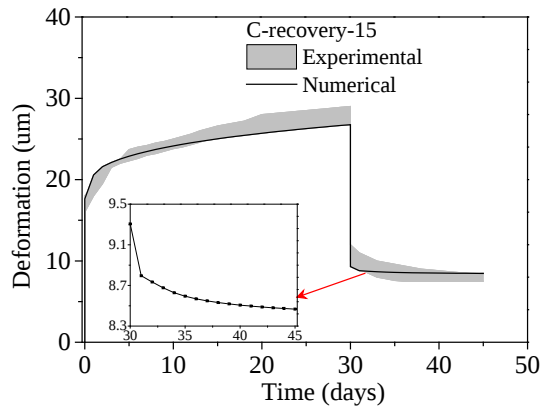
(a) Specimen C-recovery-1



(b) Specimen C-recovery-2



(c) Specimen C-recovery-3



(d) Specimen C-recovery-15

Fig. 5. Loading point deformation versus time curves for different recovery ages.

Meanwhile, by combining with the Norton-Bailey model, the finite element software ANSYS 14.5 was employed to analyse the time-dependent behaviour of concrete during the creep and creep recovery stages. Plane 182 elements provided by ANSYS 14.5 were used in the numerical simulations, which are 2-D 3-node elements with quadratic displacement features. These elements also support the analyses on the creep behaviour of different materials. To define the variations of material properties of concrete during the 30-day creep process, the material properties were also obtained at the age of 58 days. The test results in Table 1 indicate that the materials properties of concrete slightly increased when the age changed from 28 days to 58 days. Considering the material properties of concrete did not significantly change in the creep process, the material parameters at 28 days were adopted in the numerical analyses. The triangle element mesh was used in the numerical simulations. Due to the stress singularity at the crack tip, a singular circle with a radius of 2 mm was utilised at the crack tip. The meshes of the beam and the circle at crack tip are shown in Fig. 6.

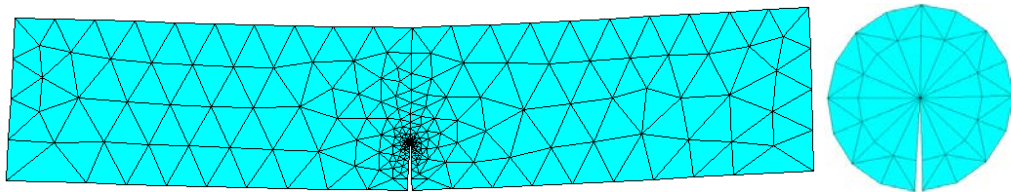


Fig. 6. Element meshes of the beam model

In addition, the J -integral method was used to analyse the variations of the stress intensity factor, where J -integral can be obtained with the formulas below [37]

$$J = \int_{\Gamma} \left[\left(w - \sigma_{xx} \frac{\partial u}{\partial x} - \tau_{xy} \frac{\partial v}{\partial x} \right) dy + \left(\tau_{xy} \frac{\partial u}{\partial x} + \sigma_{yy} \frac{\partial v}{\partial x} \right) dx \right] \quad (5)$$

where w is the strain energy density, σ_{xx} , σ_{yy} and τ_{xy} are the stress components, u and v are the strain components on the path for the integration, and Γ is the integral path. After obtaining the J -integral value, the SIF K can be calculated by using the following fomulae

$$J = \frac{K^2}{E} \quad (6)$$

where E is the elastic modulus. In this study, the mean values of six integral paths around the crack tip within a 2-mm radius were used to calculate the SIF K . Since the stress concentration mainly occurred at the crack tip, the J -integral was performed within the 2 mm region at the crack tip. Accordingly, six integral paths with the distance of 0.06 mm, 0.12 mm, 0.23 mm, 0.43 mm, 0.77 mm and 1.47 mm to the crack tip were selected for the J integral calculations. In the numerical analyses, the proposed model can automatically take into account the variations of the stress and displacement fields with time. Accordingly, the SIF obtained from J -integral could also automatically reflect the variations of stress in the creep recovery process.

4. Results and discussion

4.1. Effects of creep recovery on the stress variations at the crack tip

The variations of the stress at the nodes within the 2 mm region around the crack tip were obtained numerically and are shown in Fig. 7. Here, the mean value of the stresses at these nodes is taken as the nominal stress, and its variations during the creep and creep recovery stages are illustrated in Fig.8. At the creep stage, the stresses in front of the crack tip were in tension, which decreased rapidly at first and then gradually stabilised according to Eq. (4). The nominal stress decreased from 28.1 MPa (Point A in Fig. 8) to 11.8 MPa (Point B in Fig. 8) over 30 days. Once the creep tests were finished at the end of the 30th day, the applied sustained load of $60\%P_{\max}$ was removed and then the recovery tests were carried out, which is equivalent to applying an opposite load $-60\%P_{\max}$ on the creep specimens. At that moment, the pressure stress caused by this $-60\%P_{\max}$ were generated at the crack tip, with the nominal stress of -16.3 MPa. The variation of the nominal

stress caused by this $-60\%P_{\max}$ was $11.8 + 16.3 = 28.1$ MPa, which was equal to the stress caused by the sustained load of $60\%P_{\max}$ at the initial creep stage. During the creep recovery stage, the relationship between stress, strain and time can be expressed by using Eq. (1). The nominal stress in concrete gradually decreased due to the effect of stress relaxation as well as the recovery of creep deformation. The values of the nominal stress were obtained as 14.6 MPa, 13.3 MPa, 12.2 MPa and 8.8 MPa for the recovery times of 1, 2, 3 and 15 days, see Points C, D, E and F in Fig. 8.

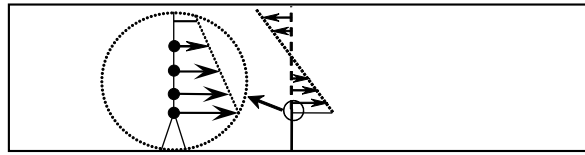


Fig. 7. Stress distributions in front of the pre-crack tip.

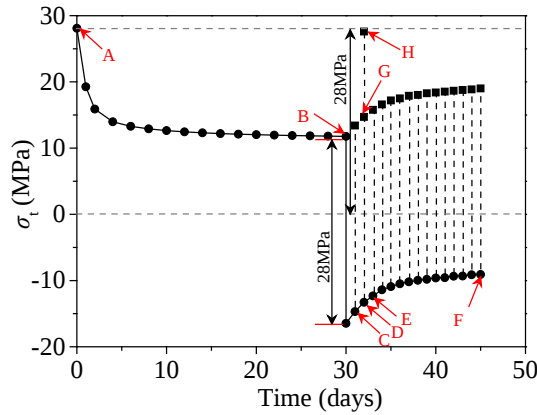


Fig. 8. Variations of the stress in the creep recovery process.

After the creep recovery tests, when the applied load reached $60\%P_{\max}$ under quasi-static TPB loading, the total nominal tensile stress caused by this $60\%P_{\max}$ would be 28.1 MPa. However, since there existed the nominal pressure stress around the crack tip at the end of the creep recovery stage, the actual nominal stress corresponding to the quasi-static TPB load of $60\%P_{\max}$ should be the sum of this 28.1 MPa and the pressure nominal stress at the end of the creep recovery stage. Taking Specimen C-recovery-2 as an example, the nominal stress corresponding to the quasi-static TPB load of $60\%P_{\max}$ (Point G in Fig. 8) should be $28.1 - 10.5 = 17.6$ MPa. Therefore, by comparing with the nominal stress under the same load of $60\%P_{\max}$ at the start of the creep stage, i.e. 28.1 MPa (Point A in Fig.8), the nominal stress decreased obviously due to the effect of stress relaxation during the creep and creep recovery stages. Accordingly, a load increment should be

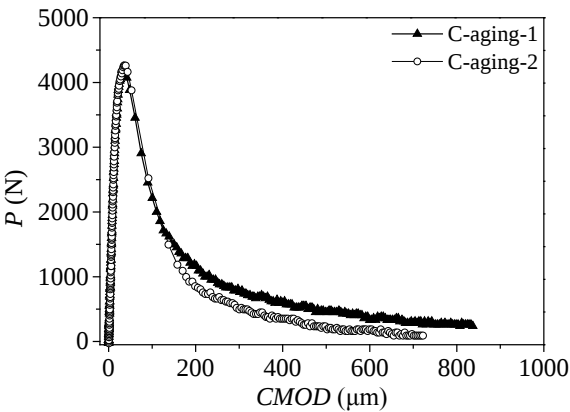
320 provided to make the nominal stress at the crack tip recover to 28.1 MPa at Point H in Fig. 8.

321 In summary, accompanied by the increment of creep deformation, the stress at the crack tip
322 would decrease due to stress relaxation at the creep stage. When the load was removed, the concrete
323 would enter the creep recovery stage. At that moment, the elastic creep deformation would begin to
324 recovery. Meanwhile, the unrecovered creep deformation and residual stress would also exist in the
325 concrete. The relationship between stress, strain and time can be still characterized by the analytical
326 expression Eq. (1). Accordingly, accompanied by the recovery of the creep deformation, the stress
327 relaxation at the crack tip would also occur over the time. Thereafter, in the following quasi-static
328 tests, a load increment would be used to cover the residual stress in concrete, which would affect
329 the fracture properties of concrete.

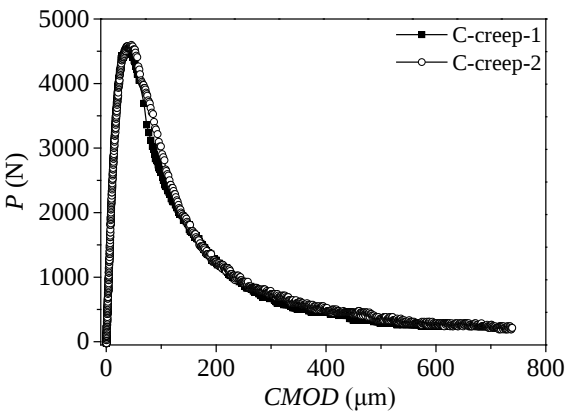
330 4.2. *Effects of creep recovery on the fracture characteristics of concrete*

331 Once the creep recovery tests were finished, the quasi-static TPB tests were carried out on the
332 specimens. The load versus crack mouth opening displacement (P - $CMOD$) curves were obtained and
333 are shown in Fig.9. According to the experimental results, the initial cracking load P_{ini} , the peak load
334 P_{max} , the initial fracture toughness K_{IC}^{ini} , the unstable fracture toughness K_{IC}^{un} and the fracture energy
335 G_f were obtained and listed in Table 2, where C-aging and C-creep represent the aging and creep
336 specimens, respectively. It can be seen that the creep recovery process had no influence on the
337 fracture energy. The fracture energies of the creep and creep recovery concrete specimens would be
338 related to the accumulated damage. In this study, due to short creep time and low load level, no
339 great damage occurred during the creep and creep recovery processes. Meanwhile, comparing with
340 the aging specimens, the fracture energies from the creep and creep recovery specimens did not
341 change significantly. However, the average values of P_{ini} for the C-creep and C-recovery series
342 specimens increased obviously compared with those of the C-aging series specimens, as shown in
343 Fig. 10. In addition, comparing with the C-creep series specimens, the average values of P_{ini} for the
344 specimens subjected to creep recovery decreased during the recovery stage. The mean values of P_{ini}
345 for the C-recovery-1, C-recovery-2, C-recovery-3 and C-recovery-15 series specimens decreased by

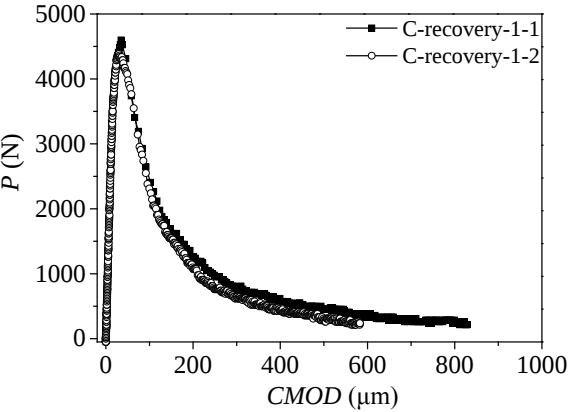
0.4%, 2.9%, 3.4% and 4.9%, respectively.



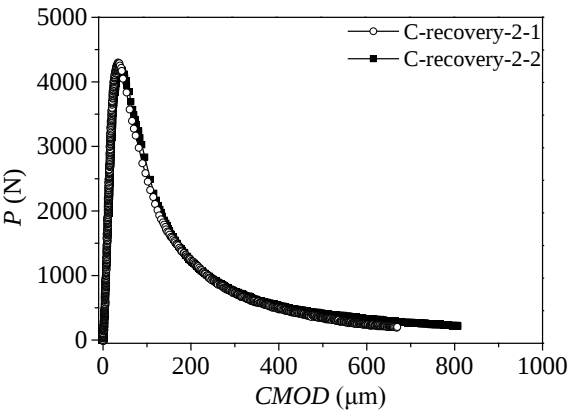
(a) C-aging series specimens



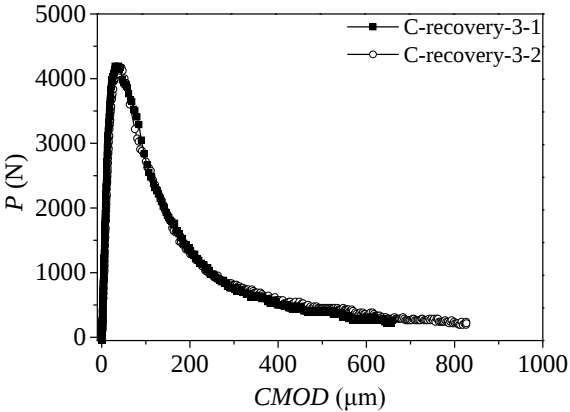
(b) C-aging series specimens



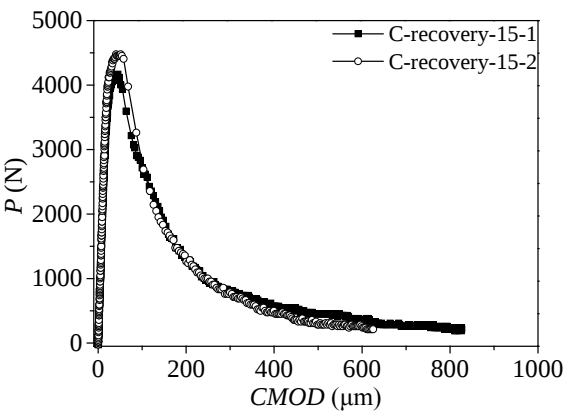
(c) C-recovery-1 series specimens



(d) C-recovery-2 series specimens



(e) C-recovery-3 series specimens



(f) C-recovery-15 series specimens

Fig. 9. P-CMOD curves for different series specimens

Table 2 Experimental results for different series specimens.

Specimens	P_{ini} (N)	$P_{ini,1}$ (N)	$P_{ini,2}$ (N)	P_{max} (N)	K_{IC}^{ini} (MPa·m ^{0.5})		K_{IC}^{un} (MPa·m ^{0.5})	$CMOD_C$ (μm)	a_c (mm)	G_f (N/m)
					Numerical	Eq. (8)				
C-aging-1	2905			4308	0.52	0.55	1.35	36.7	17.8	115.89
C-aging-2	3174	/	/	4216	0.57	0.61	1.27	33.9	16.6	135.77
Mean	3039			4262	0.54	0.58	1.31	35.3	17.2	125.83
C-creep-1	3502		3072	4550	0.58	0.59	1.33	37.5	18.6	119.01
C-creep-2	3240	430	2774	4598	0.51	0.53	1.28	34.6	17.1	130.76
Mean	3367		2937	4574	0.54	0.56	1.30	36.1	17.8	123.47
C-recovery-1-1	3397		3047	4585	0.58	0.58	1.31	35.3	17.3	120.89
C-recovery-1-2	3310	350	2960	4407	0.55	0.56	1.25	33.3	17.1	129.25
Mean	3353		3003	4496	0.56	0.57	1.28	34.3	17.2	125.07
C-recovery-2-1	3240		2920	4193	0.55	0.56	1.25	35.8	18.6	127.21
C-recovery-2-2	3299	320	2979	4305	0.57	0.57	1.25	34.4	17.6	112.89
Mean	3269		2949	4249	0.55	0.56	1.25	35.1	18.1	120.05
C-recovery-3-1	3390		3090	4271	0.60	0.59	1.32	37.5	19.5	125.79
C-recovery-3-2	3116	300	2816	4264	0.52	0.54	1.23	34.1	17.4	122.46
Mean	3253		2953	4267	0.56	0.56	1.27	35.8	18.5	124.12
C-recovery-15-1	3254		2994	4169	0.59	0.57	1.32	38.1	20.2	137.14
C-recovery-15-2	3151	260	2891	4455	0.54	0.55	1.27	34.1	16.6	124.63
Mean	3202		2942	4312	0.57	0.56	1.30	36.2	18.4	130.88

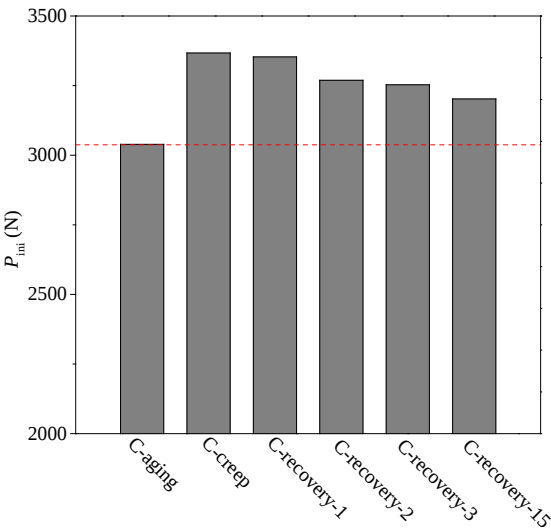
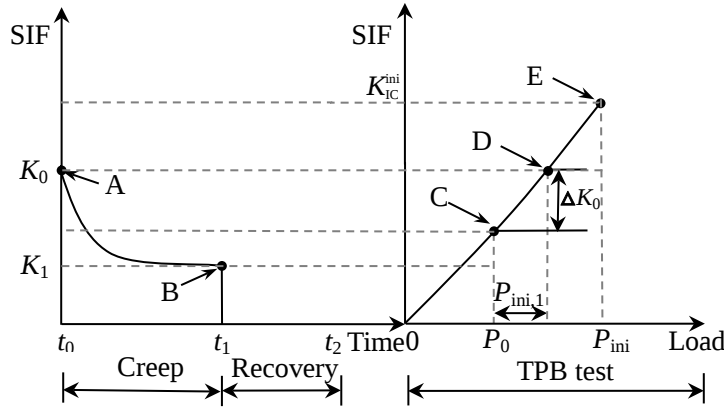


Fig. 10. P_{ini} for different series specimens.

To study the effects of creep and creep recovery on the crack resistance of concrete, the evolutions of the SIF in the whole loading process were numerically determined (see Fig. 11). According to the numerical results, the stress relaxation occurring in the creep recovery process was

361 the most importance factor influencing the fracture behaviour of concrete. It can be seen that the
 362 creep tests were conducted under the sustained load P_0 over a time duration from t_0 to t_1 . Due to the
 363 effect of stress relaxation in concrete, the SIF would decrease from K_0 (Point A in Fig. 11) at the
 364 time of t_0 to K_1 (Point B in Fig. 11) at the time of t_1 . Thereafter, the sustained load was removed,
 365 and the recovery tests would be conducted over a time duration from t_1 to t_2 . In the recovery stage,
 366 the pressure stress generated at the crack tip would also relax over the time. However, the SIF
 367 would be zero because it could not be negative. After the recovery tests, the quasi-static TPB tests
 368 were performed on the specimens. In these tests, when the load increased to P_0 , i.e. the sustained
 369 load in the creep process, the corresponding SIF sustained a decrement of ΔK_0 from K_0 (Point C in
 370 Fig. 11) due to the stress relaxation in the creep and creep recovery processes. Accordingly, when
 371 the SIF reached K_0 (Point D in Fig. 11) in the quasi-static tests, the corresponding load should gain
 372 an increment of $P_{ini,1}$ from the sustained load P_0 , which induced the decrement of ΔK_0 . Furthermore,
 373 the crack would initiate when the load increased to P_{ini} , and K_{IC}^{ini} could be obtained accordingly
 374 (Point E in Fig. 11). Fig. 11 illustrates the variations of the SIF at different processes. It can be seen
 375 that in the quasi-static TPB tests, a load increment ($P_{ini,1}$ in Fig. 11) would be used to cover the
 376 decrement of the SIF in the creep and creep recovery processes, and this caused the increment of
 377 initial cracking load. Accordingly, the initial cracking loads for the creep and creep recovery
 378 concrete were composed of two parts: one part was the initial cracking load which was used to
 379 cover the decrement of the SIF in the creep and creep recovery process, while the other part caused
 380 the elastic deformation and contributed to the crack initiation. Thus, Fig. 11 illustrates that
 381 considering the effects of stress relaxation occurring in the creep and creep recovery processes, the
 382 initial fracture toughnesses of the creep and creep recovery concrete specimens would be equal to
 383 those of the concrete specimens under quasi-static conditions. Taking Specimen C-recovery-1-1 as
 384 an example, the calculated SIFs, K_0 and K_1 , under $P_0 = 2.44$ kN during the creep stage were 0.42
 385 $\text{MPa}\cdot\text{m}^{0.5}$ and $0.32 \text{ MPa}\cdot\text{m}^{0.5}$, respectively. In the quasi-static TPB tests, the SIF reached 0.42
 386 $\text{MPa}\cdot\text{m}^{0.5}$ under the load of 2.75 kN with $P_{ini,1} = 0.35$ kN. When the load increased to 3.35 kN, the

387 crack would initiate with $K_{IC}^{ini} = 0.57 \text{ MPa}\cdot\text{m}^{0.5}$.



393 **Fig. 11.** Variations of the SIFs in the creep process and TPB tests.

395 According to the numerical results, the mean values of the initial fracture toughness for the
 396 C-aging, C-creep, C-recovery-1, C-recovery-2, C-recovery-3 and C-recovery-15 series specimens
 397 were $0.54 \text{ MPa}\cdot\text{m}^{0.5}$, $0.54 \text{ MPa}\cdot\text{m}^{0.5}$, $0.56 \text{ MPa}\cdot\text{m}^{0.5}$, $0.55 \text{ MPa}\cdot\text{m}^{0.5}$, $0.56 \text{ MPa}\cdot\text{m}^{0.5}$ and 0.57
 398 $\text{MPa}\cdot\text{m}^{0.5}$, respectively. Correspondingly, the mean values of the initial cracking load for these
 399 series specimens were 3.04 kN, 3.37 kN, 3.35 kN, 3.27 kN, 3.25 kN and 3.20 kN, respectively.

400 In addition, the values of $P_{ini,1}$ obtained from the numerical analyses were 430 N, 350 N, 320 N,
 401 300 N and 260 N for the C-creep, C-recovery-1, C-recovery-2, C-recovery-3 and C-recovery-15
 402 specimens, respectively (see Table 2). Meanwhile, $P_{ini,1}$ decreased with the increase of the recovery
 403 time because the stress relaxation would increase over the recovery time. Therefore, for the C-creep
 404 and C-recovery series specimens, P_{ini} was composed of two parts, i.e. $P_{ini,1}$ and $P_{ini,2}$, as indicated
 405 below

$$406 \quad P_{ini} = P_{ini,1} + P_{ini,2} \quad (7)$$

407 where $P_{ini,1}$ was considered to induce the pressure stress at the end of the creep recovery stage and
 408 $P_{ini,2}$ contributed to the crack initiation.

409 The initial fracture toughness K_{IC}^{ini} for the creep and creep recovery specimens can be
 410 calculated based on the LEFM as follows [38]

$$411 \quad K = \frac{3PS}{BD^2} \sqrt{a_0} F(\alpha) \quad (8)$$

412 with

$$F\left(\frac{a_0}{D}\right) = \frac{1.99 - \frac{a_0}{D}\left(1 - \frac{a_0}{D}\right) \left[2.15 - 3.93 \frac{a_0}{D} + 2.7 \left(\frac{a_0}{D}\right)^2 \right]}{\left(1 + 2 \frac{a_0}{D}\right) \left(1 - \frac{a_0}{D}\right)^{3/2}} \quad (9)$$

413 where B is the specimen width, D is the specimen depth, S is the loading span for the specimen, and
 414 a_0 is the pre-notch depth.

415 The calculated results are listed in Table 2, which indicates that the initial fracture toughnesses
 416 obtained from Eq. (8) for the creep and creep recovery specimens had good agreements with those
 417 from the numerical simulations. In addition, when the effects of stress relaxation were considered,
 418 the initial fracture toughnesses of the specimens subjected to the creep and creep recovery stages
 419 obtained from Eq. (8) were approximately equal to those of the aging specimens.

420 Considering that the stress relaxations during the creep and recovery stages were induced by
 421 $P_{ini,1}$, the load difference ($P_{max} - P_{ini,1}$) contributed to the unstable crack propagation based on the
 422 LEFM theory. Thus, P_{max} of the concrete subjected to the creep and creep recovery stages can be
 423 expressed as

424

$$P_{max} = P_{ini,1} + P_{max,1} \quad (10)$$

425 where $P_{max,1}$ was considered to cause the unstable crack propagation in the quasi-static tests.

426 In addition, the critical crack length a_c , i.e. the crack length related to P_{max} , is an important
 427 parameter for evaluating instability of concrete. The previous experimental investigations [16]
 428 have confirmed that the creep had little effect on the critical crack length of concrete. Based on the
 429 LEFM theory [30], a_c can be obtained from Eq. (11) as

430

$$CMOD_c = \frac{24P_{max}a_c}{BDE} V\left(\frac{a_c}{D}\right) \quad (11)$$

431 For $S/D = 4$, $V\left(\frac{a_c}{D}\right)$ can be expressed as follow

432

$$V\left(\frac{a_c}{D}\right) = 0.76 - 2.28\left(\frac{a_c}{D}\right) + 3.87\left(\frac{a_c}{D}\right)^2 - 2.04\left(\frac{a_c}{D}\right)^3 + 0.66\left(1 - \frac{a_c}{D}\right)^{-2} \quad (12)$$

433 where $CMOD_c$ is the crack mouth opening displacement corresponding to P_{max} . The values of
434 $CMOD_c$ for the C-aging, C-creep and C-recovery series specimens were determined experimentally
435 and are listed in Table 2. The values of $CMOD_c$ for different series specimens were similar. The
436 increment load $P_{ini,1}$ seemed to have no significant effects on the deformation under the later
437 quasi-static tests. According to the previous discussion, the load $P_{ini,1}$ was considered to induce the
438 stress relaxation and the load $P_{max,1}$ actually contributed to the unstable crack propagation.
439 Therefore, it was also considered that $CMOD_c$ was caused by the load $P_{max,1}$. By substituting $P_{max,1}$
440 into Eq. (11), the values of a_c for the creep and creep recovery specimens can be obtained and are
441 listed in Table 2. The values of a_c from Eq. (11) for different series specimens were similar. The
442 same findings for the creep specimens have also been given in literature [16].

443 Once obtaining the critical crack length a_c , K_{IC}^{un} can be calculated based on Eq. (8) by replacing
444 $P_{ini,2}$ and a_0 with $P_{max,1}$ and a_c . The calculated results in Table 2 indicate no significant effects of
445 creep and creep recovery on the unstable fracture toughness. Meanwhile, the experimentally
446 obtained values of K_{IC}^{un} from Eq. (8) showed good agreements with those from the numerical
447 simulations. Accordingly, if the stress relaxation was considered, the LEFM theory could be used to
448 calculate the fracture parameters of the creep and creep recovery concrete. In addition, the initial
449 and unstable fracture toughnesses in the quasi-static tests can still be considered as the material
450 parameters to assess the crack initiation and instability of concrete during the creep recovery stage.

451 5. Conclusions

452 To investigate the influence of creep recovery on the fracture characteristics of concrete, the
453 TPB specimens were subjected to $60\%P_{max}$ over 30 days. Afterwards, the applied loads were
454 removed and the recovery tests were performed after 1, 2, 3 and 15 days, respectively. Thereafter,
455 the quasi-static TPB tests were performed on the creep recovery specimens. The variations of the
456 stress at the crack tip and the evolutions of the SIF at different loading stages can be obtained
457 numerically from the Norton-Bailey model and the J -integral method. According to these results,
458 the following conclusions can be obtained.

459 (1) The experimental results indicated that the initial cracking and peak loads of the concrete
460 specimens subjected to creep and creep recovery slightly increased compared with those in the
461 quasi-static tests. For the creep recovery specimens, the initial cracking and peak loads gradually
462 decreased during the recovery stage. The loading history did not show significant influence on the
463 fracture energy of concrete.

464 (2) By combining with the Norton-Bailey model, the variations of the nominal stress at the
465 crack tip of concrete in the creep and creep recovery processes and the following quasi-static TPB
466 tests were simulated numerically. During the creep stage, the front region of the crack tip was in
467 tension and the stress exponentially decreased due to the occurrence of stress relaxation. The
468 pressure stress generated at the crack tip during recovery duration and its relaxation over the time
469 contributed to the increase of the recovery of creep deformation. In the following quasi-static TPB
470 loading tests, the pressure stress could be covered, leading to the increases of the initial cracking
471 and peak loads.

472 (3) The numerical simulations indicated that the initial cracking and peak loads of the concrete
473 specimens subjected to the creep and creep recovery stages obtained from the experimental
474 investigations can be divided into two parts. One part of the initial cracking and peak loads was
475 used to induce the pressure stress at the end of the creep recovery stage, while the other part
476 contributed to the crack initiation and unstable crack propagation.

477 (4) Considering the influence of loading history, the loadings actually contributing to the crack
478 initiation and unstable crack propagation were adopted to calculate the initial and unstable fracture
479 toughnesses of the creep and creep recovery specimens based on the LEFM theory. The values of
480 the initial and unstable fracture toughnesses for the creep and creep recovery specimens were
481 similar to those under quasi-static conditions, indicating that they can still be considered as the
482 material parameters for assessing the crack initiation and instability of concrete.

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486 **Conflict of interest**

487 The authors declare that they have no conflict of interest.

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